



# SANDHYA'S JOURNAL



God is transforming lives and it is exciting to be a part of it. In the midst of these "Sheltering in Place" times, I have had the honor and blessing to continue to care, serve, develop and lead students virtually. Watching God work over the past couple weeks has left me in awe and wonder. One of my favorite moments from the past month was during a Zoom discipleship with Alainna, a Senior pre-med student. Alainna had been walking in fear of getting the results of her MCAT exam back and was feeling overwhelmed. The feelings were so strong that she was experiencing high anxiety. I sat with her in what she was experiencing and offered words of hope, that God holds a "bigger plan" for her no matter what her score was. I also invited Alainna to consider what it might look like to partner with God and shower herself kindness and compassion before opening the results and no matter what the results were, showing herself kindness and compassion after reading them. She looked away from the computer and paused, allowing this idea to sink in, she then slowly turned her head back to the computer and nodded in agreeing with this idea. **Her face transformed from overwhelming heaviness to lightness and glowing with confidence. I was amazed at watching God work so mysteriously!** I was reminded through this moment that God is still at work in the midst of this ministry and bringing freedom to those who are responding to His invitation. **THANK YOU for investing in Alainna, myself and this ministry!!!!**

## Cru Adoptee Bible Study

"I am SO thankful to have found this Bible Study. Finding a community of women who love Jesus and share such a significant part of my identity has been such a support system for me, and I feel very safe and loved in the group. I have seen God show up in the way everyone's story is unique, and yet we all have a common faith. I've seen God represented in how you (Sandhya) pour yourself into our group as our leader. Your gentleness and encouragement has helped create a space where I can share my full self - without fear of judgement and shame."  
- University of Minnesota Student

"Being in the Bible Study group has made me feel like I am not alone. Having a group of people who share the same faith and have had the same struggles makes me feel like I am not walking alone. I've seen God show up by bringing up issues that were buried and helped me heal over the hurtful situations in my story" - Northwestern University Student



## Prayer Requests

Pray for my Sabbatical during the month of June! I am asking God for a time of rest, restoration, and increased hope. I am praying Psalm 27:13 and Psalm 34:8 for my time of renewal.

Pray for our Summer Cru online events and the students who are engaging in steps of faith to serve, learn and continue to develop a deeper heart for God.

Praise God for showing up through technology, in awesome ways in the midst of "Sheltering in Place"

Pray for God's provision in helping me reach my full support goal this summer.

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