

Matthew 3:2 "Repent of your sins and turn to God, for the Kingdom of Heaven is near."

# CALVARY CHAPEL NUEVO Daily Devotion Journal

#### **REPENTANCE**

#### **CALVARY CHAPEL NUEVO**

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#### **The Road Map**

In today's culture of self-esteem, we have a tendency to think highly of ourselves. "I'm not that bad!," seems to be a mantra we hear quite often. Maybe we aren't that bad... But we're not perfectly good either. This is where repentance becomes important.

Repentance is defined as, "a **change of mind** [and heart] **leading to a change of action**. It involves a sincere **turning from sin towards God** and includes **sorrow** for, and **confession** of, sin and where possible **restitution**. Biblically, it is vital that we acknowledge that we are sinners and then turn from that lifestyle towards the life God desires for us. However, repentance isn't just for salvation though it is necessary for salvation. Repentance starts at salvation but the attitude of repentance continues on through our lives and various relationships.

In this 30-day journal you will see the seven points in the above definition spelled out biblically. It will look like this:

- 1.) Change of mind and heart.
- 2.) Sorrow for sin.
- 3.) Turning from sin.
- 4.) Turning toward God.
- 5.) Confession of sin.
- 6.) Change of action.
- 7.) Restitution to those you sinned against.

These are in no sequential order. More important is that all the elements are present.

May God give you the strength to have a sincerely repentant life before Him.

God Bless you!

There may be nothing more powerful in our Christian life than spending quiet devotional time with God on a regular basis. This is where God's Word comes alive to us, where we hear Him speak to us, and where we find ourselves in a place to respond to Him.

The Daily Devotion Journal is designed to help you do just that. Pick a meaningful scripture, give yourself 20-30 minutes, and purposefully meet God in His Word and Prayer. Follow each step. Don't rush through it. Really commit to meet God during this time.

First, Pray. Slow down and make your heart ready to hear from God.

Then, <u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly, asking God to speak to you through His Word. If necessary, check the surrounding verses to help you understand the key scripture. You can also begin to <u>pray this scripture</u> while you're meditating on it. Start making this scripture a prayer for your life.

Next, write out the scripture in your own words. While you're writing, let the words sink in.

Now you're ready to <u>APPLY</u> this scripture to your life. Be personal and specific. Write down what area of your life The Holy Spirit is addressing though this scripture. How does this scripture specifically apply to your life? Be honest. Be real with God.

Next, decide what you going to <u>do</u>, today, in <u>RESPONSE</u> to this scripture? Maybe it's a physical action, maybe it's taking your thoughts captive, maybe it's choosing to respond in your heart according to God's Word. How are you going to respond to this scripture, today?

Finally, write out a prayer to God in response to this time with Him. Ask for the power of The Holy Spirit to make this scripture real in your life. Make your commitment to God, and thank Him for speaking to you through His Word.

Now, the final question is; How do you choose the scripture to use with the journal?

The best way is to come back to the Discipleship Resource Table on any Sunday and the people there will be glad to help you find appropriate scripture. You can also email me at <a href="mailto:shep@calvarynuevo.org">shep@calvarynuevo.org</a> and tell me what topic you're looking for scripture on, and we will send you scripture to use with your Daily Devotion Journal. You can also ask someone you consider a spiritual mentor to help you find appropriate scriptures.

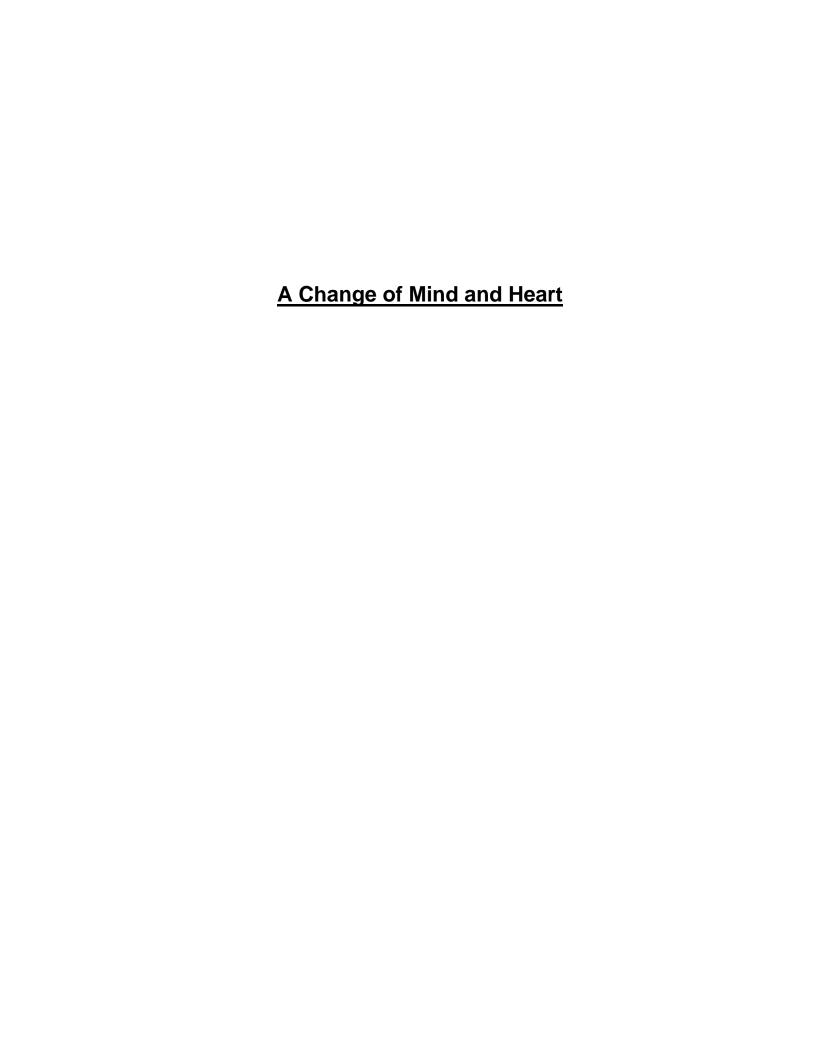
You can download this journal page at <u>calvarynuevo.org</u>. Or you can ask us for journal books that come with 30 journal pages. We have journal books with no scripture, for you to put your own scripture in, and we also have 'topical' journal books, that come with 30 preprinted scriptures for you to spend 30 days on one specific subject with God.

Our 'topical' journal books have been a tremendous blessing to everyone who has used them. Please consider trying one in your quiet time with the Lord.

I promise you, God will meet you during this time. And if you will surrender all of your life to Him, and allow His Word to renew your mind, He will transform you.

Rom 12:1-2,

Pastor Dave



Journal thoughts and prayers	Date:

## Daily Devotion Journal Luke 5:31-32 Date

<u>SCRIPTURE</u> :	<b>Luke 5:31-32</b>	Date
PRAY - Slow Down. Pray Go else. Get alone with God.	od would make your heart ready to	hear from Him. Shut out everything
		eatedly. Check surrounding verses to is scripture into a prayer for your life.
Write out the key scripture in y	our own words. Continue to make	e this scripture your prayer.
	i <b>pture apply to <u>YOUR LIFE</u> today</b> out your life, through this scripture	
RESPOND - What specifi	ic <u>actions</u> will you take today in	response to this scripture?
<u>PRAY</u> - Write your prayer to	God in response to this scriptu	re.

<u>Journal th</u>	oughts and prayers	Date:
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<u>SCRIPTURE</u> :	<u>Mark 7:20-23</u>	Date
<u>PRAY</u> - Slow Down. Pray Go else. Get alone with God.	od would make your heart ready to he	ear from Him. Shut out everything
	t <b>ure.</b> Read it slowly, carefully, repeate ture if necessary. Begin to turn this s	
Write out the key scripture in yo	our own words. Continue to make th	nis scripture your prayer.
	pture apply to <u>YOUR LIFE</u> today? E	
<u>RESPOND</u> - What specific	c <u>actions</u> will you take today in res	sponse to this scripture?
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- Write your prayer to	God in response to this scripture.	

Journal thoughts and prayers	Date:

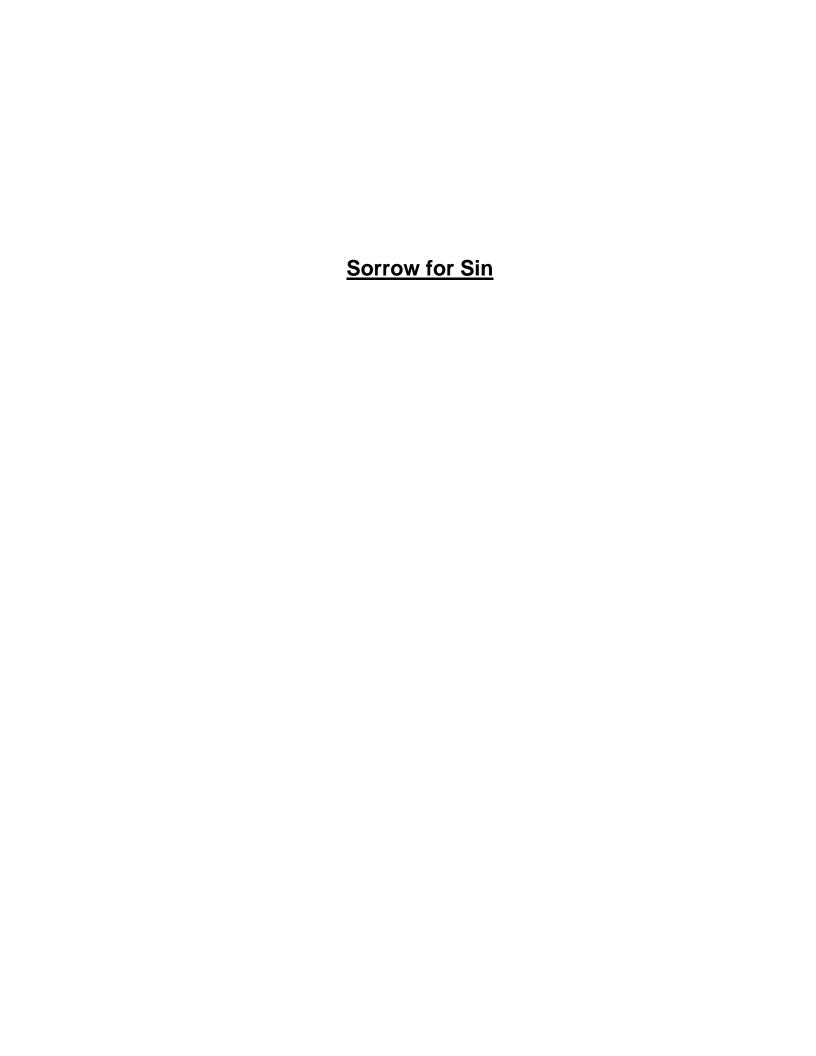
<u>SCRIPTURE</u> :	<b>Romans 2:5-8</b>	Date
<u>PRAY</u> - Slow Down. Pray Go else. Get alone with God.	od would make your heart ready to l	near from Him. Shut out everything
	<b>ture.</b> Read it slowly, carefully, repea oture if necessary. Begin to turn this	
Write out the key scripture in y	our own words. Continue to make	this scripture your prayer.
	pture apply to <u>YOUR LIFE</u> today? out your life, through this scripture to	
<u>RESPOND</u> - What specifi	ic <u>actions</u> will you take today in re	esponse to this scripture?
<u>PRAY</u> - Write your prayer to	God in response to this scripture	) <b>.</b>

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>Jeremiah 24:7</u>	Date
<u>PRAY</u> - Slow Down. Pray God else. Get alone with God.	I would make your heart ready to I	near from Him. Shut out everything
MEDITATE on the scriptumely you understand the key scriptumely		
Write out the key scripture in you	ur own words. Continue to make	this scripture your prayer.
APPLY - How does this script What is God speaking to you, abou		
<u>RESPOND</u> - What specific	actions will you take today in re	esponse to this scripture?
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<u>PRAY</u> - Write your prayer to G	od in response to this scripture	·
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Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<b>Ezekiel 18:30-32</b>	Date
<b>PRAY</b> - Slow Down. Pray Go else. Get alone with God.	od would make your heart ready to l	hear from Him. Shut out everything
		atedly. Check surrounding verses to scripture into a prayer for your life.
Write out the key scripture in yo	our own words. Continue to make	this scripture your prayer.
	pture apply to <u>YOUR LIFE</u> today? out your life, through this scripture to	
<u>RESPOND</u> - What specifie	c <u>actions</u> will you take today in re	esponse to this scripture?
<u>PRAY</u> - Write your prayer to	God in response to this scripture	<b>&gt;.</b>



Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>James 4:8-10</u>	Date
<u>PRAY</u> - Slow Down. Pray Go else. Get alone with God.	od would make your heart ready to	hear from Him. Shut out everything
		eatedly. Check surrounding verses to s scripture into a prayer for your life.
Write out the key scripture in y	our own words. Continue to make	e this scripture your prayer.
	pture apply to <u>YOUR LIFE</u> today out your life, through this scripture	
RESPOND - What specifi	c <u>actions</u> will you take today in	response to this scripture?
PRAY - Write your prayer to	God in response to this scriptu	·e.

Journal thoughts and prayers	Date:

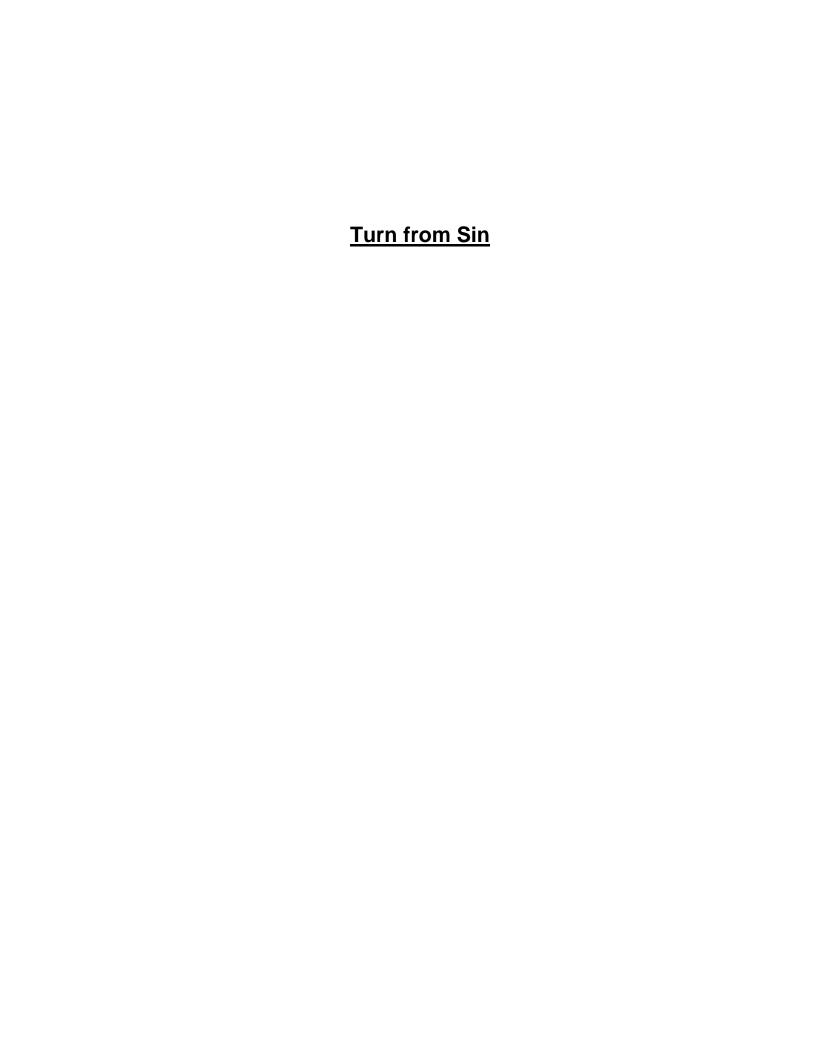
<u>SCRIPTURE</u> :	2 Corinthians 7:8-11	Date
PRAY - Slow Down. Pray of else. Get alone with God.	God would make your heart ready to he	ar from Him. Shut out everything
	ipture. Read it slowly, carefully, repeate ripture if necessary. Begin to turn this s	
Write out the key scripture in	your own words. Continue to make th	is scripture your prayer.
	r <b>ipture apply to <u>YOUR LIFE</u> today?</b> E bout your life, through this scripture tod	
RESPOND - What spec	ific <u>actions</u> will you take today in res	ponse to this scripture?
<u>PRAY</u> - Write your prayer t	o God in response to this scripture.	
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Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	Luke 18:13 (Review vv.9-14)	Date
<u>PRAY</u> - Slow Down. Pray else. Get alone with God.	God would make your heart ready to hear from	n Him. Shut out everything
	ripture. Read it slowly, carefully, repeatedly. Coripture if necessary. Begin to turn this scripture	
Write out the key scripture in	your own words. Continue to make this scrip	oture your prayer.
	cripture apply to <u>YOUR LIFE</u> today? Be specabout your life, through this scripture today.	cific and personal.
RESPOND - What spec	cific <u>actions</u> will you take today in response	e to this scripture?
PRAY - Write your prayer	to God in response to this scripture.	

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<b>Luke 7:37-38 (Review vv.36-50)</b> Date
<u>PRAY</u> - Slow Down. else. Get alone with God.	Pray God would make your heart ready to hear from Him. Shut out everything
	e scripture. Read it slowly, carefully, repeatedly. Check surrounding verses to ey scripture if necessary. Begin to turn this scripture into a prayer for your life
Write out the key scriptu	re in your own words. Continue to make this scripture your prayer.
	nis scripture apply to <u>YOUR LIFE</u> today? Be specific and personal.  You, about your life, through this scripture today.
RESPOND - What	specific <u>actions</u> will you take today in response to this scripture?
PRAY - Write your pra	ayer to God in response to this scripture.



Journal thoughts and prayers	Date:

SCRIPTURE:	<u>Psalm 34:14</u>	Date
<b>PRAY</b> - Slow Down. Pray God else. Get alone with God.	d would make your heart ready to	hear from Him. Shut out everything
		eatedly. Check surrounding verses to is scripture into a prayer for your life.
Write out the key scripture in you	ur own words. Continue to make	e this scripture your prayer.
APPLY - How does this scrip What is God speaking to you, abou		
<u>RESPOND</u> - What specific	actions will you take today in	response to this scripture?
PRAY - Write your prayer to G	od in response to this scriptu	re.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u> Ezekiel 14:6</u>	Date
<b>PRAY</b> - Slow Down. Pray God else. Get alone with God.	I would make your heart ready to h	near from Him. Shut out everything
MEDITATE on the scriptumely help you understand the key scriptumely		
Write out the key scripture in you	ur own words. Continue to make t	this scripture your prayer.
APPLY - How does this script What is God speaking to you, about		
<u>RESPOND</u> - What specific	actions will you take today in re	esponse to this scripture?
<u>PRAY</u> - Write your prayer to G	od in response to this scripture	

Journal thoughts and prayers	Date:

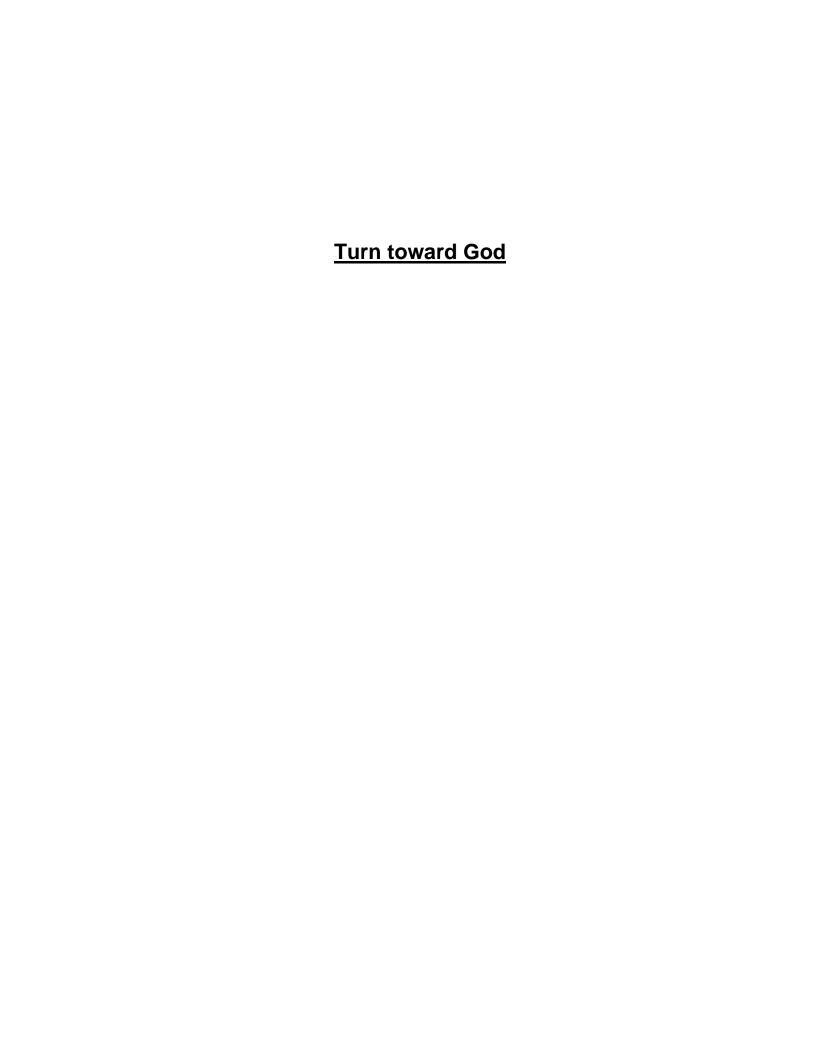
<u>SCRIPTURE</u> :	<u>1 Kings 8:46-50</u>	Date
<b>PRAY</b> - Slow Down. Pray Gelse. Get alone with God.	od would make your heart ready to h	ear from Him. Shut out everything
	<b>oture.</b> Read it slowly, carefully, repea ipture if necessary. Begin to turn this	
Write out the key scripture in y	your own words. Continue to make t	his scripture your prayer.
	ripture apply to <u>YOUR LIFE</u> today? sout your life, through this scripture to	
<u>RESPOND</u> - What specif	fic <u>actions</u> will you take today in re	sponse to this scripture?
<u>PRAY</u> - Write your prayer to	God in response to this scripture	

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u> Galatians 5:19-21</u>	Date
<u>PRAY</u> - Slow Down. Pray Go else. Get alone with God.	od would make your heart ready to h	ear from Him. Shut out everything
	ture. Read it slowly, carefully, repeature if necessary. Begin to turn this	
Write out the key scripture in yo	our own words. Continue to make t	his scripture your prayer.
	pture apply to <u>YOUR LIFE</u> today? out your life, through this scripture to	
<u>RESPOND</u> - What specific	c <u>actions</u> will you take today in re	sponse to this scripture?
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<u>PKAY</u> - Write your prayer to	God in response to this scripture.	

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<b>Ezekiel 18:21-23</b>	Date
<b>PRAY</b> - Slow Down. Pray G else. Get alone with God.	od would make your heart ready to he	ar from Him. Shut out everything
	oture. Read it slowly, carefully, repeated pture if necessary. Begin to turn this s	
Write out the key scripture in y	our own words. Continue to make th	is scripture your prayer.
	ipture apply to <u>YOUR LIFE</u> today? E out your life, through this scripture tod	
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- What specif	ic <u>actions</u> will you take today in res	ponse to this scripture?
<u>PRAY</u> - Write your prayer to	God in response to this scripture.	



Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>Isaiah 55:6-7</u>	Date
<u>PRAY</u> - Slow Down. Pray G else. Get alone with God.	od would make your heart ready to l	hear from Him. Shut out everything
	ture. Read it slowly, carefully, repea oture if necessary. Begin to turn this	
Write out the key scripture in y	our own words. Continue to make	this scripture your prayer.
	ipture apply to <u>YOUR LIFE</u> today? out your life, through this scripture to	
RESPOND - What specif	ic <u>actions</u> will you take today in re	esponse to this scripture?
	<u> </u>	
PRAY - Write your prayer to	God in response to this scripture	<b>.</b>

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	Romans 2:4	Date
<b>PRAY</b> - Slow Down. Pray God velse. Get alone with God.	would make your heart ready t	o hear from Him. Shut out everything
		eatedly. Check surrounding verses to nis scripture into a prayer for your life.
Write out the key scripture in your	own words. Continue to mak	te this scripture your prayer.
APPLY - How does this scriptu What is God speaking to you, about		
<u>RESPOND</u> - What specific <u>a</u>	ctions will you take today in	response to this scripture?
<u>PRAY</u> - Write your prayer to Go	d in response to this scriptu	ıre.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	Malachi 3:7	Date
<b>PRAY</b> - Slow Down. Pray Go else. Get alone with God.	d would make your heart ready to	hear from Him. Shut out everything
		eatedly. Check surrounding verses to s scripture into a prayer for your life.
Write out the key scripture in yo	our own words. Continue to make	this scripture your prayer.
APPLY - How does this scrip What is God speaking to you, abou		
<u>RESPOND</u> - What specific	actions will you take today in r	response to this scripture?
PRAY - Write your prayer to 0	Sad in recognition to this conjucture	
- Write your prayer to C	od in response to this scriptur	e. 

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	Acts 14:15	Date
<b>PRAY</b> - Slow Down. Pray Go else. Get alone with God.	od would make your heart ready to	hear from Him. Shut out everything
		eatedly. Check surrounding verses to s scripture into a prayer for your life.
Write out the key scripture in yo	our own words. Continue to make	e this scripture your prayer.
APPLY - How does this scrip What is God speaking to you, abo		
RESPOND - What specific	c <u>actions</u> will you take today in	response to this scripture?
<u>PRAY</u> - Write your prayer to	God in response to this scriptur	·e.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>Isaiah 30:15</u>	Date
<b>PRAY</b> - Slow Down. Pray G else. Get alone with God.	od would make your heart ready to I	hear from Him. Shut out everything
	ture. Read it slowly, carefully, repea	
Write out the key scripture in y	our own words. Continue to make	this scripture your prayer.
	ipture apply to <u>YOUR LIFE</u> today? out your life, through this scripture to	
RFSPOND - What specif	ic <u>actions</u> will you take today in re	osponso to this scripturo?
- What specif	ic <u>actions</u> will you take today in re	esponse to this scripture?
<u>PRAY</u> - Write your prayer to	God in response to this scripture	<b>).</b>



Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	Proverbs 28:13	Date
<b>PRAY</b> - Slow Down. Pray God else. Get alone with God.	d would make your heart ready to he	ear from Him. Shut out everything
	ure. Read it slowly, carefully, repeateure if necessary. Begin to turn this s	
Write out the key scripture in yo	ur own words. Continue to make th	nis scripture your prayer.
	ture apply to <u>YOUR LIFE</u> today? Eut your life, through this scripture too	
<u>RESPOND</u> - What specific	actions will you take today in res	sponse to this scripture?
<u>PRAY</u> - Write your prayer to 0	God in response to this scripture.	

Journal thoughts and prayers	Date:

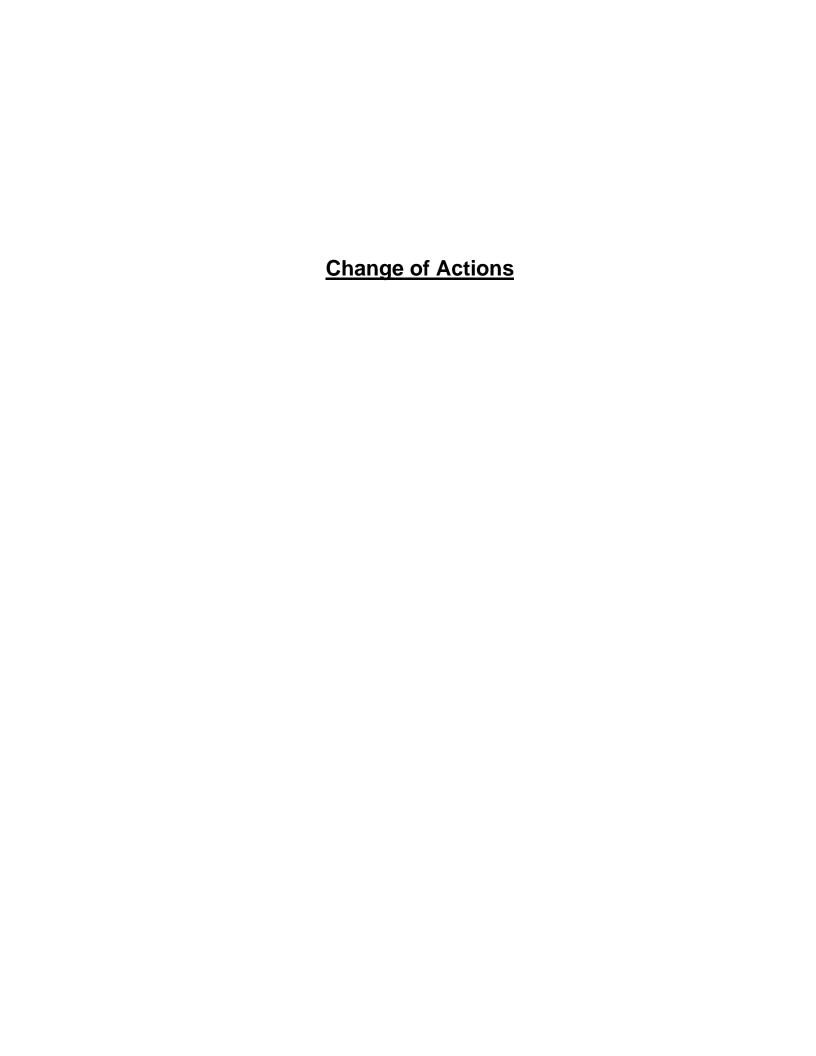
<u>SCRIPTURE</u> :	<u>Job 13:23</u>	Date
<u>PRAY</u> - Slow Down. Pray God else. Get alone with God.	d would make your heart ready to	hear from Him. Shut out everything
		eatedly. Check surrounding verses to s scripture into a prayer for your life.
Write out the key scripture in yo	ur own words. Continue to make	e this scripture your prayer.
APPLY - How does this scrip What is God speaking to you, abou		
<u>RESPOND</u> - What specific	actions will you take today in i	response to this scripture?
<u>PRAY</u> - Write your prayer to 0	God in response to this scriptur	e.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u> 1 John 1:5-10</u>	Date
<b>PRAY</b> - Slow Down. Pray God welse. Get alone with God.	ould make your heart ready to	hear from Him. Shut out everything
MEDITATE on the scripture help you understand the key scripture		
Write out the key scripture in your	own words. Continue to make	this scripture your prayer.
APPLY - How does this scripture What is God speaking to you, about y		
<u>RESPOND</u> - What specific <u>ac</u>	ctions will you take today in r	response to this scripture?
200 4V		
<u>PRAY</u> - Write your prayer to God	d in response to this scripture	e. 

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>James 5:16</u>	Date
<u>PRAY</u> - Slow Down. Pray Go else. Get alone with God.	d would make your heart ready to	hear from Him. Shut out everything
		eatedly. Check surrounding verses to is scripture into a prayer for your life.
Write out the key scripture in yo	our own words. Continue to make	e this scripture your prayer.
APPLY - How does this scrip What is God speaking to you, abo		
RESPOND - What specific	c <u>actions</u> will you take today in	response to this scripture?
<u>PRAY</u> - Write your prayer to 0	God in response to this scriptu	re.



Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	Matthew 3:8	Date
<b>PRAY</b> - Slow Down. Pray God we else. Get alone with God.	ould make your heart ready	to hear from Him. Shut out everything
		peatedly. Check surrounding verses to his scripture into a prayer for your life.
Write out the key scripture in your	own words. Continue to ma	ke this scripture your prayer.
APPLY - How does this scriptur What is God speaking to you, about y		
<u>RESPOND</u> - What specific <u>ac</u>	ctions will you take today i	n response to this scripture?
<u>PRAY</u> - Write your prayer to Goo	d in response to this script	ure.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	Acts 26:19-20	Date
<u>PRAY</u> - Slow Down. Pray Celse. Get alone with God.	God would make your heart ready to	hear from Him. Shut out everything
	pture. Read it slowly, carefully, repeation in the properties of t	
Write out the key scripture in	your own words. Continue to make	this scripture your prayer.
	ripture apply to <u>YOUR LIFE</u> today?	
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<b>RESPOND</b> - What speci	fic <u>actions</u> will you take today in re	esponse to this scripture?
PRAY - Write your prayer to	o God in response to this scripture	<b>)</b> .

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>Isaiah 1:16-17</u>	Date
<u>PRAY</u> - Slow Down. Pray Go else. Get alone with God.	d would make your heart ready to h	near from Him. Shut out everything
	ure. Read it slowly, carefully, repeature if necessary. Begin to turn this	
Write out the key scripture in yo	our own words. Continue to make	this scripture your prayer.
	oture apply to <u>YOUR LIFE</u> today?	
What is God speaking to you, about	ut your life, through this scripture to	oday.
<u>RESPOND</u> - What specific	c <u>actions</u> will you take today in re	esponse to this scripture?
<u>PRAY</u> - Write your prayer to 0	God in response to this scripture	· <b>.</b>

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u> Galatians 5:22-24</u>	Date
<b>PRAY</b> - Slow Down. Pray Go else. Get alone with God.	d would make your heart ready to	o hear from Him. Shut out everything
		eatedly. Check surrounding verses to is scripture into a prayer for your life.
Write out the key scripture in yo	our own words. Continue to mak	e this scripture your prayer.
APPLY - How does this scrip		
What is God speaking to you, abo	ut your life, through this scripture	today.
RESPOND - What specific	c <u>actions</u> will you take today in	response to this scripture?
<u>PRAY</u> - Write your prayer to 0	God in response to this scriptu	re.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	Revelation 2:5	Date
<u>PRAY</u> - Slow Down. Pray G else. Get alone with God.	od would make your heart ready to he	ear from Him. Shut out everything
	ture. Read it slowly, carefully, repeated ture if necessary. Begin to turn this s	
Write out the key scripture in y	our own words. Continue to make th	nis scripture your prayer.
	ipture apply to <u>YOUR LIFE</u> today? E	
<u>RESPOND</u> - What specif	ic <u>actions</u> will you take today in res	sponse to this scripture?
PRAY - Write your prayer to	God in response to this scripture.	

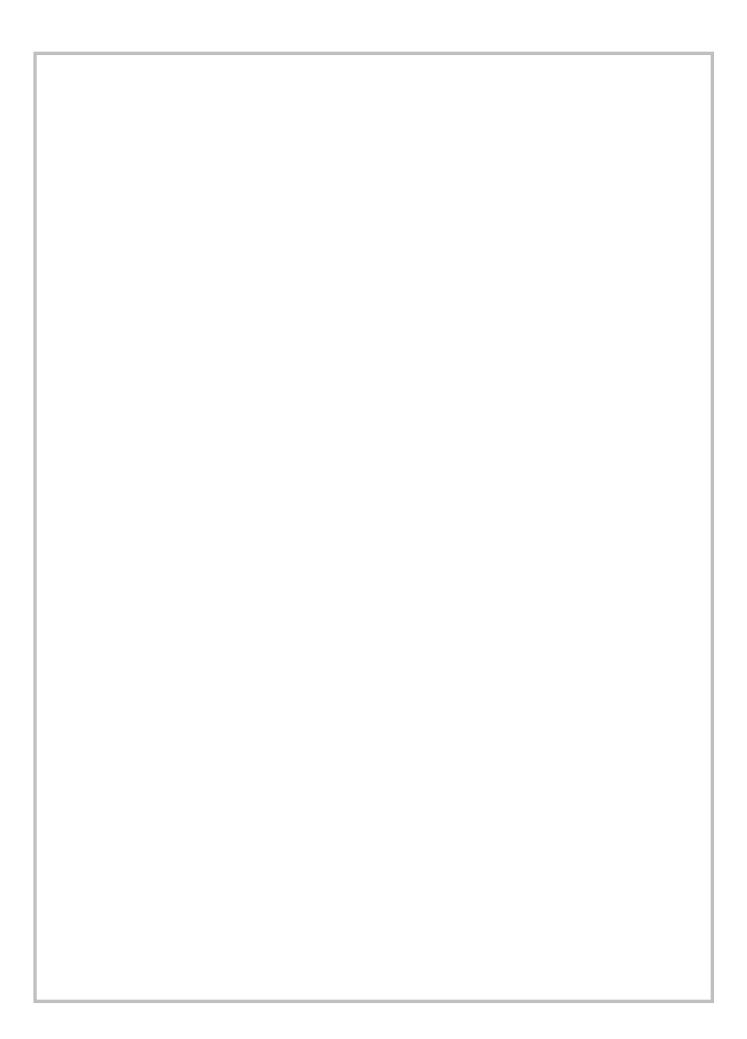


Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>Numbers 5:6-7</u>	Date
<b>PRAY</b> - Slow Down. Pray Gelse. Get alone with God.	od would make your heart ready to h	ear from Him. Shut out everything
	<b>pture.</b> Read it slowly, carefully, repea ipture if necessary. Begin to turn this	
Write out the key scripture in y	your own words. Continue to make t	his scripture your prayer.
	ripture apply to <u>YOUR LIFE</u> today? sout your life, through this scripture to	
RFSPOND - What specif	fic <u>actions</u> will you take today in re	snonse to this scripture?
- That specific	wiii you take today iii Te	
<u>PRAY</u> - Write your prayer to	God in response to this scripture	

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>Luke 19:8</u>	Date
<u>PRAY</u> - Slow Down. Pray Go else. Get alone with God.	od would make your heart ready to	o hear from Him. Shut out everything
		eatedly. Check surrounding verses to is scripture into a prayer for your life.
Write out the key scripture in ye	our own words. Continue to mak	e this scripture your prayer.
APPLY - How does this scri What is God speaking to you, about		
RESPOND - What specifi	c <u>actions</u> will you take today in	response to this scripture?
<u>PRAY</u> - Write your prayer to	God in response to this scriptu	re.



<u>SCRIPTURE</u> :	<b>Romans 12:18</b>	Date
<u>PRAY</u> - Slow Down. Pray Goelse. Get alone with God.	od would make your heart ready to l	hear from Him. Shut out everything
	ture. Read it slowly, carefully, repea oture if necessary. Begin to turn this	
Write out the key scripture in y	our own words. Continue to make	this scripture your prayer.
	pture apply to <u>YOUR LIFE</u> today? out your life, through this scripture to	
RESPOND - What specifi	ic <u>actions</u> will you take today in re	esponse to this scripture?
PRAY - Write your prayer to	God in response to this scripture	».

Hopefully you were able to see that repentance is good, liberating, and necessary. It is much more than a simple prayer. Rather, it is a life that turns away from self-centered living and toward God. What do you have to repent?:	
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