

# The Truth About Rules.

Road Rules // [MANUP.org](http://MANUP.org)

*“Everybody ends up SOMEWHERE in life, but  
not everybody ends up where they WANT to be.”*

*- Andy Stanley*

**Q:** Are you where you want to be?

*Road Rules is roadmap to get from where you ARE  
to where you WANT to be in the 7 Journeys of Life.*

*Spiritual - Mental - Physical - Sexual - Financial - Relational - Professional*

**PROBLEM:** As a general rule, we don't like RULES.

## **BUT WHAT IF . . .**

- ✓ *I can prove that following the rules  
will make your life **BETTER**?*
- ✓ *I can guarantee that following the rules  
will make your life more **SUCCESSFUL**?*
- ✓ *I can show you how to find  
**FREEDOM** by following the rules?*

**Q:** Are you ready to find freedom  
and live a successful life?

## Proverbs 1

<sup>1</sup> These are the proverbs of Solomon... <sup>2</sup> Their purpose is to teach people wisdom and discipline, to help them understand the insights of the wise. <sup>3</sup> Their purpose is to teach people how to live disciplined and successful lives, to help them do what is right, just, and fair. <sup>4</sup> These proverbs will give insight to the simple, knowledge and discernment to the young. <sup>5a</sup> Let the wise listen to these proverbs and become even wiser. <sup>7</sup> The fear of the Lord is the beginning of knowledge, but fools despise wisdom and instruction.

## The Truth About Rules.

1. A rule is a GIFT from God to DIRECT you.

### Psalm 119

<sup>105</sup> Your word is a lamp to guide  
my feet and a light for my path.

### Psalm 25

<sup>4</sup> Show me the right path, O Lord;  
point out the road for me to follow.

2. A rule is a GIFT from God to PROTECT you.

### Psalm 119

<sup>133</sup> Guide my steps by your word, so I will not  
be overcome by evil. <sup>45</sup> I will walk in freedom,  
for I have devoted myself to your commandments.

*Following the rules leads to*

FREEDOM not RESTRICTION.

## Group Discussion.

- How do you typically respond to rules and why do you think you respond in that way?
- What's ONE rule that you struggle to follow?
- Which one of the 7 Journeys of Life has been the hardest for you? (*Spiritual - Mental - Physical - Sexual Financial - Relational - Professional*)
- What drew you to be a part of this group?
- What do you hope to learn over the next 8 weeks?