# JAMES 1:20

## HUMAN ANGER DOES NOT PRODUCE THE RIGHTEOUSNESS GOD DESIRES



# CALVARY CHAPEL NUEVO DAILY DEVOTION JOURNAL

#### **CALVARY CHAPEL NUEVO**

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There may be nothing more powerful in our Christian life than spending quiet devotional time with God on a regular basis. This is where God's Word comes alive to us, where we hear Him speak to us, and where we find ourselves in a place to respond to Him.

The Daily Devotion Journal is designed to help you do just that. Pick a meaningful scripture, give yourself 20-30 minutes, and purposefully meet God in His Word and Prayer. Follow each step. Don't rush through it. Really commit to meet God during this time.

First, Pray. Slow down and make your heart ready to hear from God.

Then, <u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly, asking God to speak to you through His Word. If necessary, check the surrounding verses to help you understand the key scripture. You can also begin to <u>pray this scripture</u> while you're meditating on it. Start making this scripture a prayer for your life.

Next, write out the scripture in your own words. While you're writing, let the words sink in.

Now you're ready to <u>APPLY</u> this scripture to your life. Be personal and specific. Write down what area of your life The Holy Spirit is addressing though this scripture. How does this scripture specifically apply to your life? Be honest. Be real with God.

Next, decide what you going to <u>do</u>, today, in <u>RESPONSE</u> to this scripture? Maybe it's a physical action, maybe it's taking your thoughts captive, maybe it's choosing to respond in your heart according to God's Word. How are you going to respond to this scripture, today?

Finally, write out a prayer to God in response to this time with Him. Ask for the power of The Holy Spirit to make this scripture real in your life. Make your commitment to God, and thank Him for speaking to you through His Word.

Now, the final question is; How do you choose the scripture to use with the journal?

The best way is to come back to the Discipleship Resource Table on any Sunday and the people there will be glad to help you find appropriate scripture. You can also email me at <a href="mailto:shep@calvarynuevo.org">shep@calvarynuevo.org</a> and tell me what topic you're looking for scripture on, and we will send you scripture to use with your Daily Devotion Journal. You can also ask someone you consider a spiritual mentor to help you find appropriate scriptures.

You can download this journal page at <u>calvarynuevo.org</u>. Or you can ask us for journal books that come with 30 journal pages. We have journal books with no scripture, for you to put your own scripture in, and we also have 'topical' journal books, that come with 30 preprinted scriptures for you to spend 30 days on one specific subject with God.

Our 'topical' journal books have been a tremendous blessing to everyone who has used them. Please consider trying one in your quiet time with the Lord.

I promise you, God will meet you during this time. And if you will surrender all of your life to Him, and allow His Word to renew your mind, He will transform you.

Rom 12:1-2,

Pastor Dave

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>Ephesians 4:26–27</u>	Date
<u>PRAY</u> - Slow Down. Felse. Get alone with God.	Pray God would make your heart rea	ady to hear from Him. Shut out everything
<u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your li		
Write out the key scriptu	re in your own words. Continue to	make this scripture your prayer.
	nis scripture apply to YOUR LIFE to ou, about your life, through this scrip	
<u>RESPOND</u> - What	specific <u>actions</u> will you take toda	ny in response to this scripture?
PRAY - Write your pra	yer to God in response to this sci	ripture.

Journal thoughts and prayers	Date:

SCRIPTURE: Colossians 3:8 (review vs's 5-7) Date		
<u>PRAY</u> - Slow Down. Pray God would make your heart ready to hear from Him. Shut out everything else. Get alone with God.		
<u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your life.		
Write out the key scripture in your own words. Continue to make this scripture your prayer.		
<u>APPLY</u> - How does this scripture apply to <u>YOUR LIFE</u> today? Be specific and personal. What is God speaking to you, about your life, through this scripture today.		
<u>RESPOND</u> - What specific <u>actions</u> will you take today in response to this scripture?		
PRAY - Write your prayer to God in response to this scripture.		
FIGURE - Write your prayer to God in response to this scripture.		

Journal thoughts and prayers	Date:

SCRIPTURE: Proverbs 10:12 (review vs's 11 & 13) Date		
PRAY - Slow Down. Pray God would make your heart ready to hear from Him. Shut out everythin else. Get alone with God. MEDITATE on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your life.		
<u>APPLY</u> - How does this scripture apply to <u>YOUR LIFE</u> today? Be specific and personal. What is God speaking to you, about your life, through this scripture today.		
RESPOND - What specific <u>actions</u> will you take today in response to this scripture?		
PRAY - Write your prayer to God in response to this scripture.		

Journal thoughts and prayers	Date:

SCRIPTURE:	Proverbs 25:28	Date
<u>PRAY</u> - Slow Down else. Get alone with God		rt ready to hear from Him. Shut out everything
<u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your I		
Write out the key script	ture in your own words. Continu	ue to make this scripture your prayer.
	this scripture apply to <u>YOUR L</u> you, about your life, through this	IFE today? Be specific and personal. scripture today.
RESPOND - Wha	t specific <u>actions</u> will you take	today in response to this scripture?
<u>PRAY</u> - Write your p	rayer to God in response to thi	s scripture.

Jou	urnal thoughts and prayers	Date:	

SCRIPTURE: Galatians 5:19-21	Date	
<b>PRAY</b> - Slow Down. Pray God would make your heart else. Get alone with God.	ready to hear from Him. Shut out everything	
<u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your limits.		
Write out the key scripture in your own words. Continue	e to make this scripture your prayer.	
APPLY - How does this scripture apply to YOUR LIFE What is God speaking to you, about your life, through this s		
RESPOND - What specific actions will you take to	oday in response to this scripture?	
<u>PRAY</u> - Write your prayer to God in response to this	scripture.	

Journal thoughts and prayers	Date:

SCRIPTURE: Galatians 5:22-23	Date	
<b>PRAY</b> - Slow Down. Pray God would make your hear else. Get alone with God.	t ready to hear from Him. Shut out everything	
<u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your li		
Write out the key scripture in your own words. Continu	e to make this scripture your prayer.	
<u>APPLY</u> - How does this scripture apply to <u>YOUR LI</u> What is God speaking to you, about your life, through this		
<b>RESPOND</b> - What specific <u>actions</u> will you take	today in response to this scripture?	
PRAY - Write your prayer to God in response to this	s scripture.	

Journal thoughts and praye	rs Date:

SCRIPTURE:	Galatians 5:24-26	Date	
<u>PRAY</u> - Slow Dow else. Get alone with Go		ady to hear from Him. Shut out everything	
<u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your li			
Write out the key scri	pture in your own words. Continue to	make this scripture your prayer.	
	s this scripture apply to <u>YOUR LIFE</u> to you, about your life, through this scrip		
<u>KESPOND</u> - wr	nat specific <u>actions</u> will you take toda	y in response to this scripture?	
<u>PRAY</u> - Write your	prayer to God in response to this sc	ripture.	

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	Proverbs 29:11	Date
<u>PRAY</u> - Slow Down else. Get alone with God		ready to hear from Him. Shut out everything
<u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your life.		
Write out the key script	ure in your own words. Continue	to make this scripture your prayer.
	this scripture apply to <u>YOUR LIF</u> you, about your life, through this s	<u>E</u> today? Be specific and personal. cripture today.
<u>RESPOND</u> - Wha	t specific <u>actions</u> will you take to	oday in response to this scripture?
YKAY - Write your p	rayer to God in response to this	scripture.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> : <u>Proverbs 14:16–17</u>	Date	
<b>PRAY</b> - Slow Down. Pray God would make your heart ready t else. Get alone with God.	o hear from Him. Shut out everything	
<u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your li		
Write out the key scripture in your own words. Continue to make	te this scripture your prayer.	
APPLY - How does this scripture apply to YOUR LIFE today What is God speaking to you, about your life, through this scripture		
<u>RESPOND</u> - What specific <u>actions</u> will you take today in	response to this scripture?	
PRAY - Write your prayer to God in response to this scriptu	uro.	
Troi VI		

Jour	nal thoughts and prayers	Date:	

<u>SCRIPTURE</u> :	Colossians 3:12-13	Date
<u>PRAY</u> - Slow Down. else. Get alone with God.		ady to hear from Him. Shut out everything
<u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your life.		
Write out the key script	ure in your own words. Continue to	make this scripture your prayer.
	his scripture apply to <u>YOUR LIFE</u> to you, about your life, through this scri	
RESPOND - What	specific <u>actions</u> will you take toda	ay in response to this scripture?
PRAY - Write your pr	ayer to God in response to this sc	ripture.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u>	Colossians 3:	<u>:14–15</u>	Date
PRAY - Slow Do		e your heart ready to he	ar from Him. Shut out everything
<u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your life.			
Write out the key so	scripture in your own word	ds. Continue to make the	is scripture your prayer.
	loes this scripture apply to ng to you, about your life, th		
<u>RESPOND</u> - 1	What specific <u>actions</u> wil	I you take today in res	ponse to this scripture?
<b>PRAY</b> - Write you	our prayer to God in respo	onse to this scripture.	

Journal thoughts and prayers	Date:

SCRIPTURE: Proverbs 30:33	Date
<b>PRAY</b> - Slow Down. Pray God would make your hear else. Get alone with God.	art ready to hear from Him. Shut out everything
MEDITATE on the scripture. Read it slowly, care help you understand the key scripture if necessary. Begin	
Write out the key scripture in your own words. Continu	ue to make this scripture your prayer.
APPLY - How does this scripture apply to YOUR L What is God speaking to you, about your life, through this	
RESPOND - What specific actions will you take	today in response to this scripture?
20.47	
PRAY - Write your prayer to God in response to this	is scripture.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>Romans 12:14</u>	Date
<u>PRAY</u> - Slow Down else. Get alone with God		t ready to hear from Him. Shut out everything
		fully, repeatedly. Check surrounding verses to turn this scripture into a prayer for your life.
Write out the key script	ure in your own words. Continu	e to make this scripture your prayer.
	t <b>his scripture apply to <u>YOUR LII</u></b> you, about your life, through this s	FE today? Be specific and personal. scripture today.
RESPOND - Wha	t specific <u>actions</u> will you take t	today in response to this scripture?
PRAY - Write your p	rayer to God in response to this	s scripture.

Journal thoughts and prayers	Date:

SCRIPTURE:	Romans 12:17–18	Date
<u>PRAY</u> - Slow Down else. Get alone with God		eady to hear from Him. Shut out everything
		lly, repeatedly. Check surrounding verses to turn this scripture into a prayer for your life.
Write out the key scrip	ture in your own words. Continue	to make this scripture your prayer.
	this scripture apply to YOUR LIFE o you, about your life, through this so	
RESPOND - Wha	at specific <u>actions</u> will you take to	day in response to this scripture?
PRAY. Write your n	orayer to God in response to this s	crintura
	mayer to dou in response to this s	nonpture.

Journal thoughts and prayers	Date:

SCRIPTURE:	Romans 12:19	Date
<u>PRAY</u> - Slow Down else. Get alone with God		rt ready to hear from Him. Shut out everything
		efully, repeatedly. Check surrounding verses to turn this scripture into a prayer for your life.
Write out the key script	ure in your own words. Continu	ue to make this scripture your prayer.
	t <b>his scripture apply to <u>YOUR L</u></b> you, about your life, through this	IFE today? Be specific and personal. scripture today.
RESPOND - Wha	t specific <u>actions</u> will you take	today in response to this scripture?
<u>PRAY</u> - Write your p	rayer to God in response to thi	s scripture.

Journal thoughts and prayers	Date:

SCRIPTURE:	<u> Proverbs 20:22</u>	Date
PRAY - Slow Down else. Get alone with Go		t ready to hear from Him. Shut out everything
		fully, repeatedly. Check surrounding verses to turn this scripture into a prayer for your life.
Write out the key scrip	oture in your own words. Continu	e to make this scripture your prayer.
	this scripture apply to <u>YOUR LI</u> o you, about your life, through this s	FE today? Be specific and personal. scripture today.
RESPOND - wh	at specific <u>actions</u> will you take t	oday in response to this scripture?
PRAY - Write your p	orayer to God in response to this	scripture.

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>James 1:19–21</u>	Date
PRAY - Slow Down. else. Get alone with God.	Pray God would make your hea	art ready to hear from Him. Shut out everything
		efully, repeatedly. Check surrounding verses to to turn this scripture into a prayer for your life.
Write out the key scriptu	re in your own words. Contin	ue to make this scripture your prayer.
	nis scripture apply to <u>YOUR L</u> you, about your life, through this	LIFE today? Be specific and personal.
<u>RESPOND</u> - What	specific <u>actions</u> will you take	today in response to this scripture?
DP AV		
**PRAT - Write your pra	ayer to God in response to th	is scripture.

<u>Jour</u>	nal thoughts and prayers	Date:	

	Date
ay God would make your hear	rt ready to hear from Him. Shut out everything
	efully, repeatedly. Check surrounding verses to turn this scripture into a prayer for your life.
e in your own words. Continu	ie to make this scripture your prayer.
s scripture apply to <u>YOUR LI</u> u, about your life, through this	<u>FE</u> today? Be specific and personal. scripture today.
pecific <u>actions</u> will you take	today in response to this scripture?
er to God in response to this	s scripture.
•	· 
	scripture. Read it slowly, care a scripture if necessary. Begin in your own words. Continues a scripture apply to YOUR LI

Journal thoughts and prayers	Date:

SCRIPTURE:	<u> Proverbs 29:22</u>	Date
<u>PRAY</u> - Slow Down. else. Get alone with God.		t ready to hear from Him. Shut out everything
		fully, repeatedly. Check surrounding verses to turn this scripture into a prayer for your life.
Write out the key script	ure in your own words. Continue	e to make this scripture your prayer.
	this scripture apply to YOUR LIF you, about your life, through this s	FE today? Be specific and personal. scripture today.
RESPOND - What	specific <u>actions</u> will you take t	oday in response to this scripture?
<u>PRAY</u> - Write your pr	ayer to God in response to this	scripture.

Journal thoughts and prayers	Date:

SCRIPTURE	: Proverbs 15:1–2 Date	
<u>PRAY</u> - Slow D else. Get alone with	<b>own</b> . Pray God would make your heart ready to hear from Him. Shut out everything God.	
<u>MEDITATE</u> on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your lif		
Write out the key s	cripture in your own words. Continue to make this scripture your prayer.	
	oes this scripture apply to YOUR LIFE today? Be specific and personal.  ng to you, about your life, through this scripture today.	
<u>RESPOND</u> -	What specific <u>actions</u> will you take today in response to this scripture?	
<u>PRAY</u> - Write yo	ur prayer to God in response to this scripture.	

Journal thoughts and prayers	Date:

SCRIPTURE:	<u>Philippians 2:14–15</u>	Date
<u>PRAY</u> - Slow Down else. Get alone with Goo		dy to hear from Him. Shut out everything
		repeatedly. Check surrounding verses to rn this scripture into a prayer for your life.
Write out the key scrip	ture in your own words. Continue to	make this scripture your prayer.
	this scripture apply to YOUR LIFE to you, about your life, through this scrip	
RESPOND - Wha	nt specific <u>actions</u> will you take toda	y in response to this scripture?
PRAY - Write your n	rayer to God in response to this scr	inture
- Write your p	rayer to God in response to this scr	ipiure.

Journal thoughts and prayers	Date:

SCRIPTURE.	: <u>Proverbs 14:29–30</u>	Date
<u>PRAY</u> - Slow Dow else. Get alone with G	<b>vn</b> . Pray God would make your heart read od.	dy to hear from Him. Shut out everything
	n the scripture. Read it slowly, carefully, he key scripture if necessary. Begin to tur	
Write out the key scr	ipture in your own words. Continue to r	make this scripture your prayer.
	es this scripture apply to <u>YOUR LIFE</u> to to you, about your life, through this script	
<u>RESPOND</u> - w	hat specific <u>actions</u> will you take today	/ in response to this scripture?
PRAY - Write your	r prayer to God in response to this scri	ntura
- Write your	prayer to dou in response to this scri	pture.

Journal thoughts and prayers	Date:

SCRIPTURE:	<u>Proverbs 22:24–25</u>	Date
<u>PRAY</u> - Slow Down. else. Get alone with God.		ady to hear from Him. Shut out everything
		v, repeatedly. Check surrounding verses to urn this scripture into a prayer for your life.
Write out the key script	ure in your own words. Continue to	make this scripture your prayer.
	this scripture apply to YOUR LIFE to you, about your life, through this scri	
RESPOND - What	t specific <u>actions</u> will you take toda	ay in response to this scripture?
<u>PRAY</u> - Write your pr	ayer to God in response to this sc	ripture.

Jour	nal thoughts and prayers	Date:	

SCRIPTURE: Ephesians 4:2–3 (review vs's 1 & 4-6) Date			
<b>PRAY</b> - Slow Down. Pray God would make your heart ready to hear from Him. Shut out everythin else. Get alone with God.			
MEDITATE on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your li			
Write out the key scripture in your own words. Continue to make this scripture your prayer.			
<u>APPLY</u> - How does this scripture apply to <u>YOUR LIFE</u> today? Be specific and personal. What is God speaking to you, about your life, through this scripture today.			
RESPOND - What specific <u>actions</u> will you take today in response to this scripture?			
<u>PRAY</u> - Write your prayer to God in response to this scripture.			

Journal thoughts and prayers	Date:

<u>SCRIPTURE</u> :	<u>Psalm 4:4–5</u>	Date
<u>PRAY</u> - Slow Down else. Get alone with Goo		neart ready to hear from Him. Shut out everything
		carefully, repeatedly. Check surrounding verses to gin to turn this scripture into a prayer for your life.
Write out the key scrip	ture in your own words. Con	tinue to make this scripture your prayer.
	this scripture apply to <u>YOUF</u> you, about your life, through t	R LIFE today? Be specific and personal. this scripture today.
RESPOND - Wha	at specific <u>actions</u> will you ta	ke today in response to this scripture?
PRAY - Write your p	erayer to God in response to	this scripture.

Journal thoughts and prayers	Date:

SCRIPTURE:	Proverbs 20:3	Date
<b>PRAY</b> - Slow Down else. Get alone with God		urt ready to hear from Him. Shut out everything
		efully, repeatedly. Check surrounding verses to turn this scripture into a prayer for your life.
Write out the key scrip	ture in your own words. Contin	ue to make this scripture your prayer.
	this scripture apply to YOUR Logonyou, about your life, through this	.IFE today? Be specific and personal. s scripture today.
RESPOND - Wha	at specific <u>actions</u> will you take	today in response to this scripture?
PRAY - Write your p	erayer to God in response to thi	is scripture.

Journal thoughts and prayers	Date:

<u>SCRIPTU</u>	<u>:RE</u> :	<u>Ephesia</u>	<u>ns 4:31–3</u>	<u>32</u>	Date _	
<u>PRAY</u> - Slo		Pray God wo	uld make you	ır heart ready t	o hear from Him.	Shut out everything
						surrounding verses to a prayer for your life.
Write out the k	ey scriptı	ure in your o	wn words. C	ontinue to mak	e this scripture y	our prayer.
APPLY - Ho What is God spe					<b>y?</b> Be specific ar today.	nd personal.
RESPONI	<u></u> - What	specific <u>acti</u>	ons will you	take today in	response to th	is scripture?
PRAY - Writ	o vour pr	over to God i	in rosponso	to this sorint	ro.	
<u>                                      </u>	e your pro	ayer to God i	iii response	to this scriptu	ire.	

Journal thoughts and prayers	Date:

SCRIPTURE: Proverbs 15:18	Date
<b>PRAY</b> - Slow Down. Pray God would make your hear else. Get alone with God.	t ready to hear from Him. Shut out everything
MEDITATE on the scripture. Read it slowly, care help you understand the key scripture if necessary. Begin to	
Write out the key scripture in your own words. Continu	e to make this scripture your prayer.
APPLY - How does this scripture apply to YOUR LI	
RESPOND - What specific actions will you take to	today in response to this scripture?
00 4V	
<u>PRAY</u> - Write your prayer to God in response to this	s scripture.

Journal thoughts and prayers	Date:

SCRIPTURE:	Matthew 5:21-22	Date
<u>PRAY</u> - Slow Down else. Get alone with God		eady to hear from Him. Shut out everything
		y, repeatedly. Check surrounding verses to urn this scripture into a prayer for your life.
Write out the key script	ure in your own words. Continue to	o make this scripture your prayer.
	this scripture apply to YOUR LIFE you, about your life, through this scr	
RESPOND - Wha	t specific <u>actions</u> will you take tod	lay in response to this scripture?
PRAY - Write your p	rayer to God in response to this se	cripture.

Journal thoughts and prayers	Date:

SCRIPTURE:	Ecclesiastes 7:8–9	Date
<u>PRAY</u> - Slow Down else. Get alone with God		ady to hear from Him. Shut out everything
		y, repeatedly. Check surrounding verses to urn this scripture into a prayer for your life.
Write out the key scrip	ture in your own words. Continue to	o make this scripture your prayer.
	this scripture apply to YOUR LIFE you, about your life, through this scr	
KESPOND - Wha	t specific <u>actions</u> will you take tod	ay in response to this scripture?
<u>PRAY</u> - Write your p	rayer to God in response to this so	cripture.