Grow Together.

Together : Lesson 4 of 5 : MANUP.org

Ephesians 4

15 Speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the Church. 16 He makes the whole body fit together perfectly. As each part does its own special work, it helps the other parts GROW, so that the whole body is healthy and growing and full of love...

25 Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another.

If you’re not GROWING you’re DYING.

4 Truths about Growing.

• You need EVERY part to make the OTHER parts grow.

• You can’t GROW anything without getting your hands DIRTY.

• Growing takes a lot of TIME and ATTENTION.

• You can’t MAKE something grow but you can certainly HELP it grow.
3 Ways to Help Each Other Grow.

1. Help with your **WORDS**.
   - Speak words of **WISDOM**.
     - Colossians 3
       16 Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives.

     - Proverbs 4
       5 Get wisdom; develop good judgment. Don’t forget my words or turn away from them. 6 Don’t turn your back on wisdom, for she will protect you. Love her, and she will guard you. 7 Getting wisdom is the wisest thing you can do! And whatever else you do, develop good judgment.

       **WISDOM** says, “Here’s something that I’ve learned that might be helpful.”

   - Speak words of **WARNING**.
     - Hebrews 3
       13 You must warn each other every day, while it is still “today,” so that none of you will be deceived by sin and hardened against God.

     - Proverbs 27
       5 An open rebuke is better than hidden love!
       6 Wounds from a sincere friend are better than many kisses from an enemy.

       **WARNING** says, “I know this is hard to hear, but I love you enough to tell you the truth.”
• Speak words of **RESTORATION**.

**Galatians 6**
1 Dear brothers and sisters, if another believer is overcome by some sin, you who are godly should gently and humbly help that person back onto the right path. And be careful not to fall into the same temptation yourself.

**Romans 15**
2 We should help others do what is right and build them up in the Lord.

*RESTORATION* says, “I’m willing to do whatever it takes to get you back on the right path.”

• Speak words of **ENCOURAGEMENT**.

**Ephesians 4**
29 Don’t use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.

**Hebrews 10**
24 Let us think of ways to motivate one another to acts of love and good works.

*ENCOURAGEMENT* says, “God had given you the gifts, skills, and abilities to do this well. Keep up the good work.”

The words you **SAY** matter more than you **THINK**.
2. Help with your **HANDS**.

1 John 3

18 Dear children, let’s not merely say that we love each other; let us show the truth by our actions.

Romans 12

9 Don’t just pretend to love others. Really love them...

13 When God’s people are in need, be ready to help them.

Proverbs 17

17 A friend is always loyal, and a brother is born to help in time of need.

*Sometimes the best thing you can offer is a HELPING HAND.*

3. Help with your **HEART**.

1 Peter 3

8 Sympathize with each other. Love each other as brothers and sisters. Be tenderhearted, and keep a humble attitude.

Romans 12

15 Rejoice with those who rejoice and weep with those who weep.

Galatians 6

2 Share each other’s burdens, and in this way obey the law of Christ.

*Nothing shows you CARE like being NEAR.*
Table Group Questions:

Q: What was the most impactful truth from today’s lesson and why?

Q: Which of these 3 practices are you the best at? Helping with...
   _____ Your Words
   _____ Your Hands
   _____ Your Heart

Q: Which of these 3 practices needs a little work? Helping with...
   _____ Your Words
   _____ Your Hands
   _____ Your Heart

Q: Who is helping you grow right now and how are they helping you grow?