

Doctrine of Prayer pt 2 models

Various Scriptures

“Lord, our Lord, how magnificent is your name throughout the earth!” -Psalm 8:1

In your opinion, what is the most challenging aspect of prayer today?

*Knowing _____ to pray.

*Knowing _____ to pray for.

Reflecting on part 1 of the doctrine of prayer, we not only examined who our prayers should be offered to, but the purpose, timing, and setting in which we should pray. As we continue part 2, we will dig deeper into our purpose by looking closer at several situational models of prayer. As we read these prayers keep in mind, this is how we pray by faith, adding them to our prayers as we dialogue with our Heavenly Father.

● **Prayer of Deliverance: Psalm 69**

When we face hardships and challenges in life our first response should be to pray to God for deliverance. Here is a model prayer of David who knew how to turn to the Lord in his time of need.

- Cry out to _____. (1a)
- Tell Him ***exactly*** how you feel and what is happening in your life. (1b-5,7-12, 19-21)
- Tell Him ***exactly*** what you _____. (6, 13-18, 22-29)
- Affirm your ***faith*** and ***commitment*** to honoring God. (30-36)

What is the most difficult part of enduring hardships and challenges in life?

“Then they cried out to the LORD in their trouble, and He delivered them from their distress.” -Psalm 107:6

● **Prayer of Healing: 2 Kings 20:1-3; Jeremiah 17:14**

When we face sickness whether it be physical or spiritual we should pray to God for healing. Here are two models of prayer from Hezekiah and Jeremiah, both cried out to the Lord. For further instructions on this see also James 5:14-16

- Pray to _____.

- Appeal your diagnosis.

What if God doesn't respond with the answer you would prefer? Does that mean your faith is not strong enough? Why or why not?

"He himself bore our sins in his body on the tree, so that, having died to sins, we might live for righteousness. By his wounds you have been healed." -1 Peter 2:24

- **Prayer of Confession: Nehemiah 1:5-7**

When we find ourselves overwhelmed with feelings of guilt and shame confession is a significant way to pray to have those feeling released. In the Bible, there are many examples and reminders of the importance of confession.

- Talk to _____. (5-6a)
- Take _____ for your actions. (6b-7)
- Affirm your covenant relationship. (8-10)
- Personal petitions (11)

Why is it so difficult to confess and pray to God when we have done wrong? What is one thing you can do to avoid a hard heart?

What are the benefits of confession?

- *God has mercy on us: Proverbs 28:13
- *God forgives us: Psalm 32:5
- *God heals us: James 5:16
- *God cleanses us: 1 John 1:9
- *God restores our joy and makes us usable: Psalm 51:3-4; 12-13

- **Prayer of Adoration: Psalm 8**

This type of prayer is focused on worshiping the Lord out of deep love, reverence, and admiration. They come from a place of awe of who the Lord is and all that He does. The Bible is filled with many examples of prayers of adoration.

- He adores the majesty of His name. (1a,9)

- His majesty in creation. (1b-8)

What are some other prayers of adoration in the Bible?

*Adoration for God's rescue and protection: Psalm 18

*Adoration for God's powerful voice: Psalm 29

*Adoration for God's provision: Psalm 145

*Adoration for God's mercy: Nehemiah 9:5-38

*Adoration for God's sovereignty: Job 42:2-3, 5

As you grow closer to the Lord through Jesus Christ, what is one way you can adore Him more in your prayer life?

What is one thing you have learned for the first time that you are willing to share with someone else?

“Prayer is the master-weapon. We should be greatly wise if we used it more.” -Charles H. Spurgeon