The Truth About Rules.

Road Rules: Lesson 1 of 8: MANUP.org

"Everybody ends up <u>SOMEWHERE</u> in life, but not everybody ends up where they <u>WANT</u> to be!" - Andy Stanley

Are YOU where you WANT to be?

- Road Rules is a 7 week journey from where you <u>ARE</u> to where you <u>WANT</u> to be.
- We'll spend the next 7 weeks learning
 7 rules for navigating the 7 journeys of life.

Spiritual - Mental - Physical - Sexual - Financial - Relational - Professional

PROBLEM: As a general RULE . . . we don't like RULES.

BUT WHAT IF...

- ✓ We can PROVE that following the rules would make everything in your life better?
- ✓ We can GUARANTEE that following the rules would make your life more successful?
- ✓ We can SHOW you how to find freedom by following the rules?

The Truth About Rules.

1. A rule is a truth that <u>INSTRUCTS</u> you.

Proverbs 1

¹ These are the proverbs of Solomon... ² Their purpose is to teach people wisdom and discipline, to help them understand the insights of the wise. ³ Their purpose is to teach people how to live disciplined and successful lives, to help them do what is right, just, and fair. ⁴ These proverbs will give insight to the simple, knowledge and discernment to the young. ^{5a} Let the wise listen to these proverbs and become even wiser. ⁷ The fear of the Lord is the beginning of knowledge, but fools despise wisdom and instruction.

Proverbs 4

^{7a} Getting wisdom is the wisest thing you can do!

Wisdom is **DOING** what you're **LEARNING**.

2. A rule is a truth that <u>DIRECTS</u> you.

Psalm 119

¹⁰⁵ Your word is a lamp to guide my feet and a light for my path.

Proverbs 14

¹² There is a path before each person that seems right, but it ends in death.

Psalm 25

⁴ Show me the right path, O Lord; point out the road for me to follow.

What do you do when you don't know what to do? You ASK FOR HELP.

3. A rule is a truth that <u>CORRECTS</u> you.

Proverbs 12

¹⁵ The way of a fool is right in his own eyes, but a wise man listens to advice.

Proverbs 9

⁶ Leave your simple ways behind, and begin to live; learn to use good judgement. ¹² If you become wise, you will be the one to benefit. If you scorn wisdom, you will be the one to suffer.

Admitting you're <u>WRONG</u> is the <u>RIGHT</u> thing to do.

4. A rule is a truth that <u>PROTECTS</u> you.

Psalm 119

¹³⁰ The teaching of your word gives light, so even the simple can understand. ¹³³ Guide my steps by your word, so I will not be overcome by evil.

Psalm 119

⁴⁵ I will walk in freedom, for I have devoted myself to your commandments.

Following the rules leads to FREEDOM not RESTRICTION.

Group Discussion.

- How do you typically respond to rules?
- What's ONE RULE you wish you could REMOVE from the Bible?
- Which of the 7 Life Journeys has been your hardest?
 Spiritual Mental Physical Sexual Financial Relational Professional