

10 LESSONS

WE'RE LEARNING IN 2020

*48% of Americans say
they feel HOPELESS.*

- U.S. Census, April 2020 -

Q: How do you typically respond when you feel hopeless?

Q: What are you hoping for right now?

*Hope is having FAITH in the FUTURE
based on EVIDENCE from the PAST.*

4. Be HOPEFUL because God is in control.

Psalm 20:7 - Some trust in chariots and some in horses,
but we trust in the name of the Lord our God.

Psalm 121:2-5 My help comes from the Lord, who made heaven
and earth! He will not let you stumble; the one who watches
over you will not slumber. Indeed, he who watches over Israel
never slumbers or sleeps. The Lord himself watches over you!

Hebrews 10:23 - Let us hold tightly without wavering to the
hope we affirm, for God can be trusted to keep his promise.

Psalm 25:5 - All day long I put my hope in you.

ACTION: Remember a time when God was faithful to YOU.

5. Be **JOYFUL** because God is doing something good.

Romans 8:28 - And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.

Genesis 50:20 - Joseph said, "You plotted evil against me, but God turned it into good."

Q: What are some of the good things you see God doing?

James 1:2-3 - Dear brothers & sisters, when trouble comes your way, consider it an opportunity for great joy. For you know that when your faith is tested, your endurance has a chance to grow.

1 Thessalonians 5:16-18 - Always be joyful. Never stop praying. Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus.

Q: What have you been complaining about that you need to start praying about?

6. Be **GRACIOUS** because God is gracious to you.

Ephesians 4:29,32 - No foul language should come from your mouth, but only what is good for building up someone in need, so that it gives grace to those who hear... Be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.

Prayer: God, help me show *GRACE* to _____.

7. Be **GENEROUS** because you'll be blessed.

Proverbs 11:25 - The generous will prosper; those who refresh others will themselves be refreshed.

Q: What are some ways you can be generous to others?