

## PERSONAL DATA INVENTORY

**Counseling appointments are available: Wednesday 9:00am - noon????**

Best available: DAY(S): \_\_\_\_\_ TIME(S): \_\_\_\_\_

### Personal Identification:

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Referred by: \_\_\_\_\_

Marital Status: Single Engaged Married Separated Divorced Widowed

Education (last year completed): \_\_\_\_\_

Email: \_\_\_\_\_ Best Contact Phone: \_\_\_\_\_

Employer: \_\_\_\_\_ Position: \_\_\_\_\_ Years: \_\_\_\_\_

### Marriage and Family:

Spouse: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Age: \_\_\_\_\_ Occupation: \_\_\_\_\_ How long employed: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Date of Marriage: \_\_\_\_\_ Length of Dating: \_\_\_\_\_

Give a brief statement of circumstances of meeting and dating:

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Have either of you been previously married? \_\_\_\_\_ To whom? \_\_\_\_\_

Have you ever been separated? \_\_\_\_\_ Filed for divorce? \_\_\_\_\_

Is spouse willing to come for counseling? NO YES Uncertain

### Information about Children:

Name	Age	Sex	Where Living	Grade	Step Child Y/N

Describe your relationship to your father: \_\_\_\_\_

\_\_\_\_\_

Describe your relationship to your mother: \_\_\_\_\_

\_\_\_\_\_

Number of sibling(s): \_\_\_\_\_ What place in sibling order: \_\_\_\_\_

Did you live with anyone other than parents?: \_\_\_\_\_

Are your parents living? \_\_\_\_\_ Do they live locally? \_\_\_\_\_

## HEALTH

Rate your health (check): Very Good Good Average Declining Other: \_\_\_\_\_

Weight changes recently: Lost \_\_\_\_\_ Gained \_\_\_\_\_

Do you have any chronic conditions? \_\_\_\_\_ Explain: \_\_\_\_\_

List important illnesses and injuries or handicaps: \_\_\_\_\_

\_\_\_\_\_

Date of last medical exam: \_\_\_\_\_ Report: \_\_\_\_\_

Physician's name and address: \_\_\_\_\_

Current medication(s) and dosage: \_\_\_\_\_

\_\_\_\_\_

Have you ever used drugs for anything other than medical purposes? \_\_\_\_\_ If yes, explain:

\_\_\_\_\_

\_\_\_\_\_

Have you ever been arrested? \_\_\_\_\_

Do you drink alcoholic beverages? \_\_\_\_\_ If so, how frequently and how much: \_\_\_\_\_

Do you drink coffee? \_\_\_\_\_ How much: \_\_\_\_\_ Other caffeine Drinks: \_\_\_\_\_ How much: \_\_\_\_\_

Do you smoke? \_\_\_\_\_ What: \_\_\_\_\_ Frequency: \_\_\_\_\_

Have you ever had interpersonal problems on the job? \_\_\_\_\_

\_\_\_\_\_

Have you ever seen a psychiatrist or counselor? \_\_\_\_ If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

Are you willing to sign a release of information form so that your counselor may write for social, psychiatric, or other medical records? \_\_\_\_\_

## SPIRITUAL

Church attending: \_\_\_\_\_ Pastor's Name: \_\_\_\_\_

Member   Yes   No      Church Attendance per month    0   1   2   3   4   5   6   7   8+

Do you believe in God? \_\_\_\_ Do you pray? \_\_\_\_ Would you say that you are a Christian? \_\_\_\_

Or still in the process of becoming a Christian? \_\_\_\_ Have you ever been baptized? \_\_\_\_

How often do you read the Bible?    Never    Occasionally    Often    Daily

Explain any changes in your religious life: \_\_\_\_\_

\_\_\_\_\_

Are you involved in some kind of ministry at your church or elsewhere? \_\_\_\_\_

Do you financially support your church on a regular basis?    Yes    No

## WOMEN ONLY

Have you had any menstrual difficulties? \_\_\_\_ If you experience tension, tendency to cry, other symptoms prior to your cycle, please explain: \_\_\_\_\_

Is your husband willing to come for counseling? \_\_\_\_ Is he in favor of your coming? \_\_\_\_ if no, please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Problem Check List

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Abuse               | <input type="checkbox"/> Drugs           | <input type="checkbox"/> Lust            |
| <input type="checkbox"/> Adultery            | <input type="checkbox"/> Drunkenness     | <input type="checkbox"/> Marriage Issues |
| <input type="checkbox"/> Anger               | <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Memory          |
| <input type="checkbox"/> Anxiety             | <input type="checkbox"/> Envy            | <input type="checkbox"/> Moodiness       |
| <input type="checkbox"/> Apathy              | <input type="checkbox"/> Fear            | <input type="checkbox"/> Perfectionism   |
| <input type="checkbox"/> Appetite            | <input type="checkbox"/> Finances        | <input type="checkbox"/> Pornography     |
| <input type="checkbox"/> Bitterness          | <input type="checkbox"/> Forgiveness     | <input type="checkbox"/> Rebellion       |
| <input type="checkbox"/> Change in lifestyle | <input type="checkbox"/> Gambling        | <input type="checkbox"/> Self Injury     |
| <input type="checkbox"/> Children            | <input type="checkbox"/> Guilt           | <input type="checkbox"/> Sex             |
| <input type="checkbox"/> Communication       | <input type="checkbox"/> Health          | <input type="checkbox"/> Sleep           |
| <input type="checkbox"/> Conflict (fights)   | <input type="checkbox"/> Homosexuality   | <input type="checkbox"/> Suicide         |
| <input type="checkbox"/> Deception           | <input type="checkbox"/> Impotence       | <input type="checkbox"/> Other _____     |
| <input type="checkbox"/> Decision Making     | <input type="checkbox"/> In-laws         |  |
| <input type="checkbox"/> Depression          | <input type="checkbox"/> Loneliness      |  |

### Briefly answer the following questions:

1. What circumstances led to your coming here at this point in time? \_\_\_\_\_

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2. What have you done about the problem? \_\_\_\_\_

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3. What are your expectations from counseling? \_\_\_\_\_

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4. Is there any other information that we should know? \_\_\_\_\_

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