



# Small Group Leader Guide

## FEAR

### WEEK 2 I'M SO WORRIED!

#### Small Group Welcome

1. **Introduce** yourself, and **welcome** new kids by name.
2. Kids **share** what happened during the past week.
3. **Check up** on the past week's prayer requests and events.
4. **Discuss** the Welcome Question: *How would you feel if you had to take a test right now?*

#### Small Group Activity

##### You'll Need

- Index cards (4 per child)
- Manila envelope (1 per group)
- Markers (1 set per group)

##### To Do

**Say:** Worry means you're afraid things will go all wrong. It's a fear that tries to rob God's peace and joy from you. But God's truth tells us what to do about that. Say the Bible verse with me.

1. **Say** the Bible verse together. *Printed on back*

**Say:** Now let's give our worries to God like the Bible verse says!

2. **Give** each kid 4 index cards.
3. Kids **share** some worries with the group. *If kids need examples, use **Worry List**.*
4. Kids **draw** or **write** their worries on their index cards.
5. **Write** "TO: GOD" on the manila envelope.
6. One at a time, kids **say**, "I give all my worries and cares to God, for He cares about me," and **place** cards in envelope.
7. **Continue** until all kids have put their cards in the envelope.
8. **If time allows**, kids work together to decorate envelope.

Worry List	
What if I get hurt?	What if no one likes me?
What if I don't get food?	What if I can't do it?
What if someone makes fun of me?	What if God doesn't take care of me?
What if I get bullied?	What if I make a bad grade?
What if I get left out?	What if no one listens to me?

##### While Kids Work

**Ask:** On the Konnect station, what did fear rob from Alissa? *Her joy, peace, and ability to do what she needed to do.*

**Vintage Konnect Trivia:** When Professor Sssable kidnapped Mike, who saved him? *Nitro*

*Please do not cover questions on back until Small Group Discussion Time.*

#### Small Group Discussion

**Say the Point and Verse out loud together:**

I R.O.B. fear of its power when I trust God instead of worrying.

##### 1 Peter 5:7 NLT

**Give all your worries and cares to God, for he cares about you.**

1. **Why should you give all your worries and cares to God?**  
*He cares about you—even more than you do!*

##### Choose a few review questions:

1. **What is the one thing fear is afraid of?** *God's truth*
2. **The Point says you can R.O.B. fear of its power. What do the R, O, and B stand for?** *R: remember God's truth. O: open your mouth to say God's truth. B: battle it out by doing what you're afraid to do.*
3. **When Alissa found out they made a lot of mistakes on Konnect station, she worried about everything else that could go wrong. What could she have done instead?**  
*Trust God to take care of the station and work with the crew to fix the problems.*
4. **Why should you believe God instead of your worries?**  
*God tells the truth and takes care of you. Worry fills you with fear and steals God's peace, joy, and power from you.*
5. **Why do you think people get worried?** *Answers will vary.*

##### Choose an action step question:

1. **How can you give your worries to God this week?** *Tell God what you're worried about, remember He cares about you, say the Bible verse to yourself each time you're worried.*
2. **What can you do if you get worried about the same thing after you've already prayed about it?** *Give it to God again, as many times as you have to.*

##### Pray together:

1. **Ask** kids to share things they'd like you to pray about.
2. **Write** down their prayer requests.
3. **Pray** together over all the prayer requests. **Give** kids a chance to lead the prayer if they want to.

**Not sure what to pray? Pray this:** God, Thank You for caring about us so much that we don't ever need to worry. Please fill us with Your truth so we can trust in You and not in worries. In Jesus' name, amen!

**Stay in your Small Group until kids are checked out.**

#### Check Out

1. **Continue talking**, **decorate** envelope, and **talk about** the points kids earn when they bring back the Challenge Card.
2. When a kid from your Small Group leaves, use the kid's name to **share** something positive and specific with their family.
3. **Encourage** families to complete the Challenge Card together.