



# SANDHYA'S JOURNAL



There is something deeply transformational when we experience the witness of God

## More Than An Athlete

Recently, I was invited to speak on 'Identity' at the University of Iowa, Athletes in Action, Student weekly meeting. Here is a small excerpt from my talk: *"God calls you more than an athlete. It is not your identity. It's what you do. So whether you win or lose, your name and who you are won't be shaken. You are secure in Christ. Your name is one marked with glory and freedom because of what Christ has done for you, not what you have done for Him."*

Earlier that day, I received this social media message from a student >>>

Hi Sandhya! I'm on the tennis team at Iowa and can't wait for you to speak tonight. This whole semester I've been praying for my Indian teammate to learn more about Jesus and the last 2 days I've been able to share the gospel with her. She asked me today if she could go to AIA if she wasn't a Christian and when we saw that the speaker was you! We were blown away. She's gonna come and listen! Just wanted to share this and give you some encouragement that you're really loving out your faith and God is working. Praying for you tonight and to hopefully connect you to my teammate. 😊



## Training & Equipping

**This** Spring, I had the opportunity to work with the Campus Leadership in California. I helped them create a menu of care to help their staff experience rest and resilience. Nine workshops were offered to staff and two of those I had the honor to lead. The workshops were transferable so staff could pass it on and equip students in rest & care.

**One** of the newest elements of my role is Sabbatical Coaching. I LOVE it! I meet with staff and help prepare them to walk, rest, pray, and play well while on Sabbatical. This Spring and Summer I will have the honor to coach approximately 14+ staff. Please pray for them to rest well and experience Jesus deeply.

// **PRAYER REQUESTS** // please pray for good rest and nourishment for my soul as I have been full in this season.

Pray for a few interns I am coaching as they seek God's face for what His plan is for them.



**A Zoom gathering with a few of the staff gals I am coaching in this season!**