# MARRIAGE: THE EVERCHANGING ADVENTURE!

Calvary Chapel – Hudson Valley Marríage Bíble Study 2020-2021











FEBRUARY FOCUS: Marriage and the Pandemic Predicament



### FINDING THE KEY (Part 2)

The Key: discover how Scripture describes God's heart and learn what it means to be a husband, what it means to be a wife.

### Remember the Golden Rule.

Just as you want men to do to you, you also do to them likewise. Give, and it will be given to you: good measure, pressed down, shaken together, and running over will be put into your bosom. For with the same measure that you use, it will be measured back to you. \*Luke 6:31; 37-38.

## For Husbands: Understand the Deepest Needs of Your Wife.

She needs you to open up to her. \*Colossians 3:19.

She needs you to live with her in an understanding way. \*1 Peter 3:7-12.

# For Wives: Understand the Deepest Needs of Your Husband.

He needs you to appreciate his desire to protect and provide. \*1 Timothy 5:8.

He needs you to appreciate his desire for shoulder-to-shoulder friendship. \*Genesis 2:18.

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#### THE PREDICAMENT:

The COVID-19 Pandemic has changed the dynamics of our everyday lives, causing increased stress and anxiety.

#### THE CHALLENGE:

How do we grow and maintain a healthy marriage while we continue to navigate this ongoing pandemic?

#### THE SOLUTION:

- 1<sup>st</sup> We nourish and cultivate our love for God. \*Matthew 22:37.
- 2<sup>nd</sup> We love our spouse as we love our self. \*Matthew 22:39.
- 3<sup>rd</sup> We stand firm on the Word of God. \*Matthew 7:24-27; Ephesians 6:10-18.
- 4<sup>th</sup> We choose the right attitude. \*Philippians 2:14-16; 4:4-8.

### **SOME HELPFUL TIPS:** (Resource: 5 Simple Ways to Strengthen Your Marriage by Gary Chapman)

- \*Call a Truce on Throwing Verbal Bombs. \*1 Peter 3:8-12.
- \*Break Down the Walls Through Forgiveness. \*Colossians 3:12-13.
- \*Discover and Speak Each Other's Love Language. \*Matthew 22:39.
- \*Learn the Value of Teamwork. \*Ecclesiastes 4:9-12; Amos 3:3.
- \*Have a Daily "Sit Down and Listen" Time. \*James 1:19.

### THE GOAL:

Let's use this present time as an opportunity to enrich our marriage – to grow stronger and to continue to face the storms of life together in a manner that pleases God.



<sup>\*</sup>Romans 8:26-28; 34-35, 37-39.

<sup>\*</sup>Ephesians 5.

<sup>\*</sup>Philippians 4:11-13.

<sup>\*</sup>Colossians 3:12-17.

<sup>\*2</sup> Timothy 1:12.

<sup>\*</sup>Hebrew 10:23-25.