Community Church The New Normal: Joy in a time of Despair January 17, 2021

- 1) How would you define joy?
- 2) People may think of joy as an intense happiness. Examples of this can be found in the Bible like Psalm 16:11. Read Psalm 16:11. Share a time when you experienced a deep level of joy in the LORD.
- 3) Joy is the fruit of the Holy Spirit's activity in the life of a Christ follower, as well as the church family as a whole. How does the Spirit produce joy in God's people?
- 4) God's Word does challenge us to expand our definition of joy. Read Hebrews 10:32-39. What does joy look like for these people? How could they be joyful in their situation?
- 5) Read James 1:2-3. James calls followers of Jesus to look at difficult situations and choose joy. How can that be the case? What is a Christ follower to be looking for in their troubles?
- 6) Is there a situation in your life now that is hard to count as an opportunity to experience joy? Take time to pray and yield that to God, asking that the Holy Spirit remind you of God's faithfulness in the past and His promises for the future.

