SPECIALIZED ISSUES

Bipolar, Teens, Divorce, Grief, Severe Mental Illness, Depression, Anxiety, General Counseling
Tarena Borden, MA, LMHCA (as of 12/19)
(260) 376-0126
www.graceloveandconnection.org

Trauma, EMDR (trauma therapy), Depression, Anxiety, General Counseling
Lisa Heller, MSW, LCSW
(260) 387-6340
www.Corvision.org/lisa-heller

Marriage, Children, General Counseling
Mary Lisa Barta, MS, LMFT
(260) 387-6340
www.corvision.org/mary-lisa-barta

Veterans Crisis Hotline
(800)-273-8255, #1
Text: 838255
Live Chat: VeteransCrisisLine.net/chat

Addictions
Sarah Lobacz, MS, LMFT (also couples & families)
(260) 347-4400
www.necmh.org

Gret Machlan, LCSW, LCAC
(260) 203-9059

Living Free Recovery of Allen County
www.livingfreerecoveryac.org

Affair Recovery
Melisa Sanchez-Landgraf, MS, LMFT
(260) 351-5112

Marriage and Pre-Marital
Brooke Sellhorn, MA, LMFT
(260) 370-6573
www.graceloveandconnection.org

LGBTQ Issues (Including help for parents)
Beth Pictor, MA, LMHC
(260) 370-6573
www.graceloveandconnection.org

Children
Kim Fish, LCSW, LMHC
(260) 823-3100
www.clarityfamilies.com

Eating Disorders
Brooke Farrington, MSW, LCSW, CEDS-S
(260) 358-7180
www.farringtonspecialtycounseling.com

LOW INCOME OPTIONS

****Most Counselors Offer Sliding Fee Scales If You Ask Them****

Bowen Center
1-800-342-5653
www.bowencenter.org

Lifeline Youth and Family Services
1-800-509-6884
www.lifelineyouth.org

Hope Alive
(260) 420-6100
www.hopealivefortwayne.org

CHRISTIAN PRIVATE PRACTICES

Grace Love and Connection
www.graceloveandconnection.org

Cornerstone Vision
www.corvision.org

C Jantzen & Associates
www.catherinejantzen.com

Aberdeen Group
www.theaberdeengroup.com

COMMUNITY RESOURCES

Fellowship of Christian Counselors Fort Wayne
www.fellowshipofchristiancounselors.com

NAMI of Northeast Indiana
(National Alliance on Mental Illness)
www.namifortwayne.org

Lookup Indiana
www.lookupindiana.org

Mental Health America of NE Indiana
www.mhanortheastindiana.org

Celebrate Recovery
www.celebraterecovery.com

Stop Suicide Northeast Indiana
www.stopsuicidenow.org

Mental Health and Illness Resources

Current as of October 2019

SUICIDE AND CRISIS RESOURCES

Park Center Walk-In Clinic
2710 Lake Avenue, Fort Wayne 46805
Call 24/7: (260) 471-9440 or (260) 969-8440
Hours: 8 AM-10 PM 7 days a week
www.parkcenter.org

Parkview Behavioral Health
1720 Beacon Street, Fort Wayne 46805
Call 24/7: (260) 373-7500 or 1-800-284-8439
www.parkview.com/services-specialties/behavioral-health/behavioral-health

Saint Joe Behavioral Health
700 Broadway, Fort Wayne 46802
(260) 425-3606 or 1-800-694-9034
www.stjoehospital.com/behavioral-health

Dupont ER
2520 E. Dupont Road, Fort Wayne 46825
(260) 416-3000
www.theduponthospital.com

Saint Joe ER
700 Broadway, Fort Wayne 46802
(260) 425-3000
https://stjoehospital.com

Lutheran ER
7950 W. Jefferson Blvd, Fort Wayne 46804
(260) 435-7001
www.lutheranhospital.com

Parkview North ER
11109 Parkview Plaza Dr, Fort Wayne 46845
(260) 266-1000
www.parkview.com

Parkview Main ER
2200 Randallia Dr, Fort Wayne 46805
(260) 373-4000
www.parkview.com

911 – ask for a CIT Officer
(Crisis Intervention Team – they are specially trained in Mental Health Issues)

MENTAL HEALTH PROFESSIONALS

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9417 St. Joe Center Road, Fort Wayne 46835
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marylisab@corvision.org

Sarah Lobacz, MS, LMFT
Northeastern Center
1930 Dowling St., Kendallville 46755
(260) 347-4400
www.necmh.org

Dr. Robert Heck, Ph.D., Lisa Heck, M.A.
Cornerstone Vision
10315 Dawson's Creek Blvd, Ste F, Fort Wayne, IN
(260) 387-6340
www.corvision.org

"GET ME THROUGH THE MOMENT" SHORT-TERM HELPS

National Suicide Prevention Lifeline
Call 24/7: 1-800-273-8255
www.suicidepreventionlifeline.org

Lookup Indiana
Text Lookup to 494949
www.lookupindiana.org

Remedy Live
(260) 422-1958
www.remedylive.com