#### TSA • Philippians 4:8-9

- I. INTRODUCTION
- A. Read Vs. 6-9
- B. Peace / God
- 1. The problem with sermons is that we often have to chop up things that go together.
- 2. Such is the case with what we looked at last week in the **Prescription for Worry**.
- 3. Paul says, "Don't worry, Pray!" Then, v. 7 . . .

and the peace of God . . . will guard your hearts and minds.

- 4. Though **we** ended there last week, **Paul** doesn't.
- 5. He goes on in the next verses & ends v. 9 with -

the God of peace will be with you.

- 6. The *peace of God* is wonderful, but better still is to have *the God of peace*.
- 7. In vs. 8 & 9 we learn how to walk in closer fellowship with Jesus.
- II. TEXT
- A. Thoughts First, <u>Then</u> Actions
- 1. V. 8 tells us what to think about. V. 9 is what to do.
  - a. First thoughts, then actions.
  - b. That's the outline for many of Paul's letters: *First doctrine*, *then doing*.
- 2. This is a crucial to spiritual growth.
- 3. The path to maturity follows this trail; A **renewed mind** precedes a renewed life.
- 4. The Word & Spirit of God renew our minds; from that base comes a fruitful life.
- 5. Just as a forest comes from an acorn our entire lives flow from a truth.
  - a. The *first truth* is the Gospel of Christ which saves us.
  - aa. But that truth unfolds to impact an entire life over many years.
  - b. Think of a woman. She's born & raised by a single mom who has to work 2 jobs just to get by, so she rarely sees her. She's raised by neighbors & relatives.
  - c. The neighborhood where she grows up is pretty rough & she hangs out with a tough crowd.
  - d. She's introduced to drugs, alcohol, & sex at a young age.
  - e. She looks to be headed toward becoming just another statistic in a crime report.
  - f. But one day she sees a poster on a telephone pole for a free concert.
  - g. She goes. The music is good & at the end a guy gets up & talks about a God who loves her & has an amazing plan for her.
  - h. He tells her how this God became a man & died to pay for her sin & rose again to give her a new life.
  - i. If she will turn from that sin & believe in Him, everything can change.
  - j. When he calls people to come forward for prayer, she goes & with tears & mascara streaming down her face, she prayer he leads, She means every word of it!
  - k. She starts going to the church that sponsored the concert.
  - 1. She learns God's Word & meets people who love & accept her & unlike the streets, all they want **from her** is **for her** to grow in grace.
  - j. She's never experienced love like that, & it transforms her.
  - k. A couple years later, she meets a guy at church whose story is similar to hers.
  - 1. They fall in love & get married & start a family.
  - m. She's determined her sons & daughters will be loved & raised in the knowledge of God & will see what a great marriage looks like.
  - n. 20 years later, her eldest son goes to Bible college to be trained for ministry.
  - o. He's a gifted teacher & realizes a call to be a pastor.
  - p. When he graduates from Bible college he comes back to their church where he becomes the youth pastor.
  - q. Dozens of teens get saved & changed through his ministry & when the senior pastor retires the church asks the youth pastor to take his place.
  - r. He does, and the church explodes under his ministry.
    - 1) Hundreds come to Christ. // 2) Marriages are healed.
    - 3) People are delivered from addiction. // 4) Lives are put back together.

- 5) Missionaries are sent out.
- 8. And it all began with a truth being planted in a desperate teenage girl at a concert many years before. **That** was the seed that birthed a mighty harvest.
- 9. That **first truth** opened the way for **more** truth; the things Paul lists here in v. 8.
- B. V. 8
- <sup>8</sup> Finally, brethren, whatever things are true, whatever things *are* noble, whatever things *are* just, whatever things *are* pure, whatever things *are* lovely, whatever things *are* of good report, if *there is* any virtue and if *there is* anything praiseworthy—meditate [ponder, roll them over in your mind & examine them] on these things.
- 1. Our *minds are the battlefield* in spiritual warfare.
- 2. That's why in 2 Cor. 10 Paul speaks of taking every thought captive to Christ.
- 3. Proverbs 23:7 says "As a man thinks in his heart, so is he."
- 4. Satan is the prince of the power of the air who pulls the strings of this world's system.
  - a. He has a carefully calculated plan to barrage us w/images & sounds to distract us from the truth.
  - b. He wants to dominate our attention & co-opt our thoughts.
- 5. So Paul calls us to **pay attention** to what we're paying attention to.
- 6. **BECAUSE** what we think **IS** the **seedbed for what we do**, we need to ask what's being **planted** in our hearts & minds.
- 7. The avenues of communication used by the media are in themselves **morally neutral**.
  - a. Television, Radio, Movies, the Internet are just vehicles for information & entertainment.
  - b. They can be used either *for good or evil*.
  - c. Wisdom calls for *caution* in our use of media because this world is hostile to God & wrapped in deceit.
  - d. Satan will use the mediums of media to pump out his lies.
  - e. But they can be used for good as well. They can be powerful ways to communicate truth.
- 8. The point is to exercise caution & be discriminating in how we use media.
- 9. When you go to the airport to catch a flight, you go thru security run by the TSA *Transportation Security Administration*, part of the Department of Transportation.
  - a. After you've checked in you have to pass through exten\sive screening on your way to the departure gate.
  - b. You take off your jacket, cap, belt, shoes; empty your pockets.
  - c. You take out your laptop & put it all in gray bus-trays for the x-ray machine to took through.
  - d. Then you step through a metal detector & sometimes get a wand run over you.
  - e. All of this to make sure you're not carrying a bomb or weapon onto the plane.
  - f. It's a lengthy but necessary process to make sure flying is **safe**.
- 10. Paul lists 6 safety inspectors to run what we allow into our minds by.
- 11. Think of it as a spiritual TSA, a **Thought Security Administration** run by the **Department of Transformation**.
- 1<sup>st</sup> Whatever is *true*.
  - a. Satan's primary weapon is deceit.
  - b. So we have to ask if what we're seeing & hearing is true -
  - c. Or is it a mask the enemy hides his lies behind?
  - d. The Greek word for truth carries a flavor English misses.
    - 1) It's the idea of *permanence*, constancy.
    - 2) If something is true it *endures*; it *lasts*.
    - 3) What's untrue fails & disappears. It may last for a time but it can't endure because time will reveal it to be false.
  - e. If we could step 20 years into the future, we'd see that much of what's in play today is forgotten because the mask will come off & people won't be fooled by it any longer.
  - f. Just as today, we look back on past ages & wonder how people could believe the silly things they did.
  - g. But truth *endures*. It lasts because it's real.
  - h. The truth people believed a thousand years ago still stands.
  - i. The best, most reliable source of truth is right here & in knowing He who IS truth Jesus.

- j. When you hear or see something, before you allow it to influence your thoughts, ask, "Is this true?"
- 2<sup>nd</sup> Whatever things *are noble*.
  - a. That's not a word we hear much anymore—unless it's Christmas & we're buying a tree.
  - b. Too bad, because it's a great word!
  - c. If something is noble, it's worthy of respect. It's honorable.
  - d. Something is noble when it **helps us become** what we were created to be.
  - e. If it builds character & helps us successfully negotiate the journey of life, it's noble.
  - f. Think of an athlete headed for the Olympics.
    - 1) His goal is a medal. So he evaluates everything choice he makes based on that goal.
    - 2) A good trainer is allowed in. Exercise & sleep are allowed in.
    - 3) But 3 lb. brownies sundaes & jelly-filled donuts aren't.
    - 4) Sitting on the couch watching soap operas 4 hours a day is out.
    - 5) Those things would *hinder* his pursuit of a medal.
    - 6) They aren't **noble to his cause** of standing on the victory stand.
  - g. We're headed for the Victory stand of Heaven.
  - h. Our **goal** is to be conformed to the Christ's image & become His beautiful bride.
  - i. We must be on the lookout **for** what helps us along the way, & **on guard against** that which would disqualify us or slow our pace.

### 3<sup>rd</sup> - Whatever things *are just*.

- a. Fair, right, proper.
- b. The Fall has plunged the human race into a quagmire of **selfishness**.
- c. Everyone wants their piece of the pie. The problem is, their piece is a little bigger than everyone else's & they want a scoop of ice cream on it too.
- d. People expect everyone **ELSE** to be fair, but that rule doesn't apply to them.
- e. We often see or hear something & say, "Oh-that's just not right!"
- f. And while we're so quick to say it as we look at *others*, we rationalize the same behavior in ourselves & *our group*; the people we identify with & call "Us."
- g. Paul says, "Don't play favorites or pervert justice."
- h. Don't write a speeding ticket for a stranger while letting your friend go free.

# 4<sup>th</sup> - Whatever things are **pure**,

- a. **Morally** pure.
- b. This doesn't mean perfect, because nothing in a fallen world.
- c. By pure, Paul refers to its basic makeup its core reality.
- d. Is its main purpose to honor what is good & true?
- e. Or does it aim at promoting sin?
- f. Friends, we need to take a good, hard look at what we allow ourselves to be entertained by.
  - 1) I am going to say something that may at first sound a little controversial; please hear me out.
  - 2) This doesn't originate with me. Good theologians & scholars have made this point many times.
  - 3) There are some great stories that have been written or filmed by unbelievers.
  - 4) Fallen as they are, they still bear the image of God & truth beckons them.
  - 5) Sometimes they create powerful stories that are *echoes* of that truth.
  - 6) But Hollywood also produces a lot of stuff that's nothing but propaganda for evil.
  - 7) As you are walking in the Spirit, read & watch in the Spirit too.
  - 8) If your spirit is uneasy, if the HS is warning you, waving you off from something Drop it like a live skunk!

## 5<sup>th</sup> - Whatever things are lovely,

- a. Attractive, admirable, winsome. But the attraction here isn't external.
- b. This isn't about *appearance*—it's *substance*.
- c. It's a **beauty of character** age & environment can't touch.
- d. We all know people who aren't much to look at but are **gorgeous** nonetheless because of who they were inside.
- e. As you get to know them, they **become** beautiful.

- f. It's said that beauty is only skin deep, but ugly goes all the way to the bone.
- g. The opposite is also true; Sometimes ugly is only skin deep but beauty goes all the way to the heart.

# 6<sup>th</sup> – Whatever things *are* of **good report**,

- a. Worth telling others about.
- b. When we discover something new we like, we can't wait to tell others.
- c. But if we don't like it, we start looking for things to criticize & pick at.
- d. Then we share our brilliant analysis with anyone who'll listen.
- e. Paul says we ought to cultivate an ability to discern what's commendable, & forego the rest.
- 12. Having listed these 6 things, he adds -

if there is any virtue and if there is anything praiseworthy – fill your minds with that.

- 13. Now Note the word that begins each of the 6 thought-inspectors "Whatever"
  - a. Then he finishes, "If there is **any** excellence in these things, **anything at all** to commend Ponder that."
  - b. If Paul had written, "Think <u>ONLY</u> about these things" we'd have to pack up & move out to the wilderness somewhere alone.
  - c. He's not calling us to go live in a cave, isolated from the world.
  - d. He's saying that as citizens of heaven, living in a fallen world, we need to exercise wisdom in what we allow to become the fodder for our thoughts.
- 14. Don't just sit back mentally & accept everything the world throws at you.
- 15. Instead, actively engage the world by reviewing what it says, what it wants to show you.
- 16. Look for the good & focus on THAT!
  - a. If you're watching TV, don't put your mind in neutral & let yourself be informed or entertained by **whatever** is on.
  - b. Engage! Evaluate. Ponder.
  - c. Ask, "Is this true? Is there **anything** in this that will further me along in becoming like Jesus?"
  - d. Is there **any** excellence in it? **Anything** to commend?
- 17. If there isn't & all you're getting is an appeal to the flesh, shut it off!
- 18. Because what you take in thru your senses becomes the fodder your mind uses to produce thoughts.
- 19. And those thoughts are the fuel for what you do & say.
- 20. Proverbs 4:27 says

Keep [Guard] your heart with all diligence, for out of it *spring* the issues of life.

- 21. Think of all this like eating sunflower seeds.
- 22. But there's another way our minds work.
  - a. Not only do thoughts flow from what *comes in* thru our senses –
  - b. The mind produce its **own** thoughts thru **imagination**.
  - c. Instead of an image coming into the mind thru the eye, the mind creates the image =

### image-in-ation.

- 23. Using what Paul says here about **meditating** on these 6 things, we ought to role-play in our minds how we will react to different situations.
- 24. World-class athletes do this before competition.
- 25. We can do it as we think about the challenges we'll face each day.
- 26. While some fantasize about sin; we can mentally practice & prepare for holiness.
- C. V.9

The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.

- 1. Faith in Christ isn't just an intellectual deal. Real faith is *lived out*.
- 2. So Paul called the Philippians to put feet to their faith.
- 3. Notice how he words it "What you learned, received, heard & saw Do."
- 4. He obviously didn't have Nike's ad writers editing his letter. They'd have changed v. 9 to, "Just do it."
- 5. Paul reminds the Philippians about the process of discovery God had taken them through.
  - a. They *learned* the Gospel when it was first preached to them.
  - b. They **received** it by faith, making it their own.
  - c. They *heard* from Paul about the kind of life believing in Jesus produces,

- d. And they saw that life in his example.
- 6. Paul didn't roll into town, stage some big meetings, drive off in a limo to a swanky hotel, then move off to the next town.
- 7. After he preached the Gospel, he **showed** how the Gospel changes a life.
- 8. I just can't stress enough the *importance* of Christian community, of *sharing our lives* & spiritual journeys.
- 9. The cult of celebrity that's taken over the American church is a tragedy.
  - a. We elevate a man or woman's gift to a level that in effect removes it from the minister.
  - b. We turn what the Spirit of God intends to be something to edify & grow us into a form of religious entertainment.
  - c. Then these Christian stars get whisked from one venue to another & we never get a chance to **see how they live**.
  - d. Their message is divorced from who & what they are.
  - e. And the Body of Christ is impoverished because of it.
- 10. Paul *had lived* among the Philippians. They *knew* him up close & personal.
- 11. So much so he could say to them, "Follow my example, & you will experience the presence of God intimately."
- III. CONCLUSION
- A. Renew Your Mind Romans 12:2

Do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what *is* that good and acceptable and perfect will of God.

- 1. Paul gives excellent insight into *how to renew our minds* here in v. 8.
- 2. As our minds are renewed, we'll not only know, we'll *experience* how good God's will is.