

Session 4:

Getting Started:

1. If you have siblings, what was one of the silliest fights you ever got into? Did your parents utilize any "make-up" strategies?
2. Ever had the chicken-pox? Maybe poison ivy or an annoying tickle in your throat? How does unforgiveness compare?
 - What comes to mind when you think of forgiveness?
 - Share a time (it can be lighthearted) when you needed forgiveness from someone else?
 - Share a time when you have needed to offer forgiveness.

Read: Matthew 6:14-15

- These scriptures tell us that forgiveness is a big deal.
 - What makes forgiveness so hard in painful situations?
 - How do these scriptures make you rethink forgiving others regardless of if they "deserve" forgiveness?
- Forgiving others does not mean you are approving of their choices or actions or letting them off the hook. Explain the difference between forgiving and approving.
- We read that we need to offer forgiveness as a response to the forgiveness we have received, but what do you think it looks like to forgive wisely?

Read: Proverbs 19:11

- Are you easily offended or do you let things roll off your back? How would your life change if you decided to become less offendable?
- How can you take a step toward forgiveness this week?

Wrap Up:

Read Matthew 6:9-13 aloud together. Have each person take a line and put it into their own words. When finished, pray the Lord's prayer together.

Memory Verse:

*"Bear with each other and forgive one another
if any of you has a grievance against someone.
Forgive as the Lord forgave you."
Colossians 3:13*

*Creating My
Happily Ever After*