

SHOW KINDNESS TO A BULLY.

STAND UP FOR A
FRIEND WHO WAS
BEING BULLIED.

STAND UP FOR A
STRANGER WHO IS BEING
TREATED UNFAIRLY.

SIT AT THE LUNCH TABLE WITH A KID WHO IS SITTING ALONE

CANCEL PLANS WITH YOUR BEST FRIEND TO GET TO KNOW A NEW FRIEND.

MISS A MOVIE TO COMFORT A FRIEND (EVEN THOUGH YOU HAVE TICKETS)

LET AN ADULT KNOW IF A FRIEND IS DOING SOMETHING DANGEROUS.

BE LATE TO CLASS TO HELP SOMEONE WHO GOT HURT DURING RECESS.

PRAY TO GOD BEFORE
YOU EAT YOUR LUNCH
AT SCHOOL.