

How to Set Discipleship Goals

First, describe **WHY** you desire to proceed on the path of discipleship during the next 6 months. We should NOT set goals or establish new habits just so we can feel we are **DOING** the right things, or because we are trying to earn God's approval. So it is really important to think about **WHY** you want to take the next step in your discipleship.

Here are some examples of good reasons to set discipleship goals. Select or write your #1 reason for the next six months.

- ☐ To get to know Jesus better and love Him more
- ☐ To live a life yielded to the Spirit; listening to Him and walking in obedience
- ☐ To be firmly planted, able to stand firm in trials
- ☐ To be equipped to share the Gospel and multiply spiritually
- ☐ Other:

Prayerfully ask: What is the next step along your pathway of discipleship? (Remember the "WHY" reason that you chose above.)

My next step is to: (very brief statement)

Write a goal that reflects your next step. Make it a **SMART** goal; meaning it is specific, measurable, attainable, relavant, and time bound. Describe the steps you will take. Always connect how this goal will help you proceed on the path of discipleship.

- Specific – keep it clear and simple, what step(s) will you take?
- Measurable – name exactly how many days or how many minutes you will commit to, or how many people you will share with, or principles you will record, etc.
- Attainable – keep it realistic, something manageable within a week, it works well to build on small successes.
- Relevant – stay on topic, will this bring you closer to meeting your WHY?
- Time bound – state how long you will continue this action step

Now write your goal making sure to include each of the SMART elements and your WHY!

I will

Example: I will participate in the upcoming evangelism class at my church from March 1- May 1 and practice the skills taught in class, so I will be better equipped to share the gospel.