

Devotional Life Study

What is a quiet time?

- An opportunity to develop a relationship with God.
- An intimate conversation - not an in depth study.
- A relationship that has two important components
 1. Speaking (prayer)
 2. Listening (time in the Word)
- Purpose of the quiet time is to
 1. Know God (John 17:3, Psalms 27:8)
 2. Fellowship with God (I Cor 1:9)
 3. Get Godly perspective on our worldly situations (Psalms 55:22, I Peter 5:7)
 4. Increase our devotion to God and his word (Luke 24:32)
 5. Keep us in the Christian race for the long haul (Luke 5:15-16)
 6. Feed us spiritually (Matt 4:4)
- "Intimacy requires development." E.M. Bounds. Elaborate on this statement

Why should you have a quiet time?

- I Cor 1:9

- Acts 4:13

- Phil 3:10

- Matt 14:23, Luke 5:16

- Psalms 27:4-7

- Rom 8:29

Why did King David spend time alone with God?

- Psalms 42:1-2, Psalms 84:2

- How do you think David was able to get to this level of intimacy with God

When did Jesus meet alone with God?

- Mark 1:35
- Luke 5:15-16

When did King David meet with the Lord?

- Psalms 5:3

When would be the best time for you to have your quiet time?

Where did Jesus meet with God?

According to Matt 6:6, where is the place for you to have a quiet time?

What specific place would be the best for you to have a regular quiet time?

A plan for an effective quiet time

Prayer:

What to pray for:

A - Adoration Psalms 100:4-5

C - Confession I John 1:9

T - Thanksgiving Phil 4:6

S - Supplication Psalms 119:18, Jerm 33:3

The Word:

Why the Word instead of other books:

Heb 4:12

II Tim 3:16-17

Psalms 119:97-105

Meditate:

Phil 4:8

Psalms 1:2-3

Questions to ask yourself about the reading to help make an application:

1. Is there a promise to claim?
2. Is there an error to avoid?
3. Is there something to praise God for?
4. Is there a command to obey?
5. Is there a sin I need to confess?

Or

1. What does this passage say to me?
2. Where am I falling short?
3. What am I going to do about it?

Journal:

Why record what God shows you?

Psalms 105:5

James 1:22-25

Common problems with a regular quiet time

- laziness Pr13:4
- the world's pull Psalms 127:2
- cherished sin Psalms 66:18
- distractions - phone calls, family members, thoughts of the day
- jumping in to deep to fast - initially start with a small block of time and as your hunger increases, increase your time.

Application:

- 1) Select a plan for reading through the scriptures
- 2) Select a definite time and place for your quiet time
- 3) Begin journaling the thoughts and applications the Lord gives you.