

Follower: Lust - The Battle Within

July 21, 2019

Announcements

1. JC Camp is coming in August. You can choose from a host of ways to donate to the camp by using the sign up feature on the Services App. Get more information at the Next Steps Table.
2. Be blessed by serving at The JC on Sunday AM, sign up on the Services App or at the Next Steps Table.
3. Giving Away Goodness will be collecting specific items for a health fair that is put on for the homeless and destitute through HOPE Foundation. It will take place on 8/16 in Norfolk and the items we're collecting are: toothbrushes, toothpaste, deodorant, combs, white wash clothes, mouthwash and Qtips. The items are received at the Giving Table located next to the Next Steps Table.
4. IF you are interested in participating in Journey 101, our experience to help you decide if you wish to be a stakeholder, [you can sign up at this link.](#)
5. BAPTISM and Child Dedication on August 25! IF you are interested in what it means to be baptized, or if you would like more information on Child Dedication, indicate so on a Journey Card or Sign up on the [Baptism form at this link:](#)

Sunday Setlist:

Holding Nothing Back - Jesus Culture
From the Inside Out - Hillsong United
Even When It Hurts - Hillsong United
Brokenness Aside - All Sons and Daughters

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God made you to live out Real Love.

__Attraction __and Desire are gifts to help us learn to be people who practice Real Love.

Lust kills Real Love every time.

Review:

Following Jesus is about living a Real Life of Real Love

A follower's attitude their aptitude to love.

The wonderful gift of Life is free to anyone who receives it, only gets better as we use it!

A follower should assess their anger and heal through forgiveness.

*"You have heard that it was said, 'You shall not commit adultery.' **But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart.** If your right eye causes you to sin, tear it out and throw it away. For it is better that you lose one of your members than that your whole body be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away. For it is better that you lose one of your members than that your whole body go into hell.*

—Matthew 5:27-30

What you feed grows, what you starve dies.

How we feed lust

1. - emotional delight
2. - extra time together
3. - touch
4. - secrets
5. - infatuation

Lust is not love.

Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at

wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things.

—1 Corinthians 13:4-7

Lust is impatient and usually aggressive and unkind, it is extremely jealous and possessive, it is often rude and crass, it is irritable and angry when it doesn't get its way, when someone gets it wrong and they can take advantage of it – party! The truth is not the point of lust, conquest is. IT does not wait, it believes in nothing, it has not hope other than the hope of gratification, and it never lasts after it, like a beast, has been satiated.

—unknown

Lust is not Attraction

Attraction happens

Being attracted to people can be gift – it helps us connect.

Lust is not Desire.

He answered, “Have you not read that he who created them from the beginning made them male and female, and said, ‘Therefore a man shall leave his father and his mother and hold fast to his wife, and the two shall become one flesh’? So they are no longer two but one flesh. What therefore God has joined together, let not man separate.”

—Matthew 19: 4-6

Desire is good, when practiced in the boundaries that God designed.

What you feed grows and what you starve dies

1. Make a covenant with your eyes.
2. Guard you heart
3. Take radical steps
4. Stay true to the promise

God made you to live out Real Love.

Lust *Kills* Real Love every time.

Reflection:

- 1. Is there something radical that needs to happen?**
- 2. Who is one person that I trust?**
- 3. To begin to heal- What do I need to confess to God right now?**