

Session 4: Development

Once we begin a relationship with Christ we are called to grow. As we grow we develop roots. Roots give us strength to endure. Roots help us flourish.

The path to spiritual growth is a process. It does not happen overnight.

Here are three principles to help you grow toward spiritual maturity:

-Learn and apply the Word of God.

Find ways to get the Word of God into you.

This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

Joshua 1:8 NIV

Walk it out.

Ask others to help you understand what you are reading.

Don't be afraid to ask for help and advice.

Where there is no guidance the people fall, but in abundance of counselors there is victory.

Proverbs 11:14 NASB

-Choose to no longer live only for yourself.

From self-centered to others centered.

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves.

Philippians 2:3 NIV

Our cause trumps our comfort.

Relationships are huge for long-term success as a Christian.

-Develop a conversational relationship with God.

God wants you to talk to Him. He wants to talk to you.

But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.

John 14:26 NIV

Make space to spend time with God. Listening and talking.

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. Philippians 4:6-7 NLT

Daily Readings: As you study, ask God to help you understand what you read.
Day 1: 2 Peter 1:5-11
What stands out to you from this passage?
What questions do you have about this passage?
Spend time thanking God for what He is teaching you. Ask Him to help you live out what you are learning.
Day 2: Romans 12:1-10
What stands out to you from this passage?
What questions do you have about this passage?
What questions do you have about this passage?

Spend time thanking God for what He is teaching you. Ask Him to help you live out what you are learning.

Day 3: Romans 12:11-21
What stands out to you from this passage?
What questions do you have about this passage?
Spend time thanking God for what He is teaching you. Ask Him to help you live out what you are learning.
Day 4: Ephesians 1:15-22
What stands out to you from this passage?
What questions do you have about this passage?
Spend time thanking God for what He is teaching you. Ask Him to help you live out what you are learning.

Day 5: Psalm 32:1-11
What stands out to you from this passage?
What questions do you have about this passage?

Spend time thanking God for what He is teaching you. Ask Him to

help you live out what you are learning.