

Venezuela List of High Needs Items

Powdered milk

Vitamins (non-gummy)

Rice

Beans

Flour

Sugar

Cooking Oil

Pasta

Oats

Canned fish/chicken

Soap

Deodorant

Shaving Razors

Toothpaste/toothbrushes

Female Products

Ibuprofen

Antibiotic creams

Antidiarrheal medicines

Canned foods