

# OUR CITY KIDS

**PRESCHOOL – Ages 3-5 years' old**

**\*\*Note:** Parents & guardians, the activity and the game will need the assistance and participation of you!

**Memory Verse:** “These are written so that you may believe that Jesus is the Christ, the Son of God.” John 20:31, NLV

## **GAME:**

### **Freeze Dance**

**What You Need:** Music player and the monthly song

#### **What You Do:**

*Before the Activity:* Have the children stand in front of you.

*During the Activity:* Turn the music on and ask the children to dance. After about 30 seconds, turn off the music and ask the children to stand very still or FREEZE. Ask the children to say the Bottom Line when they FREEZE. Start the music and ask the children to dance again. Repeat the activity several times in 30 second increments.

#### **What You Say:**

*Before the Activity:* “Let’s dance!”

*During the Activity:* “I’m going to turn on our song for this month. When you hear the music, start to dance. When the music stops, everyone FREEZE and say, **[Bottom Line] ‘I can believe in Jesus!’** (Demonstrate.) Are you ready?” (Pause then do activity.)

*After the Activity:* “Whew! That was so much fun! God gave us Jesus, and we can all believe in Jesus! **Who can believe in Jesus? [Bottom Line] I can believe in Jesus!**”

## **ACTIVITY:**

### **Memory Verse Crawl!**

**What You Need:** A play tunnel

**What You Do:**

*Before the Activity:* Set the tunnel on the floor of the activity area.

*During the Activity:* Line up the children on one end of the tunnel. Encourage them to crawl through, one at a time, then say the memory verse together as a group. Repeat until every child has had a turn crawling through the tunnel.

**What You Say:**

*Before the Activity:* "Friends, let's line up at the end of our tunnel!"

*During the Activity:* "Let's take turns crawling through the tunnel. When each friend stands up at the other end, we will say our memory verse. It says, 'These are written (*open your hands like a book*) so that you (*point out*) may believe (*point to head*) that Jesus is the Christ, (*point up*) the Son of God.' (*Rock baby.*) John 20:31. (*Open hands like a book.*)

"Great job! Okay, (*Child's name*) crawl through the tunnel then jump up, and we'll say our verse together." (*Repeat with each child.*)

*After the Activity:* "When you went into the tunnel, we couldn't see you until you came out. In our Bible story, today, we heard how Jesus went away. His friends were so sad. But then, Jesus came back! Jesus is alive, and we can believe in him. **Who can believe in Jesus? [Bottom Line] I can believe in Jesus!**"