


Fasting - Lent 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		February 16 	17 Ash Wednesday DAY 1	18 DAY 2	19 DAY 3	20 DAY 4
21 1st Sunday	22 DAY 5	23 DAY 6	24 DAY 7	25 DAY 8	26 DAY 9	27 DAY 10
28 2nd Sunday	March 1 DAY 11	2 DAY 12	3 DAY 13	4 DAY 14	5 DAY 15	6 DAY 16
7 3rd Sunday	8 DAY 17	9 DAY 18	10 DAY 19	11 DAY 20	12 DAY 21	13 DAY 22
14 4th Sunday	15 DAY 23	16 DAY 24	17 DAY 25	18 DAY 26	19 DAY 27	20 DAY 28
21 5th Sunday	22 DAY 29	23 DAY 30	24 DAY 31	25 DAY 32	26 DAY 33	27 DAY 34
28 Palm Sunday	29 DAY 35	30 DAY 36	31 DAY 37	April 1 DAY 38	2 GOOD FRIDAY DAY 39	3 DAY 40

4 EASTER SUNDAY	<p>Lent starts on Ash Wednesday and its observance lasts for 40 days, mirroring the 40 days that Jesus spent fasting in the wilderness before starting his ministry. (Sundays, are not fast days and are therefore not counted). This puts lent over a period of 46 days.</p> <p>Use this calendar to record fasting, and challenge goals</p>
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