



# *Pathways Bible Study Workbook*

**SPRING & SUMMER 2022**

*includes 1 Small Group Zone*

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## “UNDER THE WORD”

THIS WORKBOOK BELONGS TO:

**\* 2 PAGES PER WEEK \***

**\* COVERS THE SPRING AND SUMMER SERIES \***

**\* INCLUDES ALL PSALMS FOR THE SERIES \***

DATE OF SERMON  
ON THAT TEXT

THE TEXT WITH ROOM  
FOR YOUR NOTES

...did God ever say,  
"My Son, today I have begotten you?"  
...will be to him a father, and he shall be to me a son?"  
And again, when he brings the firstborn into the world,  
he says, "Let all God's angels worship him."  
7Of the angels he says,  
"He makes his angels winds and his ministers a flame of fire."  
8But of the Son he says,  
"Your throne, O God, is forever and ever,  
the scepter of uprightness is the scepter of your kingdom.  
9You have loved righteousness and hated wickedness;  
therefore God, your God, has anointed you  
with the oil of gladness beyond your companions."  
10And, "You, Lord, laid the foundation of the earth in the beginning,  
and the heavens are the work of your hands;  
11they will perish, but you remain;  
they will all wear out like a garment,  
12like a robe you will roll them up,  
like a garment they will be changed.  
But you are the same,  
and your years will have no end."  
13And to which of the angels has he ever said,  
"Sit at my right hand until I make your enemies a footstool for your feet?"  
14Are they not all ministering spirits sent out to serve  
for the sake of those who are to inherit salvation?  
21Therefore we must pay much closer attention to what we have heard, lest  
we drift away from it.  
2For since the message declared by angels proved to be reliable,  
and every transgression or disobedience received a just retribution,  
how shall we escape if we neglect such a great salvation?  
It was declared at first by the Lord,  
and it was attested to us by those who heard,  
while God also bore witness by signs and wonders and various miracles and  
by gifts of the Holy Spirit distributed according to his will.

#### 4 KEY STATEMENTS

- 1 Prayerfully, draft an **OUTLINE OF THE PASSAGE**, tracing the author's structure and thought-flow.
- 2 Prayerfully, summarize the outline in one sentence. This is your **ORIGINAL READER'S MESSAGE STATEMENT**. What is being talked about (subject), and what is being said about the subject?
- 3 Prayerfully, reflect on the passage in light of your own life and culture today. Write a **PRESENT-DAY READER'S MESSAGE STATEMENT**. (See the example below for an example).

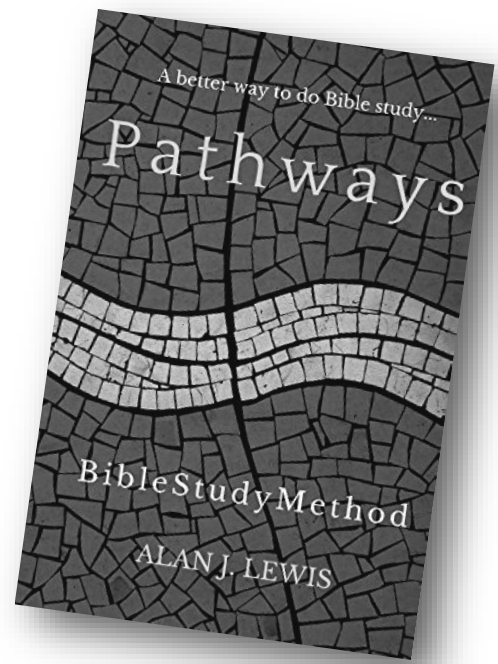
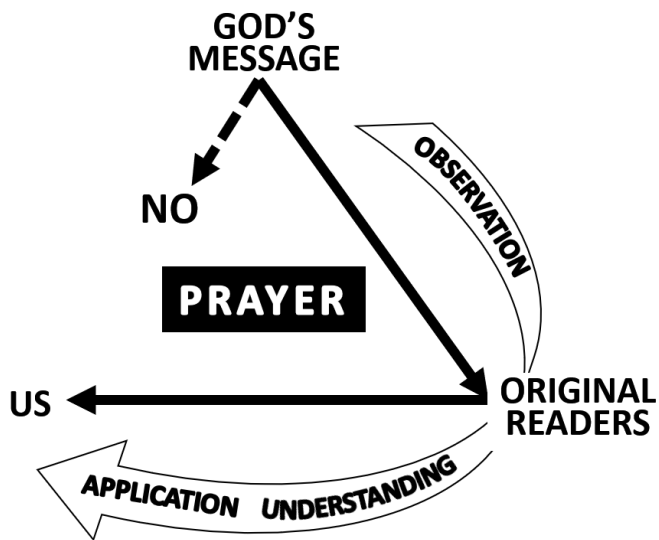
WORKSHEET TO  
CAPTURE YOUR  
4 KEY STATEMENTS  
FROM THE PATHWAYS  
BIBLE STUDY METHOD

BEGINNERS  
WILL BE  
ENCOURAGED  
TO LEARN STEP  
BY STEP FOR 10  
WEEKS

ALL SMALL GROUPS  
ARE FOR BOTH  
BEGINNERS AND  
THOSE EXPERIENCED  
ON THE PATHWAY

10 WEEKS TO LEARN: BIBLE STUDY WORKSHEET		10 WEEKS TO LEARN: BIBLE STUDY WORKSHEET	
<p><b>ALWAYS START WITH PRAYER</b></p> <p>What seems to be the overall message of the passage?</p> <p>Who is the human author of the passage? (What do we know about him?)</p> <p>To whom is the passage addressed? (What do we know about them?)</p> <p>What is the author's purpose in writing the passage? Is it to warn? Admonish? Discourage? Encourage? Inspire? Something else?</p> <p>What are the words or phrases in the passage that stand out? Can you define them as the author would have?</p> <p>What insights do we gain from looking immediately before and after this passage?</p> <p>Does the author of the book use the word <i>background</i> in his writing?</p> <p>If so, does it use that light on the usage here?</p> <p>What backgrounds would the author have in mind?</p> <p>Are there things that the author seems to assume that the original readers would have understood?</p> <p>Are there words that have a technical definition here?</p> <p>What were the assumptions about this passage and its use?</p> <p>Commit to "STAY" by not adding to the Word.</p> <p>Are there connections to the author's thought?</p> <p>What are the...?</p> <p>What is the author...?</p> <p>How do the subjects help...?</p> <p>such...?</p> <p>for including this passage...</p> <p>WRITE AN OUTLINE OF THE PASSAGE</p>		<p><b>ALWAYS START WITH PRAYER</b></p> <p>Do you have a sense of how God wanted to use the passage in the lives of the original readers?</p> <p>Was it as a promise or assurance? A command? A warning? A call to action? A warning to heed?</p> <p>Was it a truth about himself, or the Church, or some other key topic?</p> <p>Does your statement include the author's main points and his purpose for writing the passage?</p> <p><b>FOLLOW THE FLOW OF THOUGHT IN THE PASSAGE AND SUMMARIZE IT IN ONE SENTENCE. THIS IS YOUR ORIGINAL READER'S MESSAGE STATEMENT:</b></p> <p>Where along the timeline of salvation history does this passage fall?</p> <p>If the passage is from the Old Testament, how should our application differ from the original readers? Consider what <i>fulfilled</i> in its life, death, and resurrection.</p> <p>What other passages in the Bible have a similar theme to the same in this passage?</p>	

LAST PAGES HAVE THE COMPLETE  
DETAILED WORKSHEET INCLUDING THE  
4 KEY STATEMENTS

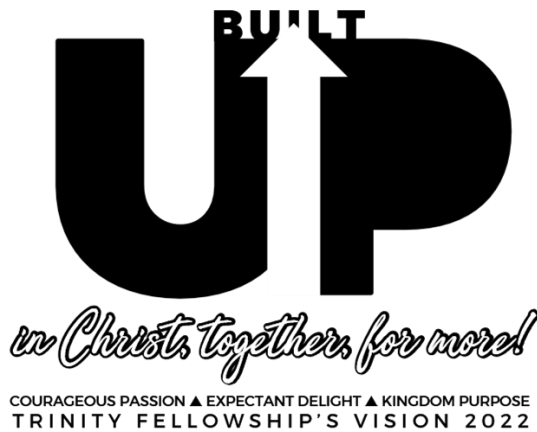


**THIS STUDY APPLIES THE CONCEPTS TAUGHT IN  
ALAN J. LEWIS' PATHWAYS BIBLE STUDY METHOD.**

*This resource is online available at Amazon.com*

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## ONE 10-WEEK GROWTH CAMPAIGNS THROUGH PSALMS

*Integrating  
 Personal Bible Study,  
 Small Group Life-on-life Gatherings,  
 Weekly Sermons*

**April 24—June 26 , 2022**

FOR THE WEEK PRIOR TO THIS SUNDAY	READING IN LEWIS BOOK	STEP-BY-STEP LEARNING THE PATHWAYS BIBLE STUDY METHOD	SMALL GROUP
SMALL GROUP SEMESTER <b>SPRING/ SUMMER 2022</b>	THOSE WHO HAVE PREVIOUSLY STUDIED THE PATHWAY SHOULD MERELY REVIEW THESE	<p>FOR BEGINNERS:  <b>WORK THROUGH THIS STEP FOR THIS WEEK'S PASSAGE</b></p> <p>THESE ARE IDENTIFIED BY △ ON THE            COMPLETE BIBLE STUDY WORKSHEET            TEMPLATE ON THE INSIDE BACK COVER</p> <p>FOR EXPERIENCED:  <b>WORK THROUGH THE ENTIRE PATHWAY            AND CAPTURE THE 4 KEY STATEMENTS</b></p>	<p><b>All pages numbers refer to Alan Lewis'  <u>Pathways Bible Study Method</u></b></p> <p><i>These apply to groups that have ROOKIES;</i></p> <p><i>If a group has <u>ALL</u> VETERANS of the            Pathways Method, then discussion will            center on the <b>FOUR KEY STATEMENTS</b>            along the Pathway:</i></p> <p>(1) OUTLINE,            (2) ORIGINAL READERS' MESSAGE            STATEMENT,            (3) PRESENT-DAY READERS' MESSAGE            STATEMENT,            (4) PERSONAL APPLICATION STATEMENT.</p>
April 24	Pages 7-21	PRAYERFULLY &	Discuss Lewis' intro and Session #1;
May 1	Pages 23-34	ASK GOOD QUESTIONS	Discuss Lewis' Sessions #2 and #3; see questions on pages 98-99
May 8	Pages 35-43	OBSERVE THE CONTEXT	Discuss Lewis' Sessions #4 and 5;
May 15	Pages 45-47	LINKING WORDS?	Discuss Lewis' Session #6;
May 22	Pages 49-57	OBSERVE THE STRUCTURE & FLOW	Discuss Lewis' Sessions #7 and #8; see questions on pages 102-103
May 29	Pages 59-65	WRITE ORIGINAL READERS' MESSAGE STATEMENT	Discuss Lewis' Session #9;
June 5	Pages 67-73	HOW AIM FITS THE SALVATION STORY <i>and</i> WRITE THE PRESENT-DAY MESSAGE STATEMENT	Discuss Lewis' Session #10; see questions on page 106
June 12	Pages 75-81	POSSIBLE APPLICATIONS	Discuss Lewis' Session #11;
June 19	Pages 83-95	WRITE OUT YOUR APPLICATION STATEMENT	Discuss Lewis' Session #12;
June 26	---	REVIEW THE ALL THE STEPS ALONG THE PATHWAY METHOD	Share and pray through the application steps God has directed you to pursue.

## SPRING/SUMMER 2022 "Under the Word" Study Schedule

SMALL GROUP MEETING DATES		STUDY BEFORE DATE	TEXT	PAGE #	WEEKLY HEART FOCUS	NOTES
SMALL GROUP ZONE		April 24	Psalm 59	6-7	A Strengthened Heart	FIRST SUNDAY MOST GROUPS WILL PREPARE FOR
		May 1	Psalm 52	8-9	A Patient Heart	
		May 8	Psalm 63	10-11	A Satisfied Heart	MOTHER'S DAY
		May 15	Psalm 34 & 142	12-13	A God-fearing Heart	
		May 22	Psalm 57	14-15	A Singing Heart	
		May 29	Psalm 54	16-17	A Trusting Heart	
		June 5	Psalm 60	18-19	A Valiant Heart	
		June 12	Psalm 51	20-21	A Clean Heart	
		June 19	Psalm 3	22-23	A Sustained Heart	FATHER'S DAY
		June 26	Psalm 7	24-25	An Integri-ful Heart	LAST SUNDAY MOST GROUPS WILL PREPARE FOR
		July 3	Psalm 18	26-29	A Humble Heart	



# "UNDER THE WORD"

## Psalm 59—A Strengthened Heart

For Context—Read 1 Samuel 18-19

1

Prayerfully, draft an **OUTLINE OF THE PASSAGE**, tracing the author's structure and thought-flow.

1 Deliver me from my enemies, O my God;  
protect me from those who rise up against me;

2 deliver me from those who work evil,  
and save me from bloodthirsty men.

3 For behold, they lie in wait for my life;  
fierce men stir up strife against me.

For no transgression or sin of mine, O Lord,

4 for no fault of mine, they run and make ready.

Awake, come to meet me, and see!

5 You, Lord God of hosts, are God of Israel.

Rouse yourself to punish all the nations;  
spare none of those who treacherously plot evil.

*Selah*

6 Each evening they come back,  
howling like dogs

and prowling about the city.

7 There they are, bellowing with their mouths  
with swords in their lips—

for “Who,” they think, “will hear us?”

8 But you, O Lord, laugh at them;  
you hold all the nations in derision.

9 O my Strength, I will watch for you,  
for you, O God, are my fortress.

10 My God in his steadfast love will meet me;  
God will let me look in triumph on my enemies.

11 Kill them not, lest my people forget;  
make them totter by your power and bring them down,  
O Lord, our shield!

12 For the sin of their mouths, the words of their lips,  
let them be trapped in their pride.

For the cursing and lies that they utter,

13 consume them in wrath;  
consume them till they are no more,  
that they may know that God rules over Jacob  
to the ends of the earth.

*Selah*

14 Each evening they come back,  
howling like dogs  
and prowling about the city.

15 They wander about for food  
and growl if they do not get their fill.

16 But I will sing of your strength;  
I will sing aloud of your steadfast love in the morning.  
For you have been to me a fortress  
and a refuge in the day of my distress.

17 O my Strength, I will sing praises to you,  
for you, O God, are my fortress,  
the God who shows me steadfast love.

# 4 KEY STATEMENTS

TEXT:	Psalm 59
TO BE DONE BEFORE:	April 24, 2022

- 2** Prayerfully, summarize the outline in one sentence. This is your **ORIGINAL READER'S MESSAGE STATEMENT**. *What is being talked about (subject), and what is being said about the subject?*
- 3** Prayerfully consider our own time and culture today. Write a **PRESENT-DAY READER'S MESSAGE STATEMENT** (see page 73 in Lewis' *Pathways* book for an example).
- 4** Prayerfully consider the truths you have studied. How should you act, think, believe, or love differently because of them? Write out your personal **APPLICATION STATEMENT**.
- 5** Write out a **PRAYER** based on this weeks Psalm.

## Heart Focus

- 1) What do you encounter that challenges your strength?
- 2) What could it look like to triumph over those challenges?
- 3) This week, how can your heart be strengthened?

- A** Summarize discussion and reflections on page 30.

**Psalm 52—A Patient Heart**

**For Context—Read 1 Samuel 21:1-9; 22:6-23**

**1** Prayerfully, draft an **OUTLINE OF THE PASSAGE**, tracing the author's structure and thought-flow.

**1** Why do you boast of evil, O mighty man?  
The steadfast love of God endures all the day.

**2** Your tongue plots destruction,  
like a sharp razor, you worker of deceit.

**3** You love evil more than good,  
and lying more than speaking what is right.

*Selah*

**4** You love all words that devour,  
O deceitful tongue.

**5** But God will break you down forever;  
he will snatch and tear you from your tent;  
he will uproot you from the land of the living.

*Selah*

**6** The righteous shall see and fear,  
and shall laugh at him, saying,

**7** "See the man who would not make  
God his refuge,  
but trusted in the abundance of his riches  
and sought refuge in his own destruction!"

**8** But I am like a green olive tree  
in the house of God.  
I trust in the steadfast love of God  
forever and ever.

**9** I will thank you forever,  
because you have done it.  
I will wait for your name, for it is good,  
in the presence of the godly.



# 4 KEY STATEMENTS

TEXT:	Psalm 52
TO BE DONE BEFORE:	May 1, 2022

- 2** Prayerfully, summarize the outline in one sentence. This is your **ORIGINAL READER'S MESSAGE STATEMENT**. *What is being talked about (subject), and what is being said about the subject?*
- 3** Prayerfully consider our own time and culture today. Write a **PRESENT-DAY READER'S MESSAGE STATEMENT** (see page 73 in Lewis' *Pathways* book for an example).
- 4** Prayerfully consider the truths you have studied. How should you act, think, believe, or love differently because of them? Write out your personal **APPLICATION STATEMENT**.
- 5** Write out a **PRAYER** based on this weeks Psalm.

## Heart Focus

- 1) What are some situations that test your patience?
- 2) Which comes easier to you, rising up to act or laying back to wait?
- 3) What will you do to practice waiting on the Lord this week?

- A** Summarize discussion and reflections on page 30.

**Psalm 63—A Satisfied Heart**

**For Context—Read 1 Sam 23:14-15; 24:1;**

**2 Sam 15:23, 28**

**1** Prayerfully, draft an **OUTLINE OF THE PASSAGE**, tracing the author's structure and thought-flow.

**1** O God, you are my God; earnestly I seek you;  
my soul thirsts for you;  
my flesh faints for you,  
as in a dry and weary land where there is no water.  
**2** So I have looked upon you in the sanctuary,  
beholding your power and glory.  
**3** Because your steadfast love is better than life,  
my lips will praise you.  
**4** So I will bless you as long as I live;  
in your name I will lift up my hands.  
**5** My soul will be satisfied as with fat and rich food,  
and my mouth will praise you with joyful lips,  
**6** when I remember you upon my bed,  
and meditate on you in the watches of the night;  
**7** for you have been my help,  
and in the shadow of your wings I will sing for joy.  
**8** My soul clings to you;  
your right hand upholds me.  
**9** But those who seek to destroy my life  
shall go down into the depths of the earth;  
**10** they shall be given over to the power of the sword;  
they shall be a portion for jackals.  
**11** But the king shall rejoice in God;  
all who swear by him shall exult,  
for the mouths of liars will be stopped.

# 4 KEY STATEMENTS

TEXT:	Psalm 63
TO BE DONE BEFORE:	May 8, 2022

- 2** Prayerfully, summarize the outline in one sentence. This is your **ORIGINAL READER'S MESSAGE STATEMENT**. *What is being talked about (subject), and what is being said about the subject?*
- 3** Prayerfully consider our own time and culture today. Write a **PRESENT-DAY READER'S MESSAGE STATEMENT** (see page 73 in Lewis' *Pathways* book for an example).
- 4** Prayerfully consider the truths you have studied. How should you act, think, believe, or love differently because of them? Write out your personal **APPLICATION STATEMENT**.
- 5** Write out a **PRAYER** based on this weeks Psalm.

## Heart Focus

- 1) Describe a time you were spiritually dry and thirsty.
- 2) Describe a time you were spiritually satisfied and full.
- 3) What practices could you put in place to be routinely satisfied in the Lord?

- A** Summarize discussion and reflections on page 30.

## Psalm 34 and 142 —A God-fearing Heart

For Context—Read 1 Samuel 21:10-15

### Psalm 34

**1** I will bless the Lord at all times;  
his praise shall continually be in my mouth.  
**2** My soul makes its boast in the Lord;  
let the humble hear and be glad.  
**3** Oh, magnify the Lord with me,  
and let us exalt his name together!  
**4** I sought the Lord, and he answered me  
and delivered me from all my fears.  
**5** Those who look to him are radiant,  
and their faces shall never be ashamed.  
**6** This poor man cried, and the Lord heard him  
and saved him out of all his troubles.  
**7** The angel of the Lord encamps  
around those who fear him, and delivers them.  
**8** Oh, taste and see that the Lord is good!  
Blessed is the man who takes refuge in him!  
**9** Oh, fear the Lord, you his saints,  
for those who fear him have no lack!  
**10** The young lions suffer want and hunger;  
but those who seek the Lord lack no good thing.  
**11** Come, O children, listen to me;  
I will teach you the fear of the Lord.  
**12** What man is there who desires life  
and loves many days, that he may see good?  
**13** Keep your tongue from evil  
and your lips from speaking deceit.  
**14** Turn away from evil and do good;  
seek peace and pursue it.  
**15** The eyes of the Lord are toward the righteous  
and his ears toward their cry.  
**16** The face of the Lord is against those who do evil,  
to cut off the memory of them from the earth.  
**17** When the righteous cry for help, the Lord hears  
and delivers them out of all their troubles.  
**18** The Lord is near to the brokenhearted  
and saves the crushed in spirit.  
**19** Many are the afflictions of the righteous,  
but the Lord delivers him out of them all.  
**20** He keeps all his bones;  
not one of them is broken.  
**21** Affliction will slay the wicked,  
and those who hate the righteous will be condemned.  
**22** The Lord redeems the life of his servants;  
none of those who take refuge in him will be condemned.

### Psalm 142

**1** With my voice I cry out to the Lord;  
with my voice I plead for mercy to the Lord.  
**2** I pour out my complaint before him;  
I tell my trouble before him.  
**3** When my spirit faints within me,  
you know my way!  
In the path where I walk  
they have hidden a trap for me.  
**4** Look to the right and see:  
there is none who takes notice of me;  
no refuge remains to me;  
no one cares for my soul.  
**5** I cry to you, O Lord;  
I say, "You are my refuge,  
my portion in the land of the living."  
**6** Attend to my cry,  
for I am brought very low!  
Deliver me from my persecutors,  
for they are too strong for me!  
**7** Bring me out of prison,  
that I may give thanks to your name!  
The righteous will surround me,  
for you will deal bountifully with me.

# 4 KEY STATEMENTS

TEXT:	Psalm 34 & 142
TO BE DONE BEFORE:	May 15, 2022

- 1 Prayerfully, draft an **OUTLINE OF THE PASSAGE**, tracing the author's structure and thought-flow.
- 2 Prayerfully, summarize the outline in one sentence. This is your **ORIGINAL READER'S MESSAGE STATEMENT**. *What is being talked about (subject), and what is being said about the subject?*
- 3 Prayerfully consider our own time and culture today. Write a **PRESENT-DAY READER'S MESSAGE STATEMENT** (see page 73 in Lewis' Pathways book for an example).
- 4 Prayerfully consider the truths you have studied. How should you act, think, believe, or love differently because of them? Write out your personal **APPLICATION STATEMENT**.
- 5 Write out a **PRAYER** based on this weeks Psalm.

## Heart Focus

- 1) What does it look like to fear God?
- 2) What does it look like to NOT fear God?
- 3) Is there a part of you that does not fear God? If so, what and how can you get it there?

- A Summarize discussion and reflections on page 30.

**Psalm 57—A Singing Heart**

**For Context—Read 1 Samuel 22:1-5; 24:1-22**

**1**

Prayerfully, draft an **OUTLINE OF THE PASSAGE**, tracing the author's structure and thought-flow.

**1** Be merciful to me, O God, be merciful to me,  
for in you my soul takes refuge;  
in the shadow of your wings I will take refuge,  
till the storms of destruction pass by.

**2** I cry out to God Most High,  
to God who fulfills his purpose for me.

**3** He will send from heaven and save me;  
he will put to shame him who tramples on me.

*Selah*

God will send out his steadfast love and his faithfulness!

**4** My soul is in the midst of lions;  
I lie down amid fiery beasts—  
the children of man, whose teeth are spears and arrows,  
whose tongues are sharp swords.

**5** Be exalted, O God, above the heavens!  
Let your glory be over all the earth!

**6** They set a net for my steps;  
my soul was bowed down.  
They dug a pit in my way,  
but they have fallen into it themselves.

*Selah*

**7** My heart is steadfast, O God,  
my heart is steadfast!  
I will sing and make melody!

**8** Awake, my glory!  
Awake, O harp and lyre!  
I will awake the dawn!

**9** I will give thanks to you, O Lord, among the peoples;  
I will sing praises to you among the nations.

**10** For your steadfast love is great to the heavens,  
your faithfulness to the clouds.

**11** Be exalted, O God, above the heavens!  
Let your glory be over all the earth!

# 4 KEY STATEMENTS

TEXT:	Psalm 57
TO BE DONE BEFORE:	May 22, 2022

- 2** Prayerfully, summarize the outline in one sentence. This is your **ORIGINAL READER'S MESSAGE STATEMENT**. *What is being talked about (subject), and what is being said about the subject?*
- 3** Prayerfully consider our own time and culture today. Write a **PRESENT-DAY READER'S MESSAGE STATEMENT** (see page 73 in Lewis' *Pathways* book for an example).
- 4** Prayerfully consider the truths you have studied. How should you act, think, believe, or love differently because of them? Write out your personal **APPLICATION STATEMENT**.
- 5** Write out a **PRAYER** based on this weeks Psalm.

## Heart Focus

- 1) What can or is keeping you from singing?
- 2) Describe a time that felt like true spirit-filled worship of God.
- 3) How can you take refuge in the Lord?

- A** Summarize discussion and reflections on page 30.

**Psalm 54—A Trusting Heart**

**For Context—Read 1 Samuel 26**

**1** Prayerfully, draft an **OUTLINE OF THE PASSAGE**, tracing the author's structure and thought-flow.

**1** O God, save me by your name,  
and vindicate me by your might.

**2** O God, hear my prayer;  
give ear to the words of my mouth.

**3** For strangers have risen against me;  
ruthless men seek my life;  
they do not set God before themselves.

*Selah*

**4** Behold, God is my helper;  
the Lord is the upholder of my life.

**5** He will return the evil to my enemies;  
in your faithfulness put an end to them.

**6** With a freewill offering I will sacrifice to you;  
I will give thanks to your name, O Lord, for it is good.

**7** For he has delivered me from every trouble,  
and my eye has looked in triumph on my enemies.



# 4 KEY STATEMENTS

TEXT:	Psalm 54
TO BE DONE BEFORE:	May 29, 2022

- 2** Prayerfully, summarize the outline in one sentence. This is your **ORIGINAL READER'S MESSAGE STATEMENT**. *What is being talked about (subject), and what is being said about the subject?*
- 3** Prayerfully consider our own time and culture today. Write a **PRESENT-DAY READER'S MESSAGE STATEMENT** (see page 73 in Lewis' *Pathways* book for an example).
- 4** Prayerfully consider the truths you have studied. How should you act, think, believe, or love differently because of them? Write out your personal **APPLICATION STATEMENT**.
- 5** Write out a **PRAYER** based on this weeks Psalm.

## Heart Focus

- 1) Describe a situation where you have wanted vengeance.
- 2) How can you leave that vengeance to be God's?
- 3) What if His vengeance were to be different than your idea of vengeance? What if it was grace given to your "enemy?"

- A** Summarize discussion and reflections on page 30.

## Psalm 60—A Valiant Heart

For Context—Read 2 Samuel 8:1-14

**1** Prayerfully, draft an **OUTLINE OF THE PASSAGE**, tracing the author's structure and thought-flow.

**1** O God, you have rejected us, broken our defenses;  
you have been angry; oh, restore us.

**2** You have made the land to quake; you have torn it  
open;  
repair its breaches, for it totters.

**3** You have made your people see hard things;  
you have given us wine to drink that made us stagger.

**4** You have set up a banner for those who fear you,  
that they may flee to it from the bow.

*Selah*

**5** That your beloved ones may be delivered,  
give salvation by your right hand and answer us!

**6** God has spoken in his holiness:  
“With exultation I will divide up Shechem  
and portion out the Vale of Succoth.

**7** Gilead is mine; Manasseh is mine;  
Ephraim is my helmet;  
Judah is my scepter.

**8** Moab is my washbasin;  
upon Edom I cast my shoe;  
over Philistia I shout in triumph.”

**9** Who will bring me to the fortified city?  
Who will lead me to Edom?

**10** Have you not rejected us, O God?  
You do not go forth, O God, with our armies.

**11** Oh, grant us help against the foe,  
for vain is the salvation of man!

**12** With God we shall do valiantly;  
it is he who will tread down our foes.

# 4 KEY STATEMENTS

TEXT:	Psalm 60
TO BE DONE BEFORE:	June 5, 2022

- 2** Prayerfully, summarize the outline in one sentence. This is your **ORIGINAL READER’S MESSAGE STATEMENT**. *What is being talked about (subject), and what is being said about the subject?*
- 3** Prayerfully consider our own time and culture today. Write a **PRESENT-DAY READER’S MESSAGE STATEMENT** (see page 73 in Lewis’ *Pathways* book for an example).
- 4** Prayerfully consider the truths you have studied. How should you act, think, believe, or love differently because of them? Write out your personal **APPLICATION STATEMENT**.
- 5** Write out a **PRAYER** based on this weeks Psalm.

## Heart Focus

- 1) Am I pursuing a “battle” that God is not wanting me to?
- 2) Where can I see God working today? How can I join Him in His work?
- 3) Is God leading me to do something I am hesitant to do?

- A** Summarize discussion and reflections on page 30.

## Psalm 51—A Clean Heart

For Context—Read 2 Samuel 11:1-12:23

**1** Prayerfully, draft an **OUTLINE OF THE PASSAGE**, tracing the author's structure and thought-flow.

- 1 Have mercy on me, O God,  
according to your steadfast love;  
according to your abundant mercy  
blot out my transgressions.
- 2 Wash me thoroughly from my iniquity,  
and cleanse me from my sin!
- 3 For I know my transgressions,  
and my sin is ever before me.
- 4 Against you, you only, have I sinned  
and done what is evil in your sight,  
so that you may be justified in your words  
and blameless in your judgment.
- 5 Behold, I was brought forth in iniquity,  
and in sin did my mother conceive me.
- 6 Behold, you delight in truth in the inward being,  
and you teach me wisdom in the secret heart.
- 7 Purge me with hyssop, and I shall be clean;  
wash me, and I shall be whiter than snow.
- 8 Let me hear joy and gladness;  
let the bones that you have broken rejoice.
- 9 Hide your face from my sins,  
and blot out all my iniquities.
- 10 Create in me a clean heart, O God,  
and renew a right spirit within me.
- 11 Cast me not away from your presence,  
and take not your Holy Spirit from me.
- 12 Restore to me the joy of your salvation,  
and uphold me with a willing spirit.
- 13 Then I will teach transgressors your ways,  
and sinners will return to you.
- 14 Deliver me from bloodguiltiness, O God,  
O God of my salvation,  
and my tongue will sing aloud of your righteousness.
- 15 O Lord, open my lips,  
and my mouth will declare your praise.
- 16 For you will not delight in sacrifice, or I would give it;  
you will not be pleased with a burnt offering.
- 17 The sacrifices of God are a broken spirit;  
a broken and contrite heart, O God, you will not despise.
- 18 Do good to Zion in your good pleasure;  
build up the walls of Jerusalem;
- 19 then will you delight in right sacrifices,  
in burnt offerings and whole burnt offerings;  
then bulls will be offered on your altar.

# 4 KEY STATEMENTS

TEXT:	Psalm 51
TO BE DONE BEFORE:	June 12, 2022

- 2** Prayerfully, summarize the outline in one sentence. This is your **ORIGINAL READER'S MESSAGE STATEMENT**. *What is being talked about (subject), and what is being said about the subject?*
- 3** Prayerfully consider our own time and culture today. Write a **PRESENT-DAY READER'S MESSAGE STATEMENT** (see page 73 in Lewis' *Pathways* book for an example).
- 4** Prayerfully consider the truths you have studied. How should you act, think, believe, or love differently because of them? Write out your personal **APPLICATION STATEMENT**.
- 5** Write out a **PRAYER** based on this weeks Psalm.

## Heart Focus

- 1) What is an area of sin or reoccurring weakness in my life?
- 2) Have I repented of this to God?
- 3) What practices could I put in place to live in grace and fight this sin?

- A** Summarize discussion and reflections on page 30.

**Psalm 3—A Sustained Heart**

**For Context—Read 2 Samuel 15-19**

**1**

Prayerfully, draft an **OUTLINE OF THE PASSAGE**, tracing the author's structure and thought-flow.

**1** O Lord, how many are my foes!

Many are rising against me;

**2** many are saying of my soul,

"There is no salvation for him in God."

*Selah*

**3** But you, O Lord, are a shield about me,

my glory, and the lifter of my head.

**4** I cried aloud to the Lord,

and he answered me from his holy hill.

*Selah*

**5** I lay down and slept;

I woke again, for the Lord sustained me.

**6** I will not be afraid of many thousands of people

who have set themselves against me all around.

**7** Arise, O Lord!

Save me, O my God!

For you strike all my enemies on the cheek;

you break the teeth of the wicked.

**8** Salvation belongs to the Lord;

your blessing be on your people!

*Selah*

## 4 KEY STATEMENTS

TEXT:	Psalm 3
TO BE DONE BEFORE:	June 19, 2022

**2** Prayerfully, summarize the outline in one sentence. This is your **ORIGINAL READER'S MESSAGE STATEMENT**. *What is being talked about (subject), and what is being said about the subject?*

**3** Prayerfully consider our own time and culture today. Write a **PRESENT-DAY READER'S MESSAGE STATEMENT** (see page 73 in Lewis' *Pathways* book for an example).

**4** Prayerfully consider the truths you have studied. How should you act, think, believe, or love differently because of them? Write out your personal **APPLICATION STATEMENT**.

**5** Write out a **PRAYER** based on this weeks Psalm.

### Heart Focus

1) What distresses you?

2) Have you prayed about this distress to God?

3) How would you know if God is sustaining you?

**A** Summarize discussion and reflections on page 30.

## Psalm 7—An Integri-ful Heart

### For Context—Read 2 Samuel 20

1

Prayerfully, draft an **OUTLINE OF THE PASSAGE**, tracing the author's structure and thought-flow.

1 O Lord my God, in you do I take refuge;  
save me from all my pursuers and deliver me,

2 lest like a lion they tear my soul apart,  
rending it in pieces, with none to deliver.

3 O Lord my God, if I have done this,  
if there is wrong in my hands,

4 if I have repaid my friend with evil  
or plundered my enemy without cause,  
5 let the enemy pursue my soul and overtake it,  
and let him trample my life to the ground  
and lay my glory in the dust.

*Selah*

6 Arise, O Lord, in your anger;  
lift yourself up against the fury of my enemies;  
awake for me; you have appointed a judgment.

7 Let the assembly of the peoples be gathered about  
you;  
over it return on high.

8 The Lord judges the peoples;  
judge me, O Lord, according to my righteousness  
and according to the integrity that is in me.

9 Oh, let the evil of the wicked come to an end,  
and may you establish the righteous—  
you who test the minds and hearts,  
O righteous God!

10 My shield is with God,  
who saves the upright in heart.

11 God is a righteous judge,  
and a God who feels indignation every day.

12 If a man does not repent, God will whet his sword;  
he has bent and readied his bow;

13 he has prepared for him his deadly weapons,  
making his arrows fiery shafts.

14 Behold, the wicked man conceives evil  
and is pregnant with mischief  
and gives birth to lies.

15 He makes a pit, digging it out,  
and falls into the hole that he has made.

16 His mischief returns upon his own head,  
and on his own skull his violence descends.

17 I will give to the Lord the thanks due to his  
righteousness,  
and I will sing praise to the name of the Lord,  
the Most High.



# 4 KEY STATEMENTS

TEXT:	Psalm 7
TO BE DONE BEFORE:	June 26, 2022

- 2** Prayerfully, summarize the outline in one sentence. This is your **ORIGINAL READER'S MESSAGE STATEMENT**. *What is being talked about (subject), and what is being said about the subject?*
- 3** Prayerfully consider our own time and culture today. Write a **PRESENT-DAY READER'S MESSAGE STATEMENT** (see page 73 in Lewis' *Pathways* book for an example).
- 4** Prayerfully consider the truths you have studied. How should you act, think, believe, or love differently because of them? Write out your personal **APPLICATION STATEMENT**.
- 5** Write out a **PRAYER** based on this weeks Psalm.

## Heart Focus

- 1) Quietly pray to God, that He may reveal and convict you have any sin.
- 2) How have you typically responded to accusations or criticisms?
- 3) What could it look like to respond with integrity when accused or criticized?

- A** Summarize discussion and reflections on page 30.

## Psalm 18—A Humble Heart

### For Context—Read 2 Samuel 21

**1** Prayerfully, draft an **OUTLINE OF THE PASSAGE**, tracing the author's structure and thought-flow.

**1** I love you, O Lord, my strength.

**2** The Lord is my rock and my fortress and my deliverer,  
my God, my rock, in whom I take refuge,  
my shield, and the horn of my salvation, my stronghold.

**3** I call upon the Lord, who is worthy to be praised,  
and I am saved from my enemies.

**4** The cords of death encompassed me;  
the torrents of destruction assailed me;

**5** the cords of Sheol entangled me;  
the snares of death confronted me.

**6** In my distress I called upon the Lord;  
to my God I cried for help.

From his temple he heard my voice,  
and my cry to him reached his ears.

**7** Then the earth reeled and rocked;  
the foundations also of the mountains trembled  
and quaked, because he was angry.

**8** Smoke went up from his nostrils,  
and devouring fire from his mouth;  
glowing coals flamed forth from him.

**9** He bowed the heavens and came down;  
thick darkness was under his feet.

**10** He rode on a cherub and flew;  
he came swiftly on the wings of the wind.

**11** He made darkness his covering, his canopy around him,  
thick clouds dark with water.

**12** Out of the brightness before him  
hailstones and coals of fire broke through his clouds.

**13** The Lord also thundered in the heavens,  
and the Most High uttered his voice,  
hailstones and coals of fire.

**14** And he sent out his arrows and scattered them;  
he flashed forth lightnings and routed them.

**15** Then the channels of the sea were seen,  
and the foundations of the world were laid bare  
at your rebuke, O Lord,  
at the blast of the breath of your nostrils.

**16** He sent from on high, he took me;  
he drew me out of many waters.

**17** He rescued me from my strong enemy  
and from those who hated me,  
for they were too mighty for me.

**18** They confronted me in the day of my calamity,  
but the Lord was my support.

## 4 KEY STATEMENTS

TEXT:	Psalm 18
TO BE DONE BEFORE:	July 3, 2022

**2** Prayerfully, summarize the outline in one sentence. This is your **ORIGINAL READER'S MESSAGE STATEMENT**. *What is being talked about (subject), and what is being said about the subject?*

**3** Prayerfully consider our own time and culture today. Write a **PRESENT-DAY READER'S MESSAGE STATEMENT** (see page 73 in Lewis' *Pathways* book for an example).

**4** Prayerfully consider the truths you have studied. How should you act, think, believe, or love differently because of them? Write out your personal **APPLICATION STATEMENT**.

**5** Write out a **PRAYER** based on this weeks Psalm.

### Heart Focus

1) What may be area's of pride in your life?

2) What evidence would you point to in order to show that God has more control in your life than you do?

3) What can you submit over to God this week?

**A** Summarize discussion and reflections on page 30.

**19** He brought me out into a broad place;  
he rescued me, because he delighted in me.

**20** The Lord dealt with me according to my righteousness;  
according to the cleanness of my hands he rewarded me.

**21** For I have kept the ways of the Lord,  
and have not wickedly departed from my God.

**22** For all his rules were before me,  
and his statutes I did not put away from me.

**23** I was blameless before him,  
and I kept myself from my guilt.

**24** So the Lord has rewarded me according to my right-  
eousness,  
according to the cleanness of my hands in his sight.

**25** With the merciful you show yourself merciful;  
with the blameless man you show yourself blameless;

**26** with the purified you show yourself pure;  
and with the crooked you make yourself seem tortuous.

**27** For you save a humble people,  
but the haughty eyes you bring down.

**28** For it is you who light my lamp;  
the Lord my God lightens my darkness.

**29** For by you I can run against a troop,  
and by my God I can leap over a wall.

**30** This God—his way is perfect;  
the word of the Lord proves true;  
he is a shield for all those who take refuge in him.

**31** For who is God, but the Lord?  
And who is a rock, except our God?—

**32** the God who equipped me with strength  
and made my way blameless.

**33** He made my feet like the feet of a deer  
and set me secure on the heights.

**34** He trains my hands for war,  
so that my arms can bend a bow of bronze.

**35** You have given me the shield of your salvation,  
and your right hand supported me,  
and your gentleness made me great.

**36** You gave a wide place for my steps under me,  
and my feet did not slip.

**37** I pursued my enemies and overtook them,  
and did not turn back till they were consumed.

**38** I thrust them through, so that they were not able to  
rise;  
they fell under my feet.

**1** Prayerfully, draft an **OUTLINE OF THE PASSAGE**, tracing the author's structure and thought-flow.

**39** For you equipped me with strength for the battle;  
you made those who rise against me sink under me.

**40** You made my enemies turn their backs to me,  
and those who hated me I destroyed.

**41** They cried for help, but there was none to save;  
they cried to the Lord, but he did not answer them.

**42** I beat them fine as dust before the wind;  
I cast them out like the mire of the streets.

**43** You delivered me from strife with the people;  
you made me the head of the nations;  
people whom I had not known served me.

**44** As soon as they heard of me they obeyed me;  
foreigners came cringing to me.

**45** Foreigners lost heart  
and came trembling out of their fortresses.

**46** The Lord lives, and blessed be my rock,  
and exalted be the God of my salvation—

**47** the God who gave me vengeance  
and subdued peoples under me,

**48** who rescued me from my enemies;  
yes, you exalted me above those who rose against me;  
you delivered me from the man of violence.

**49** For this I will praise you, O Lord, among the nations,  
and sing to your name.

**50** Great salvation he brings to his king,  
and shows steadfast love to his anointed,  
to David and his offspring forever.

# Heart Focus Summary

Utilize this page to note key words and thoughts from going through each weeks "Heart Focus" questions. Capturing them here will help you to see how you want to grow in your own Heart After God!

Date	Psalm	Heart Focus	Notes from Discussion/Reflection
April 24	59	Strengthened	
May 1	52	Patient	
May 8	63	Satisfied	
May 15	34 & 142	God-fearing	
May 22	57	Singing	
May 29	54	Trusting	
June 5	60	Valiant	
June 12	51	Clean	
June 19	3	Sustained	
June 26	7	Integri-ful	
July 3	18	Humble	

# Growing in your Heart After God

The hope of this study was that we may all grow in our hearts after God. Using all that you have studied, discussed, and reflected upon; create goals for your spiritual growth. First, stating what you want to grow in, and then stating what you will practically DO daily or weekly to grow in your relationship with God. Then seek to grow alongside someone else and spur one another on.

#1—I want to grow in \_\_\_\_\_

This goal relate to the following Heart Focuses:

In order to grow in \_\_\_\_\_ I will:

Daily or Weekly— \_\_\_\_\_

Daily or Weekly— \_\_\_\_\_

Daily or Weekly— \_\_\_\_\_

#2—I want to grow in \_\_\_\_\_

This goal relate to the following Heart Focuses:

In order to grow in \_\_\_\_\_ I will:

Daily or Weekly— \_\_\_\_\_

Daily or Weekly— \_\_\_\_\_

Daily or Weekly— \_\_\_\_\_

#3—I want to grow in \_\_\_\_\_

This goal relate to the following Heart Focuses:

In order to grow in \_\_\_\_\_ I will:

Daily or Weekly— \_\_\_\_\_

Daily or Weekly— \_\_\_\_\_

Daily or Weekly— \_\_\_\_\_

## Growing Together:

Setting goals by yourself is great, but accomplishing them in community is better and helps the church have a heart after God. To do this, find someone to grow alongside of:

I will share these goals with \_\_\_\_\_

They will help me by \_\_\_\_\_

I will help them by \_\_\_\_\_

# 10 WEEKS TO LEARN: BIBLE STUDY WORKSHEET

Based on PATHWAYS BIBLE STUDY METHOD by Alan Lewis, with adaptations by Gerhard deBock

Work through the steps, making notes on your observations and questions that need further study.

There are **FOUR KEY STATEMENTS** that you will write out: (1) **PASSAGE OUTLINE**, (2) **ORIGINAL READERS' MESSAGE STATEMENT**, (3) **PRESENT-DAY READERS' MESSAGE STATEMENT**, and (4) **YOUR APPLICATION STATEMENT**.



△ = How far a rookie will go through the steps each week, always beginning at the start.

ALWAYS START WITH PRAYER		OBSERVATIONS / QUESTIONS
1 PRAYERFULLY & CAREFULLY	Carefully Read/Listen to - if possible, the entire book or letter, to gain the big picture.	
	Carefully Read/Listen to the specific passage	
	What seems to be the overall message of the passage?	
2 ASK GOOD QUESTIONS	Who is the human author of the Scripture passage?	
	What do we know about him?	
	To whom is the passage addressed?	
	What do we know about them?	
	What is the author's purpose in writing the passage? Is it to warn? Admonish? Discipline? Instruct? Encourage? Inform? Something else?	
OBSERVE THE CONTEXT	What are the words or phrases in the passage that seem key? Can you define them as the author would have?	
	What insights do we gain from looking immediately before and after this passage?	
	Does the author of the book use the word elsewhere in his writings?	
	If so, does its use there shed light on the usage here?	
	What backgrounds would the author have in mind?	
	Are there things that the author seems to assume that the original readers would have understood?	
PRE-UNDER- STANDING?	Are there words that have a technical or semi-technical definition from earlier Biblical writings?	
	What were the assumptions and presuppositions we had about this passage and its subject BEFORE we started?	
3 LINKING WORDS?	<b>Commit to "STAY ON THE LINE"</b> <b>by not adding to the Word, nor taking away from it.</b>	
4 OBSERVE THE STRUCTURE & FLOW	Are there conjunctions that could be clues to the flow of the author's thought? Such as "and," "but," "since," "therefore," "in spite of," "so."	
	What are the main subjects of this passage?	
	What is the author saying about these subjects?	
	How do the subjects logically flow from one to another?	
	Are there other patterns such as comparisons or repetitions?	
	What is the author's purpose for including this passage in the whole flow of his work?	
5	<b>WRITE AN OUTLINE OF THE PASSAGE TRACING THE AUTHOR'S THOUGHT-FLOW:</b>	

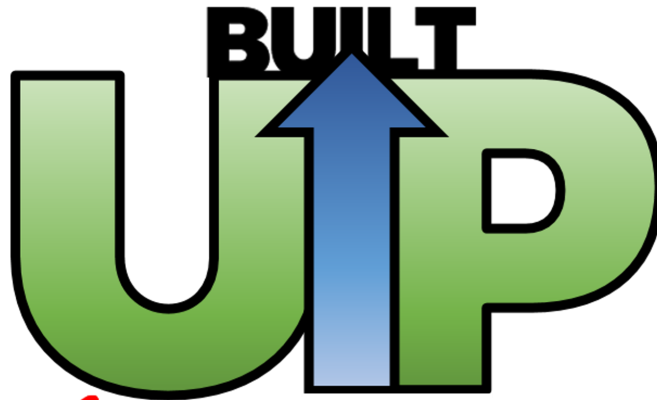


# 10 WEEKS TO LEARN: BIBLE STUDY WORKSHEET



CONTINUED FROM PREVIOUS PAGE

ALWAYS START WITH PRAYER		OBSERVATIONS / QUESTIONS
WRITE ORIGINAL READERS' MESSAGE STATEMENT	Do you have a sense of how God wanted to use the passage in the lives of the original readers?	
	Was it as a promise or assurance? A command? An example? A sin to avoid? A warning to heed?	
	Was it a truth about Himself, or the Church, or some other key topic?	
	Does your statement include the author's main points and his purpose for writing the passage?	
HOW AIM FITS THE SALVATION STORY	FOLLOW THE FLOW OF THOUGHT IN THE PASSAGE AND SUMMARIZE IT IN ONE SENTENCE. THIS IS YOUR ORIGINAL READERS' MESSAGE STATEMENT:	
	Where along the timeline of salvation history does this passage fall?	
	If the passage is from the Old Testament, how should our application differ from the original readers? <i>Consider what Jesus fulfilled in His life, death, and resurrection.</i>	
WRITE PRESENT-DAY READERS' MESSAGE STATEMENT	What other passages in the Bible have a similar theme to the one in this passage?	
	How is the Original Message Statement still for us today, as seen through the lens of the Bible's history of salvation?	
POSSIBLE APPLICATIONS	Does your message statement lead you to depend more upon and rejoice in Jesus?	
	WRITE A PRESENT-DAY READERS' MESSAGE STATEMENT:	
WRITE YOUR APPLICATION	<p><i>Using 2 Timothy 3:16-17 as a guide . . .</i></p> <p><b>TEACHING:</b> What's RIGHT in this passage about Who God is or what He has done; about who I am or what I am to do?</p> <p><b>REBUKING:</b> What's WRONG in my life that needs to change?</p> <p><b>CORRECTION:</b> How should I do, think or love differently?</p> <p><b>TRAINING:</b> What are my next steps?</p> <p>How/when should I take these next steps?</p>	
	Prayerfully choose the applications the Holy Spirit wants you to make at this time.	
WRITE OUT YOUR APPLICATION STATEMENT:		



*in Christ, together, for more!*

COURAGEOUS PASSION—EXPECTANT DELIGHT—KINGDOM PURPOSEFUL

## TRINITY FELLOWSHIP'S VISION 2022



WEB: [TRINITYINFO.ORG](http://TRINITYINFO.ORG)

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**TRINITY**  
FELLOWSHIP

**WIN  
&  
GROW**  
DISCIPLES  
WHO SHOW ALLEGIANCE TO  
**JESUS**

Trinity Fellowship Evangelical Free Church