



The Discipleship Journey

Name: _____

Date: _____

Spring / Summer 2019 (v. 1.1)

The Discipleship Journey: *The Christian's lifelong process of being conformed to the image of Christ for the sake of others.*

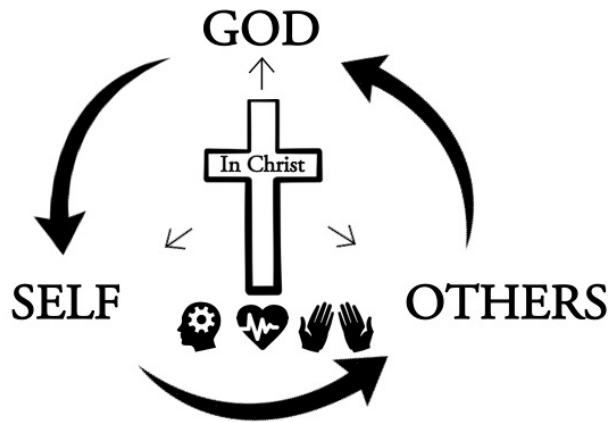
In one sentence, describe the condition of your spiritual life right now. _____

Can you name 2 or 3 of the main factors contributing to that current condition? _____

What are the greatest trials, challenges or temptations that you will / might face over the next six months? _____

What are the greatest opportunities for growth, change, or maturing you will have in the next six months? _____

A picture of a
MATURING DISCIPLE:



If I could do (or *stop* doing) 1-3 things over the next six months...things I know would help me grow...what would they be?

1. In relationship to *GOD*:

HEAD? _____

HEART? _____

HANDS? _____

2. In relationship to *SELF*:

HEAD? _____

HEART? _____

HANDS? _____

3. In relationship to *OTHERS*:

HEAD? _____

HEART? _____

HANDS? _____

My life purpose / mission is:

THE DISCIPLESHIP JOURNEY

Overview

We created this tool for the purposes of **VISION, CULTURE, and PRACTICAL APPLICATION.**

VISION: We believe that the Bible teaches that every Christian is called to a lifelong journey of discipleship. Jesus called his followers to BE disciples, and to MAKE disciples. Simply put, a disciple is an *apprentice* or, a *student of a master*. Disciples spend time with the master to learn *what* he does, *the way* he does it. Every Christian is to live intentionally, and dependently, as a disciple of Jesus, who makes disciples of Jesus.

CULTURE: By highlighting this tool a couple of times each year, Mission Trails Church will develop a *culture* of **1.** dependence on the Holy Spirit for real a lasting change, **2.** of spiritual growth goal-setting, **3.** with a shared language, and **4.** the understanding that *every* Christian is called to engage this journey, right where they are, always taking obedient next steps.

PRACTICAL APPLICATION: Spiritual growth, maturing, and transformation happens *one step at a time*, by constantly taking *next steps*. This tool helps focus goals and next steps within a *specific time frame* (6-months), considering the *three primary relationships* in our lives (God, Self, Others), and *three core areas* where we experience the Holy Spirit's transforming work (Head, Heart, Hands).

Every person at Mission Trails Church can use this tool, in any season of their life, no matter their spiritual maturity, no matter their capacity.

Upcoming Events at Mission Trails Church

MAY 5 – Praise & Prayer Night
MAY 5 – Newcomer's Reception
MAY 12 – Parent / Child Dedication
JUNE 8 – Volunteer Party
JUNE 23-29 – Forest Home Family Camp
JULY 4 – Lake Murray Fireworks (MTC has a booth)
JULY 11-13 – Amor House-building trip
SUMMER – "The Gospel & My Neighbor" Class
SUMMER – Trailhead One-on-one Meetings
AUGUST 17 – Serve the Schools Work Day
AUGUST 24 – Leadership Community

Key ways to PLUG IN to MTC

- TRUST Christ as Your Savior
- Sunday Morning WORSHIP
- Weekly Growth GROUPS
- Daily BIBLE Reading (CBR Journal)
- Regular Volunteer TEAMS
- BAPTISM
- MEMBERSHIP Discovery Class (quarterly)
- NEWCOMER'S Receptions (every 2 months)
- Occasional Men's / Women's EVENTS
- Occasional CLASSES / SEMINARS
- Trailhead – One-on-one MENTORING (6 weeks)
- SERVICE Opportunities in our Community
- Men's ACCOUNTABILITY Groups

Classic Christian Spiritual Practices

- Prayer
- Bible Reading / Bible Study
- Silence & Solitude
- Fasting
- Simplicity
- Service
- Receiving Spiritual Direction
- Service
- Confession
- Worship
- Celebration
- Sharing about Christ with others

Other Important Growth Habits

- Investing in Your Marriage
- Investing in Your Children
- Finding a Mentor
- "Sabbath" Rest Days and Personal Retreats
- Seeking Help for Addictions
- Exercise
- Cultivating Christian Friendships
- Hospitality to Non-Christian Friends, Neighbors
- Reading Important Books
- Limiting Technology Inputs
- Enjoying the Beauty of God's Creation
- Ministering and Serving Cross-culturally