

**Community Church**  
**Unshakeable - Hebrews 4:1-11**  
**February 13, 2022**

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1. Can you think of a time when you went from being restless to being at rest? What were the circumstances surrounding that experience?
2. Augustine said "Thou movest us to delight in praising Thee; for Thou hast formed us for Thyself, and our hearts are restless till they find rest in Thee." What do you think this quote means? How have you seen this to be true in your life or others?
3. Read Hebrews 4:1. What encouragement or concerns does this verse give you? Why?
4. Philippians 2:12 says to "work out your salvation with fear and trembling." What do you think this means? How does it apply to Hebrews 4:1?
5. Read Hebrews 4:2-4. What is the key element that kept the people of Israel from experiencing rest?
6. What does trusting the Lord look like; in Scripture? In your life?
7. Read Hebrews 4:8-11. The rest of this passage talks about a future rest. What is that rest? What does it look like? How do we attain it?
8. What is something you are looking forward to about Heaven?