

Personal Development Plan

Instructions: After completing the Personal Evaluation Form, pick 1-3 goals, or areas, to work on under each category of: HEAD, HEART, & HANDS. List the topic(s) you want to learn, the character traits you want to develop, and the skills you want to develop in the first column. In the second column, write out the desired outcome if you were to make progress in this area within the time frame you are allotting.

We recommend referring to the S.M.A.R.T. Goals document, the Discipleship Milestones document, and the Profile of a Disciple document to spur ideas about how to describe the desired outcomes. Finally, write out your plan to make progress on each goal in the third column. The plan will likely include any reading material, learning exercises, projects, accountability plans, & meeting details with your mentor or group.

Head: Personal Development Component 1

Topic	Plan	Desired Outcome

Heart: Personal Development Component 2

Character Trait	Plan	Desired Outcome

Hands: Personal Development Component 3

Skill/Practice	Plan	Desired Outcome