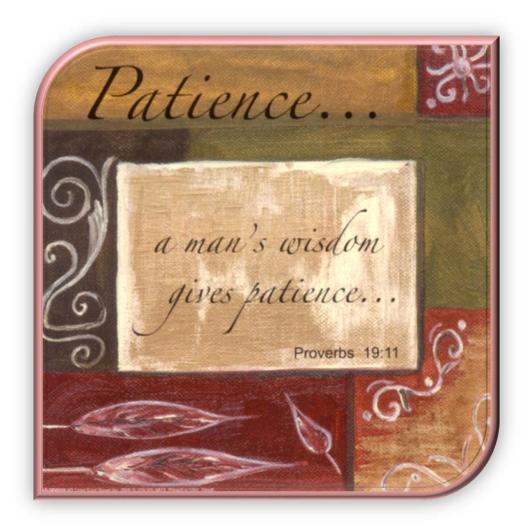
PATIENCE



CALVARY CHAPEL NUEVO Daily Devotion Journal

PATIENCE

CALVARY CHAPEL NUEVO

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FOR RESOURCES GO TO
CALVARYNUEVO.ORG OR WORDBYMAIL.COM
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There may be nothing more powerful in our Christian life than spending quiet devotional time with God on a regular basis. This is where God's Word comes alive to us, where we hear Him speak to us, and where we find ourselves in a place to respond to Him.

The Daily Devotion Journal is designed to help you do just that. Pick a meaningful scripture, give yourself 20-30 minutes, and purposefully meet God in His Word and Prayer. Follow each step. Don't rush through it. Really commit to meet God during this time.

First, Pray. Slow down and make your heart ready to hear from God.

Then, <u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly, asking God to speak to you through His Word. If necessary, check the surrounding verses to help you understand the key scripture. You can also begin to <u>pray this scripture</u> while you're meditating on it. Start making this scripture a prayer for your life.

Next, write out the scripture in your own words. While you're writing, let the words sink in.

Now you're ready to <u>APPLY</u> this scripture to your life. Be personal and specific. Write down what area of your life The Holy Spirit is addressing though this scripture. How does this scripture specifically apply to your life? Be honest. Be real with God.

Next, decide what you going to <u>do</u>, today, in <u>RESPONSE</u> to this scripture? Maybe it's a physical action, maybe it's taking your thoughts captive, maybe it's choosing to respond in your heart according to God's Word. How are you going to respond to this scripture, today?

Finally, write out a prayer to God in response to this time with Him. Ask for the power of The Holy Spirit to make this scripture real in your life. Make your commitment to God, and thank Him for speaking to you through His Word.

Now, the final question is; How do you choose the scripture to use with the journal?

The best way is to come back to the Discipleship Resource Table on any Sunday and the people there will be glad to help you find appropriate scripture. You can also email me at shep@calvarynuevo.org and tell me what topic you're looking for scripture on, and we will send you scripture to use with your Daily Devotion Journal. You can also ask someone you consider a spiritual mentor to help you find appropriate scriptures.

You can download this journal page at <u>calvarynuevo.org</u>. Or you can ask us for journal books that come with 30 journal pages. We have journal books with no scripture, for you to put your own scripture in, and we also have 'topical' journal books, that come with 30 preprinted scriptures for you to spend 30 days on one specific subject with God.

Our 'topical' journal books have been a tremendous blessing to everyone who has used them. Please consider trying one in your quiet time with the Lord.

I promise you, God will meet you during this time. And if you will surrender all of your life to Him, and allow His Word to renew your mind, He will transform you.

Rom 12:1-2.

Pastor Dave

The Road Map

Thank you for being willing to take the 30-day journey through the biblical view of patience. We could all grow in the area of patience. As the old joke goes, "Never pray for patience, God will give you plenty of opportunity to develop it!"

Well, as a follower of Jesus Christ, it is vital that you develop this trait. For the next 30 days you will focus on the biblical concept of patience. As you go through this journey you will see that God is patient, you will see that "the good guys" of the Bible had this quality, and you will find several ways to live out patience in your daily life.

As a note, patience is described a variety of ways in the Bible. Some of these include: endurance, forbearance, perseverance, and longsuffering. So keep an eye out for these words as you go through the Scriptures.

The journal is broken down this way:

First, you will see that God is patient. When developing a lifestyle of patience, it is often helpful to understand how patient God has been with us. This is a great foundation of why we ought to live out patience with others.

Second, there is a wealth of examples of patience in Scripture, some of which you may be able to relate to well.

Third, you will spend time seeing the variety of ways and reasons to live out patience in your daily life.

God Bless you!

Daily Devotion Journal 1 John 4:8; 1 Cor. 13:4 SCRIPTURE: Date PRAY - Slow Down. Pray God would make your heart ready to hear from Him. Shut out everything else. Get alone with God. **MEDITATE** on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses to help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your life. Write out the key scripture in your own words. Continue to make this scripture your prayer. <u>APPLY</u> - How does this scripture apply to <u>YOUR LIFE</u> today? Be specific and personal. What is God speaking to you, about your life, through this scripture today. $\overline{RESPOND}$ - What specific <u>actions</u> will you take today in response to this scripture? <u>PRAY</u> - Write your prayer to God in response to this scripture.

<u>Journal th</u>	oughts and prayers	Date:
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<u>SCRIPTURE</u> :	<u>Romans 15:5</u>	Date
PRAY - Slow Down. Pray Gelse. Get alone with God.	od would make your heart ready to	hear from Him. Shut out everything
		eatedly. Check surrounding verses to is scripture into a prayer for your life.
Write out the key scripture in y	our own words. Continue to make	e this scripture your prayer.
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RESPOND - What specif	ic <u>actions</u> will you take today in	response to this scripture?
PRAY - Write your prayer to	God in response to this scriptu	re.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	Galatians 5:22	Date
<u>PRAY</u> - Slow Down. Pray G else. Get alone with God.	od would make your heart ready to he	ear from Him. Shut out everything
	ture. Read it slowly, carefully, repeatouture if necessary. Begin to turn this s	
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	ipture apply to <u>YOUR LIFE</u> today? Iout your life, through this scripture too	
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<u>PRAY</u> - Write your prayer to	God in response to this scripture.	

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	2 Peter 3:9	Date
<u>PRAY</u> - Slow Down. Pray 0 else. Get alone with God.	God would make your heart ready	to hear from Him. Shut out everything
		peatedly. Check surrounding verses to this scripture into a prayer for your life.
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RESPOND - What speci	fic <u>actions</u> will you take today i	n response to this scripture?
PRAY - Write your prayer to	o God in response to this script	ure.

Journal thoughts and prayers	Date:

Examples of Patience

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> : <u>Gen. 12:3-4; 17:2; 18:10; 21:5; Heb. 6:15</u> Date
<u>PRAY</u> - Slow Down. Pray God would make your heart ready to hear from Him. Shut out everything else. Get alone with God.
<u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses the help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your life.
Write out the key scripture in your own words. Continue to make this scripture your prayer.
APPLY - How does this scripture apply to YOUR LIFE today? Be specific and personal. What is God speaking to you, about your life, through this scripture today.
$\underline{RESPOND}$ - What specific <u>actions</u> will you take today in response to this scripture?
PRAY - Write your prayer to God in response to this scripture.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>Job 1:21; James 5:11</u>	Date
<u>PRAY</u> - Slow Down. Pray G else. Get alone with God.	od would make your heart ready to hear	from Him. Shut out everything
	oture. Read it slowly, carefully, repeated pture if necessary. Begin to turn this scri	
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	ripture apply to YOUR LIFE today? Be	
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<u>RESPOND</u> - What specif	fic <u>actions</u> will you take today in respo	onse to this scripture?
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- Write your prayer to	God in response to this scripture.	
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Journal thoughts and prayers	Date:

PRAY - Slow Down. Pray God would make yelse. Get alone with God.	your heart ready to hear from Him. Shut out everything
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Write out the key scripture in your own words	. Continue to make this scripture your prayer.
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RESPOND - What specific actions will y	ou take today in response to this scripture?
PRAY - Write your prayer to God in respon	se to this scripture.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>James 5:10</u>	Date
PRAY - Slow Down. Pray Goelse. Get alone with God.	d would make your heart ready t	o hear from Him. Shut out everything
		peatedly. Check surrounding verses to nis scripture into a prayer for your life.
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	ut your life, tillough tills scripture	: today.
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<u>PRAY</u> - Write your prayer to 0	jod in response to this scripti	ire.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>Isa. 53:7; Mt. 27:14; Acts 8:32</u> Date
<u>PRAY</u> - Slow Down. Praelse. Get alone with God.	ay God would make your heart ready to hear from Him. Shut out everything
	scripture. Read it slowly, carefully, repeatedly. Check surrounding verses to scripture if necessary. Begin to turn this scripture into a prayer for your life.
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	s scripture apply to YOUR LIFE today? Be specific and personal. I, about your life, through this scripture today.
RESPOND - What sp	pecific <u>actions</u> will you take today in response to this scripture?
PRAY - Write your praye	er to God in response to this scripture.

Journal thoughts and prayers	Date:

SCRIPTURE : 1 Pet. 2:19-23; 2 Thess. 3:5; Rev. 1:9
Date
<u>PRAY</u> - Slow Down. Pray God would make your heart ready to hear from Him. Shut out everything else. Get alone with God.
<u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses to help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your life.
Write out the key scripture in your own words. Continue to make this scripture your prayer.
<u>APPLY</u> - How does this scripture apply to <u>YOUR LIFE</u> today? Be specific and personal. What is God speaking to you, about your life, through this scripture today.
RESPOND - What specific <u>actions</u> will you take today in response to this scripture?
<u>PRAY</u> - Write your prayer to God in response to this scripture.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	2 Cor. 6:3-10	Date
<u>PRAY</u> - Slow Down. Pray else. Get alone with God.	God would make your heart ready	to hear from Him. Shut out everything
		peatedly. Check surrounding verses to his scripture into a prayer for your life.
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	cripture apply to YOUR LIFE toda bout your life, through this scripture	
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<u>PRAY</u> - Write your prayer t	o God in response to this script	ure.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	Revelation 2:1=3	Date
<u>PRAY</u> - Slow Down. Pray of else. Get alone with God.	God would make your heart ready to	hear from Him. Shut out everything
		eatedly. Check surrounding verses to scripture into a prayer for your life.
Write out the key scripture in	your own words. Continue to make	e this scripture your prayer.
	ripture apply to <u>YOUR LIFE</u> today bout your life, through this scripture	
RESPOND - What speci	fic <u>actions</u> will you take today in	response to this scripture?
PRAY - Write your prayer to	o God in response to this scriptu	re.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	Revelation 2:18-19	Date
<u>PRAY</u> - Slow Down. Pray G else. Get alone with God.	od would make your heart ready to he	ear from Him. Shut out everything
	eture. Read it slowly, carefully, repeate pture if necessary. Begin to turn this s	
Write out the key scripture in y	your own words. Continue to make th	nis scripture your prayer.
	ipture apply to <u>YOUR LIFE</u> today? Eout your life, through this scripture tod	
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- What specif	ic <u>actions</u> will you take today in res	sponse to this scripture?
<u>PRAY</u> - Write your prayer to	God in response to this scripture.	

A Life Of Patience

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>James 1:2-4</u>	Date
PRAY - Slow Down. Pray God else. Get alone with God.	d would make your heart ready to	o hear from Him. Shut out everything
		eatedly. Check surrounding verses to
Write out the key scripture in yo	ur own words. Continue to mak	te this scripture your prayer.
<u>APPLY</u> - How does this scrip		
What is God speaking to you, abou	ut your life, through this scripture	today.
<u>RESPOND</u> - What specific	actions will you take today in	response to this scripture?
<u>PRAY</u> - Write your prayer to G	God in response to this scriptu	ire.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>1 Thess. 5:14-15</u>	Date
<u>PRAY</u> - Slow Down. Pray Gelse. Get alone with God.	od would make your heart ready to h	near from Him. Shut out everything
	oture. Read it slowly, carefully, repea pture if necessary. Begin to turn this	
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	ripture apply to <u>YOUR LIFE</u> today? sout your life, through this scripture to	
<u>RESPOND</u> - What specif	fic <u>actions</u> will you take today in re	esponse to this scripture?
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**PRAT - Write your prayer to	God in response to this scripture	•

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>James 5:7-10</u>	Date
<u>PRAY</u> - Slow Down. Pray of else. Get alone with God.	God would make your heart ready to	hear from Him. Shut out everything
		eatedly. Check surrounding verses to is scripture into a prayer for your life.
Write out the key scripture in	your own words. Continue to make	e this scripture your prayer.
	ripture apply to <u>YOUR LIFE</u> today	
RESPOND - What speci	ific <u>actions</u> will you take today in	response to this scripture?
<u>PRAY</u> - Write your prayer to	o God in response to this scriptu	re.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	Romans 12:12	Date
PRAY - Slow Down. Pray Gelse. Get alone with God.	od would make your heart ready to	hear from Him. Shut out everything
		atedly. Check surrounding verses to scripture into a prayer for your life.
Write out the key scripture in y	your own words. Continue to make	this scripture your prayer.
	ripture apply to <u>YOUR LIFE</u> today out your life, through this scripture t	
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KESPOND - What specif	fic <u>actions</u> will you take today in r	esponse to this scripture?
<u>PRAY</u> - Write your prayer to	God in response to this scripture	e.



<u>SCRIPTURE</u> :	<u> 2 Peter 1:5-6</u>	Date
PRAY - Slow Down. Pray Go else. Get alone with God.	od would make your heart ready t	o hear from Him. Shut out everything
		eatedly. Check surrounding verses to his scripture into a prayer for your life.
Write out the key scripture in ye	our own words. Continue to mak	te this scripture your prayer.
APPLY - How does this scri What is God speaking to you, abo		
<u>RESPOND</u> - What specifi	c <u>actions</u> will you take today in	response to this scripture?
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<u>PRAY</u> - Write your prayer to	God in response to this scriptu	ire.



<u>SCRIPTURE</u> :	<u>Romans 5:3-5</u>	Date
PRAY - Slow Down. Pray Gelse. Get alone with God.	God would make your heart ready to he	ear from Him. Shut out everything
	oture. Read it slowly, carefully, repeat opture if necessary. Begin to turn this s	
Write out the key scripture in y	your own words. Continue to make th	nis scripture your prayer.
	ripture apply to <u>YOUR LIFE</u> today? I	
<u>RESPOND</u> - What specif	fic <u>actions</u> will you take today in res	sponse to this scripture?
<u>PRAY</u> - Write your prayer to	God in response to this scripture.	



<u>SCRIPTURE</u> :	Ecclesiastes 7:8	Date
<u>PRAY</u> - Slow Down. Pray Gelse. Get alone with God.	God would make your heart ready to h	ear from Him. Shut out everything
	pture. Read it slowly, carefully, repeating in the properties of t	
Write out the key scripture in	your own words. Continue to make t	his scripture your prayer.
	ripture apply to <u>YOUR LIFE</u> today?	
<u>RESPOND</u> - What speci	fic <u>actions</u> will you take today in re	sponse to this scripture?
<u>PRAY</u> - Write your prayer to	o God in response to this scripture.	



<u>SCRIPTURE</u> :	Romans 2:6-7	Date
PRAY - Slow Down. Pray G else. Get alone with God.	od would make your heart ready	to hear from Him. Shut out everything
		peatedly. Check surrounding verses to his scripture into a prayer for your life.
Write out the key scripture in y	your own words. Continue to ma	ke this scripture your prayer.
	ipture apply to <u>YOUR LIFE</u> toda out your life, through this scripture	
<u>RESPOND</u> - What specif	ic <u>actions</u> will you take today ir	response to this scripture?
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PKAI - Write your prayer to	God in response to this script	ure.



<u>SCRIPTURE</u> :	<u>1 Timothy 6:11</u>	Date
PRAY - Slow Down. Pray Gelse. Get alone with God.	God would make your heart ready to	hear from Him. Shut out everything
	oture. Read it slowly, carefully, repeating the control of the con	
Write out the key scripture in y	your own words. Continue to make	this scripture your prayer.
	ripture apply to <u>YOUR LIFE</u> today? bout your life, through this scripture to	
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<u>PRAY</u> - Write your prayer to	God in response to this scripture	э.



<u>SCRIPTURE</u> :	Galatians 6:9	Date
PRAY - Slow Down. Pray Gelse. Get alone with God.	od would make your heart ready to	hear from Him. Shut out everything
	oture. Read it slowly, carefully, repe pture if necessary. Begin to turn this	
Write out the key scripture in y	our own words. Continue to make	this scripture your prayer.
	ripture apply to <u>YOUR LIFE</u> today's sout your life, through this scripture t	
<u>RESPOND</u> - What specif	fic <u>actions</u> will you take today in r	esponse to this scripture?
<u>PRAY</u> - Write your prayer to	God in response to this scripture	е.



<u>SCRIPTURE</u> :	<u>Luke 8:15</u>	Date
PRAY - Slow Down. Pray Gelse. Get alone with God.	od would make your heart ready t	o hear from Him. Shut out everything
		eatedly. Check surrounding verses to nis scripture into a prayer for your life.
Write out the key scripture in	your own words. Continue to mak	se this scripture your prayer.
	ripture apply to YOUR LIFE toda bout your life, through this scripture	
<u>RESPOND</u> - What speci	fic <u>actions</u> will you take today in	response to this scripture?
<u>PRAY</u> - Write your prayer to	o God in response to this scriptu	ıre.



<u>SCRIPTURE</u> :	<u>Phil. 4:11</u>	Date
PRAY - Slow Down. Pray Gelse. Get alone with God.	od would make your heart ready t	o hear from Him. Shut out everything
		peatedly. Check surrounding verses to his scripture into a prayer for your life.
Write out the key scripture in	your own words. Continue to mak	ke this scripture your prayer.
	ripture apply to <u>YOUR LIFE</u> toda bout your life, through this scripture	
<u>RESPOND</u> - What speci	fic <u>actions</u> will you take today in	response to this scripture?
<u>PRAY</u> - Write your prayer to	o God in response to this scriptu	ıre.



<u>SCRIPTURE</u> :	<u>Colossians 1:9-12</u>	Date
PRAY - Slow Down. Pray G else. Get alone with God.	od would make your heart ready to he	ear from Him. Shut out everything
	eture. Read it slowly, carefully, repeat pture if necessary. Begin to turn this s	
Write out the key scripture in y	our own words. Continue to make th	nis scripture your prayer.
	ipture apply to <u>YOUR LIFE</u> today? Iout your life, through this scripture too	
<u>RESPOND</u> - What specif	ic <u>actions</u> will you take today in res	sponse to this scripture?
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PRAT - Write your prayer to	God in response to this scripture.	



<u>SCRIPTURE</u> :	Ephesians 4:2	Date
PRAY - Slow Down. Pray Go else. Get alone with God.	d would make your heart ready t	o hear from Him. Shut out everything
		eatedly. Check surrounding verses to nis scripture into a prayer for your life.
Write out the key scripture in yo	our own words. Continue to mak	te this scripture your prayer.
APPLY - How does this scrip What is God speaking to you, abo		
<u>RESPOND</u> - What specific	c <u>actions</u> will you take today in	response to this scripture?
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	ou in response to this scripto	



<u>SCRIPTURE</u> :	<u>Lamentations 3:26</u>	Date
PRAY - Slow Down. Pray Go else. Get alone with God.	d would make your heart ready to hear f	rom Him. Shut out everything
	ure. Read it slowly, carefully, repeatedly ture if necessary. Begin to turn this scrip	
Write out the key scripture in yo	our own words. Continue to make this s	cripture your prayer.
	oture apply to <u>YOUR LIFE</u> today? Be s out your life, through this scripture today.	pecific and personal.
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- Write your prayer to 0	God in response to this scripture.	



<u>SCRIPTURE</u> :	<u>Psalm 37:7</u>	Date
PRAY - Slow Down. Pray Goelse. Get alone with God.	od would make your heart ready to	hear from Him. Shut out everything
		atedly. Check surrounding verses to s scripture into a prayer for your life.
Write out the key scripture in y	our own words. Continue to make	this scripture your prayer.
	pture apply to <u>YOUR LIFE</u> today out your life, through this scripture t	
<u>RESPOND</u> - What specifi	ic <u>actions</u> will you take today in r	esponse to this scripture?
PRAY - Write your prayer to	God in response to this scripture	e.



<u>SCRIPTURE</u> :	<u>Hebrews 6:10-12</u>	Date
<u>PRAY</u> - Slow Down. Pray 0 else. Get alone with God.	God would make your heart ready to h	ear from Him. Shut out everything
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	ripture apply to <u>YOUR LIFE</u> today?	
<u>RESPOND</u> - What speci	fic <u>actions</u> will you take today in re	sponse to this scripture?
PRAY - Write your prayer to	o God in response to this scripture.	

Now that you have finished the 30-day journey on the practice of patience, you should be able to see the value of patience and how it relates to your relationship with God and others.

Lord: