

Daily Devotion Journal

There may be nothing more powerful in our Christian life than spending quiet, interactive time with God, in His Word, on a regular basis. This is where God's Word comes alive to us, where we hear Him speak to us, and where we find ourselves in a place to respond to Him. These moments transform us by renewing our minds through God's Word, and by God's Spirit.

The Daily Devotion Journal is designed to help you during this crucial time with God. Pick a meaningful scripture, give yourself 20-30 minutes, and purposefully meet God in His Word and Prayer. Follow each step. Don't rush through it. Really commit to meet God and respond to Him during this time.

First, Pray. **Slow down, get alone with God**, and **make your heart ready** to hear from God.

Then, **MEDITATE** on the scripture. Read it slowly, carefully, repeatedly, asking God to speak to you through His Word. Check the surrounding verses to help you understand the context of the scripture. Begin to pray this scripture while you're meditating on it. Start making this scripture a genuine prayer for your life.

Next, write out the scripture in your own words. Don't mechanically copy the scripture. Write it as God speaking directly to you, without changing what the scripture says. While you're writing, let the words sink in. This is difficult and takes some work, but it's here that you are making this scripture your own.

Now you're ready to **APPLY** the scripture to your life. Be personal and specific. Write down what The Holy Spirit is addressing in your life, through this scripture. How does it specifically apply to your life? Be honest. Be real with God.

Next, decide what you are going to do, today, in **RESPONSE** to this scripture? Maybe it's a physical action, maybe it's taking your thoughts captive, maybe it's choosing to respond in your heart according to God's Word. How are you going to respond to this scripture, today?

Finally, write out a prayer to God in response to this time with Him. Ask for the power of The Holy Spirit to make this scripture real in your life. Make your commitment to God, and thank Him for speaking to you through His Word.

Now, the final question is; **WHERE** do you get the scripture to use with the journal?

Go to wordbymail.com/scripture-by-topic, where you'll find scripture on 20 different topics we've put together for you. You can also access these scriptures quickly on the Word-By-Mail Phone App under "Scripture By Topic" (search **wordbymail** in your app store).

Download the journal page and instructions at calvarynuevo.org/daily-devotion-journal. There you can also download 30-day journals on 15 different subjects, with all the scripture already put in for you.

God will genuinely meet you during this time. And if you will surrender all of your life to Him, and allow His Word to renew your mind, He will transform you.

"Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think . . ." Romans 12:2 (NLT)