

Identity in Christ

<u>What I May Feel/Think About Me</u>	<u>What Scripture Says About Me</u>	<u>Passages</u>
(1) I am unworthy/unacceptable	(1) I am accepted/worthy	Rom. 15:7; Ps. 139
(2) I am alone	(2) I am never alone	Heb. 13:5b; Ro. 8:38
(3) I feel like a failure/inadequate	(3) I am adequate	2 Cor. 3:5-6
(4) I have no confidence	(4) I have boldness/confidence	Pr.3:26; 14:26; Heb.10:19; Eph. 3:12
(5) I am confused	(5) I have the mind of Christ	1 Cor.2:16; 2 Ti.1:7
(6) I am depressed/hopeless	(6) I have all hope I need	Ro. 15:13; Heb.6:18
(7) I am not good enough	(7) I am perfect in Christ	Heb.10:14; Col.2:13
(8) I am not special	(8) I have been chosen by God	Ps.139; Eph.1:4
(9) I am fearful/ anxious	(9) I am free from fear	Ps.34:4; 2 Tim.1:7; 1 Pet.5:7; 1Jn.5:4
(10) I am defeated	(10) I am victorious	Ro.8:37; 2 Cor.2:14
(11) I'm not very smart	(11) I have God's wisdom	Pr.2:6-7; 1 Co.1:30
(12) I am in bondage	(12) I am free in Christ	Jn.8:36; Ro.6:17-18
(13) I am miserable	(13) I have God's comfort	Jn.16:7; 2 Co.1:3-4
(14) I am unloved	(14) I am very loved	Jn.15:9; Eph.2:4; 5:1
(15) I am unwanted/don't belong	(15) I am God's adopted child	Ro.8:16-17; 1Jn.3:2
(16) I feel guilty	(16) I am totally forgiven	Ps.103:12; Col.2:14
(17) I am a sinner	(17) I am declared righteous	Ro.3:24; 2Cor.5:21
(18) I feel condemned	(18) I am blameless	Jn.3:18; Rom.8:1
(19) I have no abilities/talents	(19) I have been given gifts	1 Cor.12; 1 Pet.4:10
(20) I live under standards of Performance	(20) I am dead to the law	Rom.6:14; 7:4-6
(21) I am a slave to sin	(21) I am dead to sin	Rom.6:11, 17-18, 22
(22) I have no direction/plan	(22) God has a plan for me	Jer.29:11; Jn.10:10; Eph.2:10
(23) I feel distant with God	(23) I have direct access to Him	Eph.2:13; He.4:14-16; Heb.10:19-23
(24) I am under constant stress	(24) I have peace of Christ	Jn.14:27; 16:33; Eph.2:14; Php.4:6-7