

Discussion Questions:

Warm-Up Question- "What's been the best part of the month of October for you so far?"

1. Paul thinks about and prays for the Philippians often: and he has much to reminisce about. Is there a particular part of your own salvation story or testimony that gives you joy to think about? Describe it.
2. Jeff describes that the *tone* Paul uses to write in his letter is similar to that of a coach who know his athletes and cheers them on in their potential victory. Who has been instrumental in your life to encourage you on in the faith?
3. Paul is very aware of the weaknesses of the church in Philippi and speaks directly to those areas. Why is it important for a spiritual coach (or any coach) to know these about a person?
4. What does Paul encourage them with in verse 6?
5. A major theme in Philippians is that the Philippians were God's WORK IN PROGRESS. What does this mean for us today as well?
6. Philippians 2:12b-13 says, "Work out your own salvation with fear and trembling... for it is God who works in you both to will and to do for His good pleasure." Paul is telling the Philippians to "*work out* your salvation" not "*work for* your salvation". Why is this distinction important?
7. Jeff uses the sailboat metaphor to describe how the Christian life is about being filled with the Spirit and partnering with God. Describe what it means to "raise the sails" and to "fill them with wind"?
8. What are you most grateful for in this promise that God will complete His good work in you? And will "raising the sails" look like in your life moving forward?