

21 Days of Prayer

2022



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Written by Hal Daigre
Lead Pastor at FIMC

For more info on FIMC
256.355.7518 | www.fimcdecatur.org

Day 1 - Prayer of Repentance

Psalm 51:1-17 (NLT) (look up and read)

Start your prayer journey with David's prayer of repentance to make sure your heart is right before the Lord. As you read through this Psalm, confess anything the Holy Spirit brings to your heart.

Day 2 - Lord Teach Me to Pray

Luke 11:1 (NLT) Once Jesus was in a certain place praying. As he finished, one of his disciples came to him and said, "Lord, teach us to pray, just as John taught his disciples."

As you continue your journey in prayer, ask Jesus to teach you to pray. Write a prayer out to the Lord, then at the end of these 21 days of prayer write another prayer and see how you have grown.



Day 3 - The Lord Calls Us to Pray

Psalm 27:8 (NLT) *My heart has heard you say, "Come and talk with me."
And my heart responds, "LORD, I am coming."*

In this Psalm David says the Lord spoke to his heart, "Come and talk with me." As you pray today, think about this and thank the Lord for the times He has spoken to your heart to come and pray. Also ask the Lord to forgive you for the times He called you and you didn't pray. Begin to listen for the Lord to call you to prayer.

Day 4 - Make Prayer a Daily Habit

Mark 1:35 (NLT) *Before daybreak the next morning, Jesus got up and went out to an isolated place to pray.*

Jesus taught us that we should always pray, but He gave us the example of starting our day in prayer. The Psalmist said it this way, "Early will I seek you". (Psalm 63:1) Make it a habit during your 21 day journey to let prayer be the first thing you do when you wake up.



Day 5 - Never Give Up!

Luke 18:1 (NLT) *One day Jesus told his disciples a story to show that they should always pray and never give up.*

Jesus taught that we should always pray and never give up. Sometimes in life we feel like giving up, but remember that Jesus will always make a way and that way can be found in prayer. Today in your journey of prayer remind the Lord and yourself that you are never going to give up or give in to defeat.

Day 6 - Prayer for Direction

Psalms 23 (NLT) *The LORD is my shepherd; I have all that I need. 2 He lets me rest in green meadows; he leads me beside peaceful streams. 3 He renews my strength. He guides me along right paths, bringing honor to his name. 4 Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me. 5 You prepare a feast for me in the presence of my enemies. You honor me by anointing my head with oil. My cup overflows with blessings. 6 Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the LORD forever.*

Is the Lord truly your Shepherd? Pray this Psalm asking the Lord to shepherd your life and give you peace as you walk through the hard seasons of life. Ask the Lord to direct you as a shepherd directs his sheep.



Day 7 - Prayer for Deliverance

Psalm 40:1–3 (NLT) *I waited patiently for the LORD to help me, and he turned to me and heard my cry. 2 He lifted me out of the pit of despair, out of the mud and the mire. He set my feet on solid ground and steadied me as I walked along. 3 He has given me a new song to sing, a hymn of praise to our God. Many will see what he has done and be amazed. They will put their trust in the LORD.*

Pray this Psalm for deliverance in any area of your life for which you are struggling. If you pray this prayer in faith, the Lord will deliver you and set your feet on solid ground and help you to walk steadily.

Day 8 - Pray to Not Give in to Temptations

Matthew 26:41 (NLT) *Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak!"*

Jesus told the disciples to pray always so they would not give in to the temptations of life. Remember temptation is not sin but becomes sin if you give in to it. Prayer will help you overcome any temptation.



Day 9 - Pray for God's will

Matthew 26:39 (NLT) *He went on a little farther and bowed with his face to the ground, praying, "My Father! If it is possible, let this cup of suffering be taken away from me. Yet I want your will to be done, not mine."*

Prayer is not bending God to my will, but it is a bringing of my will into conformity with His will. Pray for God's will in all that you pray for. Remember that God has a perfect will.

Day 10 - Listening Prayer

Psalms 27:14 (NLT) *Wait patiently for the LORD. Be brave and courageous. Yes, wait patiently for the LORD.* **1 Samuel 3:9 (NLT)** *So he said to Samuel, "Go and lie down again, and if someone calls again, say, 'Speak, LORD, your servant is listening.'" So Samuel went back to bed.*

Most of us picture prayer sort of like a monologue: We talk to God, sharing our heartfelt thanks and offering up our petitions and requests. But prayer is really more like a dialogue, where we speak with God and the Lord speaks to us. Listening prayer centers around a clear request to hear the Lord speak. In making our request, we give the Lord authority over the other voices we hear. Then we hit the pause button. We wait on God in a time of silence, giving the Lord an opportunity to speak to us. We focus our time of prayer on intentional, purposeful listening and let God do the talking. Do this for about 10 minutes.



Day 11 - Prayer About Anxious Thoughts

Psalms 139:23 (NLT) *Search me, O God, and know my heart; test me and know my anxious thoughts.*

Many people experience anxious thoughts, even King David being the powerful warrior that he was, experienced this. The key is that he went to the Lord for help. Anxious thoughts can put you in a prison where it seems there is no way out. The next time you experience anxious feelings, seek the Lord as David did to help you overcome these thoughts.

Day 12 - Daily Needs

Matthew 6:11 (NLT) *Give us today the food we need,*

Matthew 6:31-33 (NLT) *So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' 32 These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. 33 Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.*

Your Heavenly Father knows your needs and will meet all your needs if you seek Him first. As you pray today, learn to seek the Lord first in your prayer. Then ask for your needs. All too often, we go straight to our needs. Seek the face of God before you seek the hand of God.



Day 13 - Fast and Pray

Matthew 6:16-18 (NLT) *And when you fast, don't make it obvious, as the hypocrites do, for they try to look miserable and disheveled so people will admire them for their fasting. I tell you the truth, that is the only reward they will ever get. 17 But when you fast, comb your hair and wash your face. 18 Then no one will notice that you are fasting, except your Father, who knows what you do in private. And your Father, who sees everything, will reward you.*

Try fasting today. Jesus taught that sometimes we need to fast when we pray. Fasting is denying yourself of something you really love (not just food). Fasting and praying are about giving up the thing you seek for satisfaction in order to draw near to God, allowing God to satisfy you. Whatever you fast from (food, drink, social media, TV, video games, sports, etc) use that time to pray. When you desire throughout the day what you gave up, pray.



Day 14 - Struggling with Unbelief

Mark 9:17-24 (NLT) *One of the men in the crowd spoke up and said, "Teacher, I brought my son so you could heal him. He is possessed by an evil spirit that won't let him talk. 18 And whenever this spirit seizes him, it throws him violently to the ground. Then he foams at the mouth and grinds his teeth and becomes rigid. So I asked your disciples to cast out the evil spirit, but they couldn't do it." 19 Jesus said to them, "You faithless people! How long must I be with you? How long must I put up with you? Bring the boy to me." 20 So they brought the boy. But when the evil spirit saw Jesus, it threw the child into a violent convulsion, and he fell to the ground, writhing and foaming at the mouth. 21 "How long has this been happening?" Jesus asked the boy's father. He replied, "Since he was a little boy. 22 The spirit often throws him into the fire or into water, trying to kill him. Have mercy on us and help us, if you can." 23 "What do you mean, 'If I can'?" Jesus asked. "Anything is possible if a person believes." 24 The father instantly cried out, "I do believe, but help me overcome my unbelief!"*

This story reveals to us how we can have faith in Jesus but still struggle with unbelief in certain areas of life. When this happens, we need to pray and ask Jesus to help us with our unbelief. Today as you pray, ask Jesus to help you with areas in your life that you are struggling with unbelief.



Day 15 - Pray for People to be Saved

Romans 10:1 (NLT) *Dear brothers and sisters, the longing of my heart and my prayer to God is for the people of Israel to be saved.*

As Paul prayed for Israel to be saved, so we need to pray for people to be saved. Write down some people you know that need to be saved and begin to pray for them each day.

Day 16 - People Who Hurt You

Matthew 5:44 (NLT) *But I say, love your enemies! Pray for those who persecute you!*

People hurt one another but forgiveness brings freedom and healing. How do you forgive? Through God's grace and prayer. Try praying for your enemies and those who have hurt you today, it may not change them but it will change you.



Day 17 - Pray for Workers for the Harvest

Luke 10:2 (NLT) *These were his instructions to them: "The harvest is great, but the workers are few. So pray to the Lord who is in charge of the harvest; ask him to send more workers into his fields."*

The last words of Jesus before He ascended were, "Go and make disciples." This can only be accomplished if we have workers. This should always be a part of our prayer. Today as you pray, ask the Lord to call people to preach, teach, pastor, serve in areas of the church, missionaries, etc.

Day 18 - Pray don't Worry

Philippians 4:6-7 (NLT) *Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. 7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.*

Worry has never changed any situation but it will change you. Worrying can cause you loss of sleep, health problems and many other things. It can hinder your prayer life. Today, as you pray, cast all your cares on Jesus and trust Him with each situation. Then, each time you begin to think about the situation, stop and pray.



Day 19 - Intercessory Prayer

1 Timothy 2:1-2 (NLT) *"I urge you, first of all, to pray for all people. Ask God to help them; intercede on their behalf, and give thanks for them. Pray this way for kings and all who are in authority so that we can live peaceful and quiet lives marked by godliness and dignity."*

Don't let your needs consume your prayer time, pray for others. Make a list today of the needs of people you know and pray for them. Pray over your family. Pray for our government officials and our military. Pray for your pastor and the leaders of the church. Intercessory prayer is powerful and will change you.

Day 20 - Pray in the Spirit

Jude 20-21 (NLT) *But you, dear friends, must build each other up in your most holy faith, pray in the power of the Holy Spirit, 21 and await the mercy of our Lord Jesus Christ, who will bring you eternal life. In this way, you will keep yourselves safe in God's love.*

Learn to pray in the power of the Holy Spirit. This means as you are praying, be sensitive to the Holy Spirit so He can lead you to pray. The Holy Spirit is able to reveal things to you so you can pray.



Day 21 - Pray acknowledging who God is

2 Samuel 7:18-22 (NLT) *"Then King David went in and sat before the Lord and prayed, 'Who am I, O Sovereign Lord, and what is my family, that you have brought me this far? 19 And now, Sovereign Lord, in addition to everything else, you speak of giving your servant a lasting dynasty! Do you deal with everyone this way, O Sovereign Lord? 20 'What more can I say to you? You know what your servant is really like, Sovereign Lord. 21 Because of your promise and according to your will, you have done all these great things and have made them known to your servant. 22 'How great you are, O Sovereign Lord! There is no one like you. We have never even heard of another God like you!'"*

Sovereignty refers to the unlimited power of God, who has sovereign control over the affairs of nature and history. The Bible declares that God is working out His sovereign plan of redemption for the world and that the conclusion is certain. Today start your prayer as David did by recognizing who God is. I love to start my prayer time by acknowledging who God is and that He is Sovereign over everything including my life. This will help you to trust the Lord with your life.



Congratulations!

**You have completed the 21 Days of Prayer.
I hope this has helped, challenged, and
encouraged you, as well as, caused you
to grow. I also hope you will continue
to seek the Lord in prayer
throughout this year.**

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First Independent Methodist Church

**3 Oxmore Flint RD SW.
Decatur, AL 35603**

**office.fimc@gmail.com
256.355.7518**