

# ABOUT HEART

*“Delight yourself in the LORD and he will give you the desires of your heart.” Psalms 37:4 (NIV)*

Another way to think of your heart is to think about passion!

Take a moment to think about these questions:

## What drives you?

- What would you do for God if you knew you couldn't fail?
- What pushes you to action?
- What moves you so deeply that it keeps you awake at night?

## Who are the people you most want to help?

- Who do you feel you can influence the most?
- Is there an age range you feel most drawn to? If so, what age group?
- Is there an affinity group I feel most drawn to?

## What are the needs I feel most drawn to?

- What are the top two needs I love to meet for people?
- Why do I love meeting those needs?

## What cause am I most passionate about?

- What cause or issue makes my heart race?
- Where could I make the greatest impact for God?

# HEART

**Directions:** Please check each box that you feel applies to you.

**The people I would like to serve most are:**

- |   |                                       |   |  |
|---|---------------------------------------|---|--|
| <input type="checkbox"/> Children         | <input type="checkbox"/> Homeless     | <input type="checkbox"/> Single Parents | <input type="checkbox"/> Young Married |
| <input type="checkbox"/> College Students | <input type="checkbox"/> Hospitalized | <input type="checkbox"/> Singles        | <input type="checkbox"/> Youth         |
| <input type="checkbox"/> Disabled         | <input type="checkbox"/> Infants      | <input type="checkbox"/> Teen Moms      | <input type="checkbox"/> Poor          |
| <input type="checkbox"/> Divorced         | <input type="checkbox"/> Men          | <input type="checkbox"/> Unemployed     | <input type="checkbox"/> Other:_____   |
| <input type="checkbox"/> Elderly          | <input type="checkbox"/> Parents      | <input type="checkbox"/> Widowed        | <input type="checkbox"/> Other:_____   |
| <input type="checkbox"/> Empty Nesters    | <input type="checkbox"/> Prisoners    | <input type="checkbox"/> Women          | <input type="checkbox"/> Other:_____   |

**The issues or causes I feel most strongly about are:**

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> Abuse/Violence         | <input type="checkbox"/> Drug Abuse     | <input type="checkbox"/> Homelessness        | <input type="checkbox"/> Sanctity of Life |
| <input type="checkbox"/> Alcoholism             | <input type="checkbox"/> Education      | <input type="checkbox"/> Injustice issues    | <input type="checkbox"/> Sexuality        |
| <input type="checkbox"/> At-risk children       | <input type="checkbox"/> Environment    | <input type="checkbox"/> Law/ Justice system | <input type="checkbox"/> Spiritual apathy |
| <input type="checkbox"/> Compulsive<br>behavior | <input type="checkbox"/> Ethics         | <input type="checkbox"/> Marriage/ Family    | <input type="checkbox"/> Other:_____      |
| <input type="checkbox"/> Deafness               | <input type="checkbox"/> Finances       | <input type="checkbox"/> Parenting           | <input type="checkbox"/> Other:_____      |
| <input type="checkbox"/> Disabilities           | <input type="checkbox"/> Health/fitness | <input type="checkbox"/> Policy/ Politics    | <input type="checkbox"/> Other:_____      |
| <input type="checkbox"/> Divorce                | <input type="checkbox"/> HIV/AIDS       | <input type="checkbox"/> Poverty/ Hunger     | <input type="checkbox"/> Other:_____      |

# ABOUT ABILITIES

Each of us has abilities that we have discovered and learned over our lifetime.

Read Through This List of Specialized Abilities and Check the Ones That You Excel at and Love Doing:

## ABILITIES

- ☐ Adapting – The ability to adjust, change, alter, modify
- ☐ Administrating – The ability to govern, run, rule
- ☐ Analyzing – The ability to examine, investigate, probe, evaluate
- ☐ Building – The ability to construct, make, assemble
- ☐ Coaching – The ability to prepare, instruct, train, equip, develop
- ☐ Communicating – The ability to share, convey, impart
- ☐ Competing – The ability to contend, win, battle
- ☐ Computing – The ability to add, estimate, total, calculate
- ☐ Connecting – The ability to link together, involve, relate
- ☐ Consulting – The ability to advise, discuss, confer
- ☐ Cooking – The ability to prepare, serve, feed, cater
- ☐ Coordination – The ability to organize, match, harmonize
- ☐ Counseling – The ability to guide, advise, support, listen, care for
- ☐ Decorating – The ability to beautify, enhance, adorn
- ☐ Designing – The ability to draw, create, picture, outline
- ☐ Developing – The ability to expand, grow, advance, increase
- ☐ Directing – The ability to aim, oversee, manage, supervise
- ☐ Editing – The ability to correct, amend, alter, improve
- ☐ Encouraging – The ability to cheer, inspire, support
- ☐ Engineering – The ability to construct, design, plan
- ☐ Excelling – the ability to be the best and make my team the best, setting and attaining the highest standard.
- ☐ Facilitating – The ability to help, aid, assist, make possible
- ☐ Forecasting – The ability to predict, calculate, see trends, patterns, and themes
- ☐ Implementing – The ability to apply, execute, make happen
- ☐ Improving – The ability to better, enhance, further, enrich

- Influencing – The ability to affect, sway, shape, change
- Landscaping – The ability to garden, plant, improve
- Leading – The ability to pave the way, direct, excel, win
- Learning – The ability to study, gather, understand, improve, expand self
- Managing – The ability to run, handle, oversee
- Mentoring – The ability to advise, guide, teach
- Motivating – The ability to provoke, induce, prompt
- Negotiating – The ability to discuss, consult, settle
- Operating – The ability to run mechanical or technical things
- Organizing – The ability to simplify, arrange, fix, classify, coordinate
- Performing – The ability to sing, speak, dance, play an instrument, act out.
- Persevering – The ability to see things to completion, persisting at something until it is finished.
- Pioneering – The ability to bring about something new, groundbreaking, original
- Planning – The ability to arrange, map out, prepare
- Promoting – The ability to sell, sponsor, endorse, showcase
- Recruiting – The ability to draft, enlist, hire, engage
- Repairing – The ability to fix, mend, restore, heal
- Researching – The ability to seek, gather, examine, study
- Resourcing – The ability to furnish, provide, deliver
- Serving – The ability to help, assist, fulfill
- Shopping – The ability to collect, or obtain things, getting the highest quality for the best price.
- Strategizing – The ability to think ahead, calculate, scheme
- Teaching – The ability to interpret, decode, explain, speak
- Traveling – The ability to journey, visit, explore
- Visualizing – The ability to picture, imagine, envision, dream, conceptualize
- Welcoming – The ability to entertain, greet, embrace, make comfortable
- Writing – The ability to compose, create, record

## ABOUT PERSONALITY

Understanding the personality God has given you will help you more effectively express your spiritual gifts, heart, and abilities for His sake.

“Like stained glass, our different personalities reflect God’s light in many colors and patterns.”

- Rick Warren

We Are Going to Focus on Only Two Aspects of Your Personality:

- How you are energized and how you are organized.

## PERSONALITY

### DIRECTIONS:

- For each statement, circle the number towards the statement that most accurately describes what you would prefer in most situations.
- Do not answer according to what you feel is expected by a spouse, family member, employer, etc.
- Select the behavior or perspective that would come naturally to you if you knew there were no restrictions on or consequences for your personal expression.

### How Are You Energized?

**I’m more comfortable:**

doing things for people      1   2   3   4      being with people

**When doing a task, I tend to:**

focus on the goal      1   2   3   4      focus on relationships

**I get more excited about:**

advancing a cause      1   2   3   4      creating community

**I feel I’ve accomplished something when I’ve:**

gotten a job done      1   2   3   4      built a relationship

**It is more important to start a meeting:**

on time                      1 2 3 4    when everyone gets there

**I'm more concerned with:**

meeting a deadline    1 2 3 4    maintaining the team

**I place higher value on:**

action                      1 2 3 4    communication

Add all the prior numbers and record the total here. Total =

If your score was 7 – 17: You are more task-oriented

If your score was 18 – 28: You are more people-oriented

## How Are You Organized?

**While on vacation I prefer to:**

be spontaneous        1 2 3 4    follow a set plan

**I prefer to set guidelines that are:**

general                      1 2 3 4    specific

**I prefer to:**

leave my options open        1 2 3 4    settle things now

**I prefer projects that have:**

variety                      1 2 3 4    routine

**I like to:**

play it by ear            1 2 3 4    stick to a plan

**I find routine:**

boring                      1 2 3 4    restful

**I accomplish tasks best:**

by working it out as I go        1 2 3 4    by following a plan

Add all the prior numbers and record the total here. Total =

If your score was 7 – 17: You are unstructured

If your score was 18 – 28: You are structured

Record your results:

I am \_\_\_\_\_ / \_\_\_\_\_ .

## EXPERIENCE

*“Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God.” 2 Corinthians 1:3-4 (NIV)*

Take a moment to think about these different experiences and how they have impacted your life:

- Spiritual experiences – meaningful decisions, times with God, times you felt especially close to God.
- Painful experiences – problems, hurts, trials, etc...
- Educational experiences – favorite subjects in school, special training, etc...
- Ministry experience – how you’ve served in the past.

Record any experiences that stand out in the following areas onto your S.H.A.P.E. Profile: