

# Encourage.

ALL IN : Week 5 of 5 : [MANUP.org](http://MANUP.org)

## 1 Thessalonians 5:11

Encourage each other and build each other up.

**ENCOURAGE:** *“to fill with courage”*

**Q: Who or what stole your courage?**

***“Courage is a GIFT from God  
that you GIVE to others.”***

## Encourage with . . .

- **Your WORDS.**

***“WORDS have the power to CHANGE everything.”***

The tongue can bring life or death. - Proverbs 18:21

Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.  
- Ephesians 4:29

You must warn each other every day, while it is still *today*, so that none of you will be deceived by sin and hardened against God. - Hebrews 3:13

Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. - Colossians 3:16

**Q: Are your words helping or hurting?**

- **Your ACTIONS.**

***“ACTIONS speak louder than WORDS.”***

Share each other's burdens, and in this way  
obey the law of Christ. - Galatians 6:2

We should help others do what is right and  
build them up in the Lord. - Romans 15:2

Let us think of ways to motivate one another  
to acts of love and good works. - Hebrews 10:24

- **Your PRAYERS.**

***“PRAYER is the forgotten POWER of the believer.”***

Jesus said, *“Where two or three gather together in  
my name, I am there with them.”* - Matthew 18:20

Confess your sins to each other and pray for each other so  
that you may be healed. The earnest prayer of a righteous  
person has great power and produces wonderful results.  
- James 5:16

- **Your PRESENCE.**

***“Nothing says you’re FOR me like being WITH me.”***

Look after each other. - Hebrews 12:15

All the believers devoted themselves to the apostles’  
teaching, and to fellowship, and to sharing in meals,  
and to prayer. And all the believers met together in  
one place and shared everything they had. - Acts 2:42-44

**Q: WHO needs your courage?**

**Q: HOW can you encourage them today?**