

Community Church
Summer In The Psalms : Psalms 42
June 27, 2021

- 1) Have you ever had a season of life where it was difficult for you to get out of bed because of the sorrow and weariness that you felt?

- 2) If you had a time like this, did you ever feel like God had abandoned you?

- 3) Read Psalm 42 & 43. How does this psalm speak to and encourage us during weary or melancholy seasons of life?

- 4) There is a refrain throughout this psalm that is repeated three times (42:5, 42:11, 43:5) - "Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God." What does this repetition teach us about the importance of speaking the truth of God to ourselves?

- 5) Read 42:1-3. How practically speaking, can we 'hope in God' when we are in mourning or deep despair? What hope does Jesus offer to us?

- 6) How can we prepare ourselves for seasons of weariness during seasons of joy?

*Following
Jesus
Together*

