

Celebrate Recovery's Eight Recovery Principles

The Road to Recovery Based on the Beatitudes

Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable. (Step 1)

"Happy are those who know that they are spiritually poor." Matthew 5:3a TEV

Earnestly believe that God exists, that I matter to Him and that He has the power to help me recover. (Step 2)

"Happy are those who mourn, for they shall be comforted." Matthew 5:4 TEV, NIV

Consciously choose to commit all my life and will to Christ's care and control. (Step 3)

"Happy are the meek." Matthew 5:5a TEV

Openly examine and confess my faults to myself, to God, and to someone I trust. (Steps 4 and 5)

"Happy are the pure in heart." Matthew 5:8a TEV

Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to remove my character defects. (Steps 6 and 7)

"Happy are those whose greatest desire is to do what God requires" Matthew 5:6a TEV

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others when possible, except when to do so would harm them or others. (Steps 8 and 9)

"Happy are the merciful." Matthew 5:7a TEV; "Happy are the peacemakers" Matthew 5:9 TEV

Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will. (Steps 10 and 11)

Yield myself to God to be used to bring this Good News to others, both by my example and my words. (Step 12)

"Happy are those who are persecuted because they do what God requires." Matthew 5:10 TEV