



Sandhya's Journal



"I feel free". These words were shared with me from a staff woman who sat across the table during our Cru Global Mid Year Conference. The woman who shared them, sat down almost an hour earlier with a posture and face that seemed unusually heavy to me. She was a little hunched over with her face to the floor, and when I could see her eyes, they looked weary. Together we slowly uncovered the burden she was carrying and the hopelessness that was overwhelming her. I got to bear witness to Jesus at work in her story through prayer, scripture, tears, curiosity, and kindness—which disrupted the deep shame. She was able to lay it down at Jesus' feet, move through it and experience freedom. It was an honor to be invited in and sit with this young woman as well as about a dozen other Global staff and care for their souls during this 10 day conference in Tormollinos, Spain.

In addition to meeting with staff, I had the opportunity to give two seminars on Resilience. The basis of my sharing was centered on how we (as missionaries) can grow, learn, and even expand our capacity after we go through disruptions in our personal lives, ministries, or communities.

The trip increased my faith and helped me see more of how God is using my past in the present, for His Kingdom and bringing heaven to earth.



THANK YOU for your faithful partnership & coming alongside myself and numerous staff & students in our ministry.

- Praise God for healing me of my fear of flying!!
- Pray for God to provide solid community of peers to enjoy in Colorado.
- Pray for healing for the staff in the US that I am coaching through some difficult circumstances.