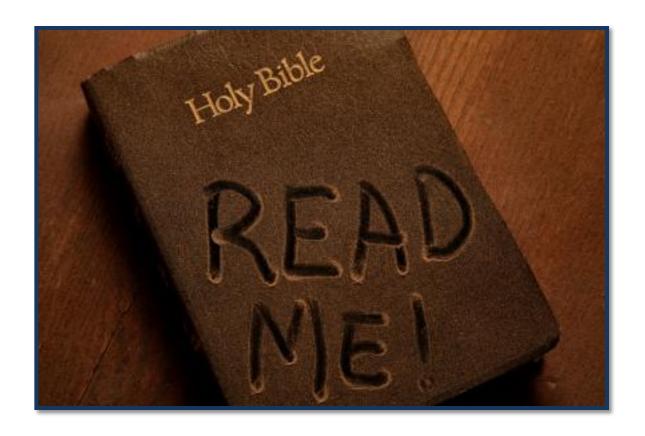
# **REVIVING YOUR SOUL**



The instructions of the Lord are perfect, reviving the soul. Psalm 19:7

Calvary Chapel Nuevo
DAILY DEVOTION JOURNAL

#### CALVARY CHAPEL NUEVO

P.O. BOX 1347 • NUEVO, CA 92567 (951) 928-8582 OFC • (951) 928-1710 FAX

FOR RESOURCES GO TO WWW.WORDBYMAIL.COM OR CALL (951) 928-8582

There may be nothing more powerful in our Christian life than spending quiet devotional time with God on a regular basis. This is where God's Word comes alive to us, where we hear Him speak to us, and where we find ourselves in a place to respond to Him.

The Daily Devotion Journal is designed to help you do just that. Pick a meaningful scripture, give yourself 20-30 minutes, and purposefully meet God in His Word and Prayer. Follow each step. Don't rush through it. Really commit to meet God during this time.

First, Pray. Slow down and make your heart ready to hear from God.

Then, <u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly, asking God to speak to you through His Word. If necessary, check the surrounding verses to help you understand the key scripture. You can also begin to <u>pray this scripture</u> while you're meditating on it. Start making this scripture a prayer for your life.

Next, write out the scripture in your own words. While you're writing, let the words sink in.

Now you're ready to <u>APPLY</u> this scripture to your life. Be personal and specific. Write down what area of your life The Holy Spirit is addressing though this scripture. How does this scripture specifically apply to your life? Be honest. Be real with God.

Next, decide what you going to <u>do</u>, today, in <u>RESPONSE</u> to this scripture? Maybe it's a physical action, maybe it's taking your thoughts captive, maybe it's choosing to respond in your heart according to God's Word. How are you going to respond to this scripture, today?

Finally, write out a prayer to God in response to this time with Him. Ask for the power of The Holy Spirit to make this scripture real in your life. Make your commitment to God, and thank Him for speaking to you through His Word.

Now, the final question is; How do you choose the scripture to use with the journal?

The best way is to come back to the Discipleship Resource Table on any Sunday and the people there will be glad to help you find appropriate scripture. You can also email me at <a href="mailto:shep@calvarynuevo.org">shep@calvarynuevo.org</a> and tell me what topic you're looking for scripture on, and we will send you scripture to use with your Daily Devotion Journal. You can also ask someone you consider a spiritual mentor to help you find appropriate scriptures.

You can download this journal page at <u>calvarynuevo.org</u>. Or you can ask us for journal books that come with 30 journal pages. We have journal books with no scripture, for you to put your own scripture in, and we also have 'topical' journal books, that come with 30 preprinted scriptures for you to spend 30 days on one specific subject with God.

Our 'topical' journal books have been a tremendous blessing to everyone who has used them. Please consider trying one in your quiet time with the Lord.

I promise you, God will meet you during this time. And if you will surrender all of your life to Him, and allow His Word to renew your mind, He will transform you.

Rom 12:1-2,

Pastor Dave

Journal thoughts and prayers	Date:

SCRIPTURE: 2 CHRONICLES 7:14	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart ready to else. Get alone with God.	o hear from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, carefully, repyou through His Word. Check surrounding verses to help understand	
Write out the key scripture in your own words. Let the words sin	nk in while you write.
APPLY - How does this scripture apply to YOUR LIFE today. What is God speaking to you, about your life, through this scripture	
RESPOND - What specific <u>actions</u> will you take today in	response to this scripture?
<u>PRAY</u> - Write your prayer to God in response to this scriptu	ıre.

Journal thoughts and prayers	Date:

SCRIPTURE:	PSALM 1:1-3	Date
<b>PRAY</b> - Slow Down else. Get alone with God		ready to hear from Him. Shut out everything
		ully, repeatedly. Pray God would speak to nderstand the key scripture If necessary.
Write out the key script	ture in your own words. Let the w	vords sink in while you write.
	<b>this scripture apply to <u>YOUR LIF</u></b> you, about your life, through this s	<b>E today?</b> Be specific and personal. cripture today.
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RESPOND - Wha	t specific <u>actions</u> will you take to	oday in response to this scripture?
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<u>PRAY</u> - Write your p	rayer to God in response to this	scripture.

Journal thoughts and prayers	Date:

SCRIPTURE: PSALM 37:3-5	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart read else. Get alone with God.	ly to hear from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, carefully, you through His Word. Check surrounding verses to help unders	
Write out the key scripture in your own words. Let the words	s sink in while you write.
APPLY - How does this scripture apply to YOUR LIFE to What is God speaking to you, about your life, through this script	
RESPOND - What specific <u>actions</u> will you take today	in response to this scripture?
$\overline{\mathcal{PRAY}}$ - Write your prayer to God in response to this scri	pture.

Journal thoughts and prayers	Date:

SCRIPTURE: PSALM 40:1	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart reelse. Get alone with God.	eady to hear from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, careful you through His Word. Check surrounding verses to help und	
Write out the key scripture in your own words. Let the wo	ords sink in while you write.
APPLY - How does this scripture apply to YOUR LIFE What is God speaking to you, about your life, through this scripture	
RESPOND - What specific <u>actions</u> will you take too	day in response to this scripture?
PRAY - Write your prayer to God in response to this s	cripture.

Journal thoughts and prayers	Date:

SCRIPTURE: PSALM 40:6-8	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart real else. Get alone with God.	ady to hear from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, carefully you through His Word. Check surrounding verses to help under	, repeatedly. Pray God would speak to erstand the key scripture If necessary.
Write out the key scripture in your own words. Let the word	ds sink in while you write.
APPLY - How does this scripture apply to YOUR LIFE to What is God speaking to you, about your life, through this scripture	
<b>RESPOND</b> - What specific <u>actions</u> will you take toda	ny in response to this scripture?
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<u>PRAY</u> - Write your prayer to God in response to this scr	ripture.

Journal thoughts and prayers	Date:

SCRIPTURE: PSALM 42:1-2	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart reelse. Get alone with God.	eady to hear from Him. Shut out everything
MEDITATE on the scripture. Read it slowly, careful you through His Word. Check surrounding verses to help und	
Write out the key scripture in your own words. Let the wo	ords sink in while you write.
APPLY - How does this scripture apply to YOUR LIFE What is God speaking to you, about your life, through this sc	
<b>RESPOND</b> - What specific <u>actions</u> will you take too	day in response to this scripture?
<u>PRAY</u> - Write your prayer to God in response to this s	cripture.

Journal thoughts and prayers	Date:

SCRIPTURE: PSALM 51:10-12	Date
<b>PRAY</b> - Slow Down. Pray God would make your hear else. Get alone with God.	t ready to hear from Him. Shut out everything
MEDITATE on the scripture. Read it slowly, care you through His Word. Check surrounding verses to help u	fully, repeatedly. Pray God would speak to understand the key scripture If necessary.
Write out the key scripture in your own words. Let the	words sink in while you write.
APPLY - How does this scripture apply to YOUR LI	
RESPOND - What specific <u>actions</u> will you take t	today in response to this scripture?
<u>PRAY</u> - Write your prayer to God in response to this	s scripture.

Journal thoughts and prayers	Date:

SCRIPTURE: PSALM 19:7-8	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart reelse. Get alone with God.	eady to hear from Him. Shut out everything
MEDITATE on the scripture. Read it slowly, careful you through His Word. Check surrounding verses to help und	lly, repeatedly. Pray God would speak to derstand the key scripture If necessary.
Write out the key scripture in your own words. Let the wo	ords sink in while you write.
APPLY - How does this scripture apply to YOUR LIFE What is God speaking to you, about your life, through this sc	
RESPOND - What specific <u>actions</u> will you take to	day in response to this scripture?
	<u> </u>
PRAY - Write your prayer to God in response to this s	scripture.

Journal thoughts and prayers	Date:

SCRIPTURE: PSALM 119:11	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart re else. Get alone with God.	eady to hear from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, carefully you through His Word. Check surrounding verses to help under	
Write out the key scripture in your own words. Let the wor	rds sink in while you write.
APPLY - How does this scripture apply to YOUR LIFE What is God speaking to you, about your life, through this scri	
<u><b>RESPOND</b></u> - What specific <u>actions</u> will you take tod	lay in response to this scripture?
PRAY - Write your prayer to God in response to this so	cripture.

Journal thoughts and prayers	Date:

SCRIPTURE:	PSALM 119:105	Date
PRAY - Slow Down else. Get alone with Goo		ready to hear from Him. Shut out everything
		ully, repeatedly. Pray God would speak to derstand the key scripture If necessary.
Write out the key scrip	ture in your own words. Let the w	ords sink in while you write.
	this scripture apply to <u>YOUR LIF</u> you, about your life, through this so	<b>E</b> today? Be specific and personal. cripture today.
<i>RESPOND</i> - Wha	t specific <u>actions</u> will you take to	oday in response to this scripture?
PRAY Write your n	ayer to God in response to this s	corinturo
Terti - Write your pr	ayer to God in response to this s	scripture.

Journal thoughts and prayers	Date:

SCRIPTURE: PROVERBS 3:5-6	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart re else. Get alone with God.	ady to hear from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, carefully you through His Word. Check surrounding verses to help under	
Write out the key scripture in your own words. Let the wor	ds sink in while you write.
APPLY - How does this scripture apply to YOUR LIFE What is God speaking to you, about your life, through this scri	
RESPOND - What specific <u>actions</u> will you take tod	ay in response to this scripture?
00 4V	
PRAY - Write your prayer to God in response to this so	ripture.

Journal thoughts and prayers	Date:

SCRIPTURE: 19	SAIAH 40:31	Date
<b>PRAY</b> - Slow Down. Prelse. Get alone with God.	<sup>-</sup> ay God would make yoເ	ur heart ready to hear from Him. Shut out everything
MEDITATE on the you through His Word. Chec	scripture. Read it slowl ck surrounding verses to	y, carefully, repeatedly. Pray God would speak to help understand the key scripture If necessary.
Write out the key scripture	e in your own words. L	et the words sink in while you write.
APPLY - How does this What is God speaking to yo		DUR LIFE today? Be specific and personal.  The property of this scripture today.
RESPOND - What s	pecific <u>actions</u> will yοι	ı take today in response to this scripture?
<u>PRAY</u> - Write your pray	er to God in response	to this scripture.

Journal thoughts and prayers	Date:

SCRIPTURE: ISAIAH 43:2-3	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart else. Get alone with God.	t ready to hear from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, caref you through His Word. Check surrounding verses to help u	
Write out the key scripture in your own words. Let the v	words sink in while you write.
APPLY - How does this scripture apply to YOUR LIFE What is God speaking to you, about your life, through this s	
RESPOND - What specific <u>actions</u> will you take t	oday in response to this scripture?
·	
<u>PRAY</u> - Write your prayer to God in response to this	scripture.

Journal thoughts and prayers	Date:

SCRIPTURE:	ISAIAH 57:15	Date
<u>PRAY</u> - Slow Down else. Get alone with God		rt ready to hear from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, carefully, repeatedly. Pray God would speak to you through His Word. Check surrounding verses to help understand the key scripture If necessary.		
Write out the key scrip	ture in your own words. Let the	words sink in while you write.
	this scripture apply to <u>YOUR L</u> you, about your life, through this	IFE today? Be specific and personal. scripture today.
<u>RESPOND</u> - Wha	t specific <u>actions</u> will you take	today in response to this scripture?
PRAY - Write your p	rayer to God in response to thi	s scripture.

Journal thoughts and prayers	Date:

SCR1PTURE: JEREMIAH 29:11-13	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart ready to else. Get alone with God.	o hear from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, carefully, repoyou through His Word. Check surrounding verses to help understand	
Write out the key scripture in your own words. Let the words sin	nk in while you write.
APPLY - How does this scripture apply to YOUR LIFE today What is God speaking to you, about your life, through this scripture	
<b>RESPOND</b> - What specific <u>actions</u> will you take today in	response to this scripture?
<u>PRAY</u> - Write your prayer to God in response to this scriptu	re.

Journal thoughts and prayers	Date:

SCRIPTURE: HOSEA 10:12	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart real else. Get alone with God.	ady to hear from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, carefully you through His Word. Check surrounding verses to help under	
Write out the key scripture in your own words. Let the word	ds sink in while you write.
APPLY - How does this scripture apply to YOUR LIFE to What is God speaking to you, about your life, through this scripture	
	and the second s
RESPOND - What specific actions will you take toda	ay in response to this scripture?
<u>PRAY</u> - Write your prayer to God in response to this sc	ripture.

Journal thoughts and prayers	Date:

SCRIPTURE:	MICAH 7:19	Date
PRAY - Slow Down else. Get alone with God		rt ready to hear from Him. Shut out everything
		efully, repeatedly. Pray God would speak to understand the key scripture If necessary.
Write out the key scrip	ture in your own words. Let the	words sink in while you write.
	this scripture apply to <u>YOUR L</u> you, about your life, through this	.IFE today? Be specific and personal. scripture today.
<u>RESPOND</u> - Wha	t specific <u>actions</u> will you take	today in response to this scripture?
<i>PRAY</i> - Write your p	rayer to God in response to thi	s scripture.

Journal thoughts and prayers	Date:

SCRIPTURE: ZECHARIAH 4:6	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart ready to hear else. Get alone with God.	r from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, carefully, repeated you through His Word. Check surrounding verses to help understand the	ly. Pray God would speak to key scripture If necessary.
Write out the key scripture in your own words. Let the words sink in v	vhile you write.
<u>APPLY</u> - How does this scripture apply to <u>YOUR LIFE</u> today? Be What is God speaking to you, about your life, through this scripture today	
<b>RESPOND</b> - What specific <u>actions</u> will you take today in resp	onse to this scripture?
PRAY - Write your prayer to God in response to this scripture.	

Journal thoughts and prayers	Date:

SCRIPTURE: MATTHEW 22:36-39	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart ready to else. Get alone with God.	o hear from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, carefully, repoyou through His Word. Check surrounding verses to help understand	
Write out the key scripture in your own words. Let the words sin	nk in while you write.
APPLY - How does this scripture apply to YOUR LIFE today What is God speaking to you, about your life, through this scripture	
<b>RESPOND</b> - What specific <u>actions</u> will you take today in	response to this scripture?
<u>PRAY</u> - Write your prayer to God in response to this scriptu	re.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	JOHN 15:4	Date
<u>PRAY</u> - Slow Down else. Get alone with Go		eart ready to hear from Him. Shut out everything
		arefully, repeatedly. Pray God would speak to p understand the key scripture If necessary.
Write out the key scrip	ture in your own words. Let th	ne words sink in while you write.
	this scripture apply to <u>YOUR</u> o you, about your life, through th	<b>LIFE today?</b> Be specific and personal. his scripture today.
RESPOND - Wha	at specific <u>actions</u> will you tal	re today in response to this scripture?
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<u>PRAY</u> - Write your p	rayer to God in response to t	his scripture.

Journal thoughts and prayers	Date:

SCRIPTURE: ROMA	<u> NS 8:38-39</u>	Date
<b>PRAY</b> - Slow Down. Pray God else. Get alone with God.	would make your heart r	eady to hear from Him. Shut out everything
MEDITATE on the scriptur you through His Word. Check surrou	r <b>e.</b> Read it slowly, carefu unding verses to help un	lly, repeatedly. Pray God would speak to derstand the key scripture If necessary.
Write out the key scripture in you	r own words. Let the wo	ords sink in while you write.
APPLY - How does this scripts What is God speaking to you, about		
RESPOND - What specific a	ı <u>ctions</u> will you take to	day in response to this scripture?
N		
PRAY - Write your prayer to Go	od in response to this s	scripture.
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Journal thoughts and prayers	Date:

SCRIPTURE: 2 CORINTHIANS 9:8	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart ready to else. Get alone with God.	o hear from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, carefully, repoyou through His Word. Check surrounding verses to help understand	eatedly. Pray God would speak to nd the key scripture If necessary.
Write out the key scripture in your own words. Let the words sin	nk in while you write.
APPLY - How does this scripture apply to YOUR LIFE today What is God speaking to you, about your life, through this scripture	
<b>RESPOND</b> - What specific <u>actions</u> will you take today in	response to this scripture?
<u>PRAY</u> - Write your prayer to God in response to this scriptu	re.

Journal thoughts and prayers	Date:

SCRIPTURE: GALATIANS 2:20	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart real else. Get alone with God.	ady to hear from Him. Shut out everything
MEDITATE on the scripture. Read it slowly, carefully you through His Word. Check surrounding verses to help under	y, repeatedly. Pray God would speak to erstand the key scripture If necessary.
Write out the key scripture in your own words. Let the work	ds sink in while you write.
APPLY - How does this scripture apply to YOUR LIFE What is God speaking to you, about your life, through this scri	
RESPOND - What specific <u>actions</u> will you take toda	ay in response to this scripture?
PRAY - Write your prayer to God in response to this sc	ripture.

Journal thoughts and prayers	Date:

SCRIPTURE: PHILIPPIANS 1:20-21	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart ready else. Get alone with God.	to hear from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, carefully, reyou through His Word. Check surrounding verses to help understa	
Write out the key scripture in your own words. Let the words s	ink in while you write.
APPLY - How does this scripture apply to YOUR LIFE toda What is God speaking to you, about your life, through this scripture	
RESPOND - What specific <u>actions</u> will you take today in	n response to this scripture?
PRAY - Write your prayer to God in response to this script	IIre
7 707 VI	ure.

Journal thoughts and prayers	Date:

SCRIPTURE: P	PHILIPPIANS 2:13-14	Date
<u>PRAY</u> - Slow Down. P else. Get alone with God.	ray God would make your heart ready t	to hear from Him. Shut out everything
	scripture. Read it slowly, carefully, reports ck surrounding verses to help understa	
Write out the key scriptur	e in your own words. Let the words si	ink in while you write.
	s scripture apply to <u>YOUR LIFE</u> toda ou, about your life, through this scripture	
RESPOND - What s	pecific <u>actions</u> will you take today ir	n response to this scripture?
PRAY - Write your pray	rer to God in response to this script	ure.

Journal thoughts and prayers	Date:

SCRIPTURE: PHILIPPIANS 4:6	Date
<b>PRAY</b> - Slow Down. Pray God would make your helse. Get alone with God.	neart ready to hear from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, of you through His Word. Check surrounding verses to he	
Write out the key scripture in your own words. Let	the words sink in while you write.
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APPLY - How does this scripture apply to YOUI What is God speaking to you, about your life, through t	
RESPOND - What specific <u>actions</u> will you ta	ake today in response to this scripture?
PRAY - Write your prayer to God in response to	this scripture.

Journal thoughts and prayers	Date:

SCRIPTURE:	1 TIMOTHY 4:7-8	Date
<u>PRAY</u> - Slow Down else. Get alone with God		eady to hear from Him. Shut out everything
		lly, repeatedly. Pray God would speak to derstand the key scripture If necessary.
Write out the key script	ture in your own words. Let the wo	ords sink in while you write.
	this scripture apply to <u>YOUR LIFE</u> you, about your life, through this sc	
RESPOND - Wha	t specific <u>actions</u> will you take to	day in response to this scripture?
<u>PRAY</u> - Write your pr	ayer to God in response to this s	cripture.

Journal thoughts and prayers	Date:

SCRIPTURE: 2 TIMOTHY 1:6-7	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart release. Get alone with God.	ready to hear from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, careful you through His Word. Check surrounding verses to help un	
Write out the key scripture in your own words. Let the we	ords sink in while you write.
APPLY - How does this scripture apply to YOUR LIFE What is God speaking to you, about your life, through this so	
<u>RESPOND</u> - What specific <u>actions</u> will you take to	oday in response to this scripture?
<u>PRAY</u> - Write your prayer to God in response to this s	scripture.

Journal thoughts and prayers	Date:

SCRIPTURE: HEBREWS 12:1	Date
PRAY - Slow Down. Pray God would make your heart r	
else. Get alone with God.	ready to hear non-rinn. Onde out everything
<b>MEDITATE</b> on the scripture. Read it slowly, careful you through His Word. Check surrounding verses to help un	
Write out the key scripture in your own words. Let the we	ords sink in while you write.
<u>APPLY</u> - How does this scripture apply to <u>YOUR LIFI</u> What is God speaking to you, about your life, through this so	
RESPOND - What specific actions will you take to	oday in response to this scripture?
<u>PRAY</u> - Write your prayer to God in response to this s	scripture.

Journal thoughts and prayers	Date:

SCRIPTURE: HEBREWS 12:2	Date
<b>PRAY</b> - Slow Down. Pray God would make your heart ready to he else. Get alone with God.	ar from Him. Shut out everything
<b>MEDITATE</b> on the scripture. Read it slowly, carefully, repeate you through His Word. Check surrounding verses to help understand the	
Write out the key scripture in your own words. Let the words sink in	ı while you write.
APPLY - How does this scripture apply to YOUR LIFE today? E What is God speaking to you, about your life, through this scripture tod	
<b>RESPOND</b> - What specific <u>actions</u> will you take today in res	ponse to this scripture?
<u>PRAY</u> - Write your prayer to God in response to this scripture.	