

Discussion Questions:

1.Can you relate to a troubled heart being like a stormy sea?
Give some examples you've experienced during the Pandemic.

2.Read Colossians 3:1-2 from several different translations.

-Now put this idea into your own words.

-How much time do you spend thinking about heavenly things vs earthly things?

-Brainstorm together and think of ways we can improve in this area.

3.Share about a time you've been lost.

-How would a Guide have made a difference?

-Do you think about God's Spirit being your Guide?

-What do you think you need to do to listen and hear God's Spirit better?