

The Enneagram test is used to help identify some of our internal motivations that are present within our personalities. Having an understanding of how we operate internally can help us understand some of the temptations we are susceptible to (**Vice**), how we typically feel and act when we're at our best (**Ideal**) or at our worst (**Fear**) and what lies under the surface of our hearts (**Desire**). You can learn more about each of the 9 types by reading a description of them at either of the following websites:

<https://www.enneagraminstitute.com/type-descriptions>

<https://www.youenneagramcoach.com/free-resources>

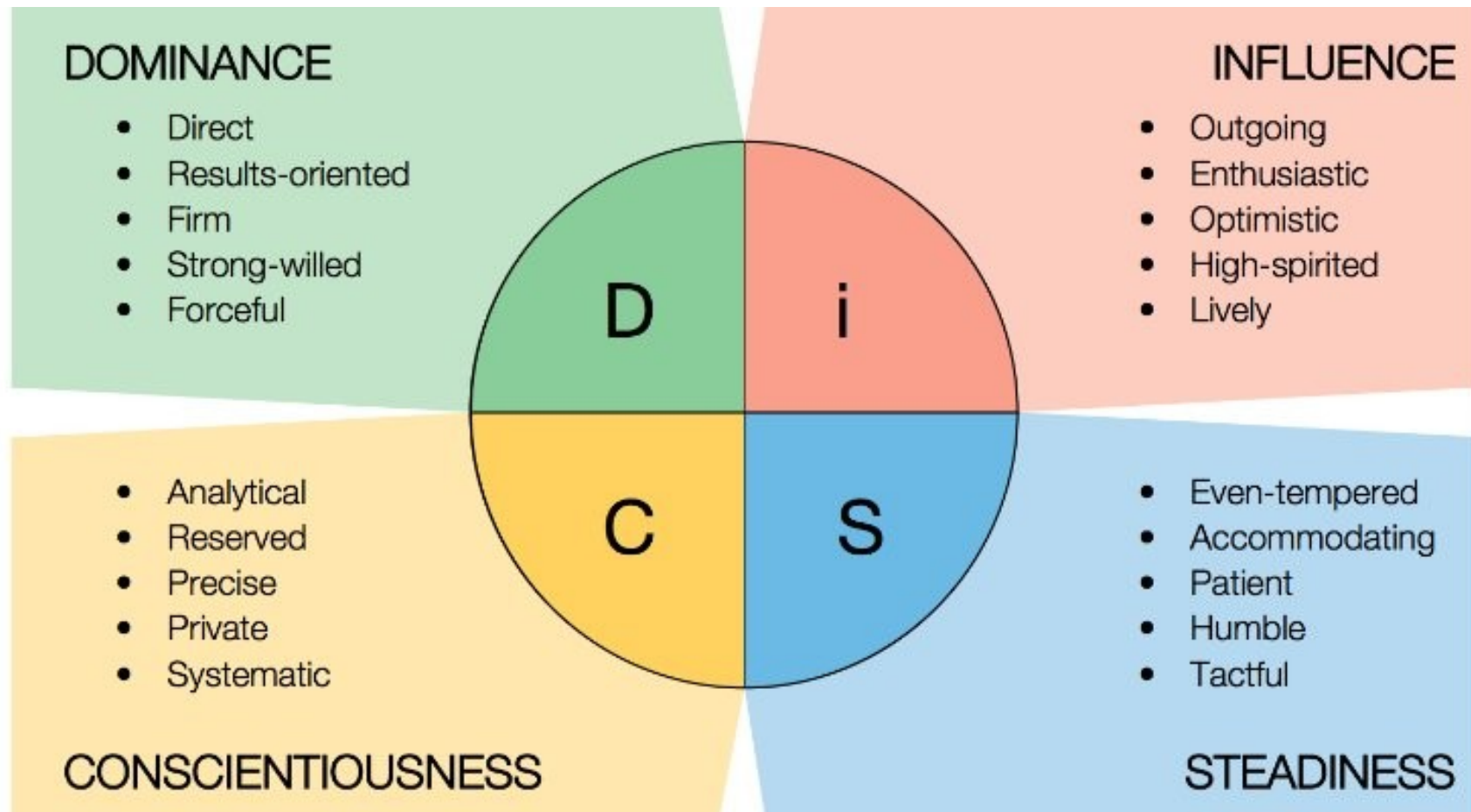
You can take a free assessment on those websites or just read a summary of each type. More than likely, you will read one of the types and think, "that describes me pretty accurately!" Usually, you realize that is your type. Below is a chart that summarizes the main feeling or motivator for each type.

Enneagram Chart

Type	Ideal	Fear	Desire	Vice
1: Reformer	Perfection	Corruption	Integrity	Anger
2: Helper	Freedom	Unworthiness	Love	Vainglory
3: Achiever	Hope	Worthlessness	Being valued	Deceit
4: Individual	Originality	Commonness	Authenticity	Envy
5: Investigator	Omniscience	Uselessness	Competency	Avarice
6: Loyalist	Faith	Isolation	Safety	Fear
7: Enthusiast	Work	Boredom	Experiences	Gluttony
8: Challenger	Truth	Loss of control	Autonomy	Lust
9: Peacemaker	Love	Loss	Stability	Indifference

The DISC assessment is used in many workplace settings to help employers and employees understand how their co-workers are internally driven to work (**Pace of Work**) as well as what they care about the most in their work (**Priority of Work**). Without having to apply this to the workplace, we can see how one of these four different personality traits can describe how we interact with others in any setting. Like the other tests, many times you can read the descriptions and be able to figure out which one best describes your personality, your pace and your priorities. You can take a free assessment or learn more about the DISC assessment at:

<https://discpersonalitytesting.com/blog/>



The Myers-Briggs Personality assessment is one of the more extensive tests that gives you a variety of details about your personality, motivations, why and how you interact with others and much more. It bases its findings on helping you identify four different core questions (**chart below**). By combining your answers to each category, it creates a fairly accurate list of characteristics within your personality. So, you can take a free assessment of it at:

<https://www.16personalities.com/>

Or, you can look at the four horizontal categories on the chart and ask yourself “what side for each category do I lean more towards?” For instance, I (Kyle), would find myself on the following sides:

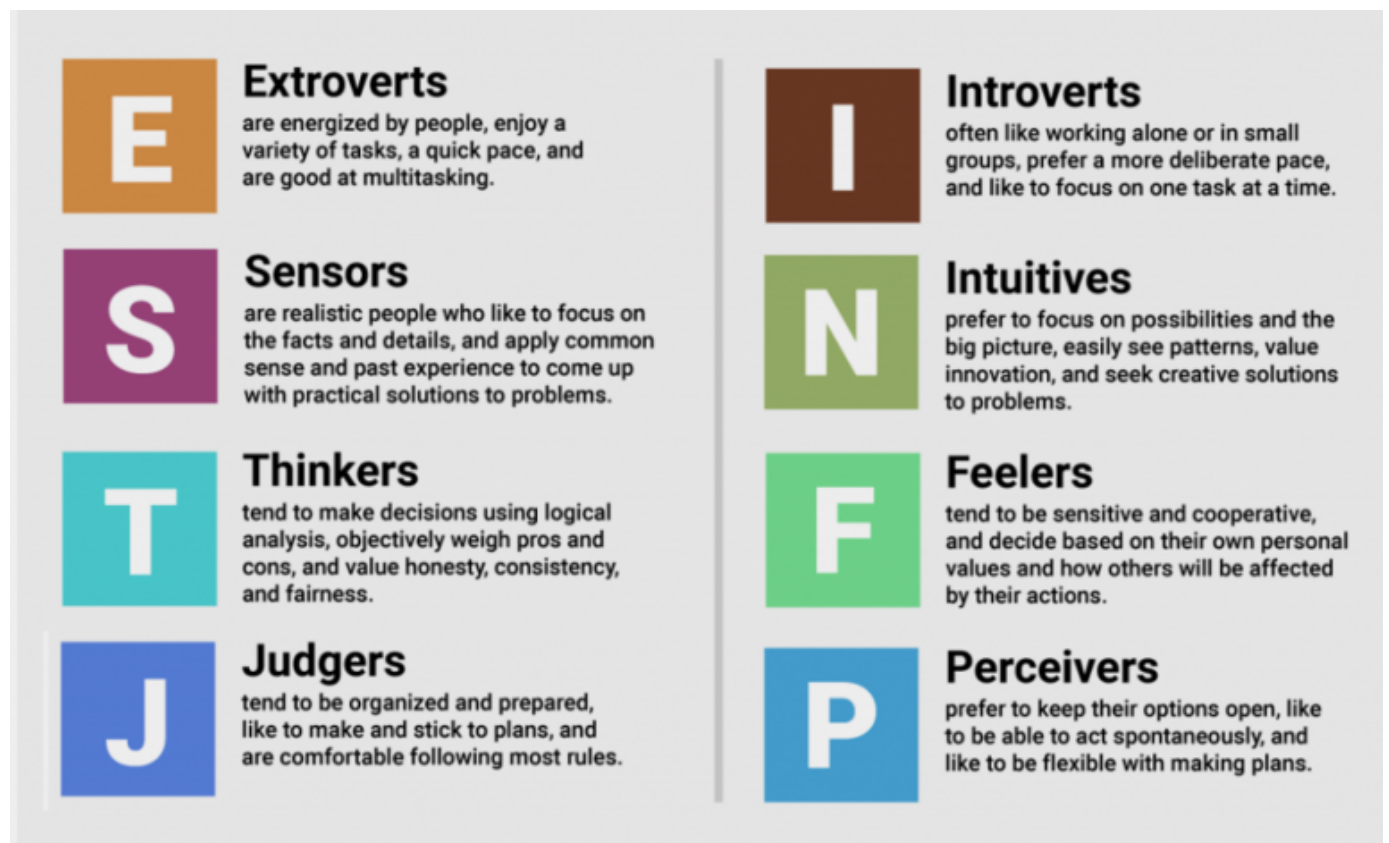
Extrovert (E) over Introvert

Intuitive (N) over Sensor

Feeler (F) over Thinker

Judger (J) over Perceiver

I would then go to the website and read the description for the type that has the description for “ENFJ.” This would then reveal some info about my personality, motivations, primary ways to interact with others and how I refuel emotionally, mentally and physically.



One final note: in all of these personality tests, the goal is to gain understanding, self-awareness, of how God uniquely created all of us. There is no bad answer, no bad category or trait. Ultimately, God is in the business of helping you “know thyself in order to know God.” You may feel the desire to take all of the assessments or you may want to take one. You may just want to read the descriptions and figure it out by yourself or lean on the opinion of others who know you fairly well. Whatever avenue you go down, know that can help us live out the new life that Jesus desires for us all. So, pursue these with humility, talk to others to hear about what God is teaching them about themselves and look to Jesus, the one who knew His authentic, real self. Let us be like Jesus, who was able to say NO to the temptations of the enemy and say YES to His purpose and the most fulfilling life on this earth.

Luke 4:1-13

1 Jesus, full of the Holy Spirit, left the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil. He ate nothing during those days, and at the end of them he was hungry. The devil said to him, “If you are the Son of God, tell this stone to become bread.” Jesus answered, “It is written: ‘Man shall not live on bread alone.’” **(Pleasures do not satisfy).**

5 The devil led him up to a high place and showed him in an instant all the kingdoms of the world. And he said to him, “I will give you all their authority and splendor; it has been given to me, and I can give it to anyone I want to. If you worship me, it will all be yours.” Jesus answered, “It is written: ‘Worship the Lord your God and serve him only.’” **(Possessions do not satisfy).**

9 The devil led him to Jerusalem and had him stand on the highest point of the temple. “If you are the Son of God,” he said, “throw yourself down from here. For it is written: “‘He will command his angels concerning you to guard you carefully; they will lift you up in their hands, so that you will not strike your foot against a stone.’” Jesus answered, “It is said: ‘Do not put the Lord your God to the test.’” When the devil had finished all this tempting, he left him until an opportune time. **(Power does not satisfy).**