

Galatians Small Group



Session 5- Flesh versus the Spirit

- Icebreaker -

- **What kind of fruit would you be, and why?**
 - *LEADERS NOTE: A fun and silly question but you may be surprised at how deep people may take this.*
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READ: 16 I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. 17 For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish. 18 But if you are led by the Spirit, you are not under the law. 19 Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, 20 idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, 21 envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told *you* in time past, that those who practice such things will not inherit the kingdom of God

- **Looking back on this past week. Share a moment where you would have acted differently if Jesus was physically present in the room with you?**
 - **We tend to focus on things that are easily defined but Paul lists many works of the flesh. What is one of the less talked about works of the flesh with which you struggle?**
 - *LEADERS NOTE: It will help, if as a leader, you are willing to start off the first question by sharing your own personal answer. This will make people feel more at ease when sharing their own struggles.*
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READ: 22 But the fruit of the Spirit is love, joy, peace, long suffering, kindness, goodness, faithfulness, 23 gentleness, self-control. Against such there is no law. 24 And those *who are* Christ's have crucified the flesh with its passions and desires. 25 If we live in the Spirit, let us also walk in the Spirit. 26 Let us not become conceited, provoking one another, envying one another.

- **Fruit is a produce of good soil. Paul is saying that a life that has been crucified to Christ produces works of the spirit as opposed to flesh. What are some ways you see the fruit of the spirit manifested in your own life?**

- LEADERS NOTE: Believe it or not but most people have a harder time talking about the things they do right rather than the things they do wrong. The group may need help from fellow members at where the fruits are showing in their own lives.

- **In verse 26 Paul agains talks about envy. How could learning about the fruits of the spirit turn into envy or boasting? How do we avoid that?**

- LEADERS NOTE: At times we can think we have made it or even think that we are “better” than others because the fruits seem evident in our life. On the flip side we may envy others because of what we perceive as their good works. Neither is good as we are completely of the flesh and only by walking in the Spirit do we produce good fruit.

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- **Go around the group and name one work of the flesh you want to destroy or one fruit of the spirit you want to be more evident in your life. Pray for that this week.**