

COUNTY OF SAN DIEGO

QUICK REFERENCE GUIDE TO SERVICES

Emergency & Referral Services	
24/7 Access and Crisis Line for San Diego County (ACL)	888-724-7240
Treatment Referrals for Mental Health and Substance Use Disorder services	888-724-7240
County Information Line <i>All Services</i>	2-1-1
Domestic Violence Natl. Hotline <i>Open 24/7</i>	800-799-7233
Psychiatric Emergency Response Team	9-1-1
County Psychiatric Hospital <i>Patient Inquiries</i>	619-692-8232
Pharmacy at Rosecrans Health Complex	619-692-5740
Case Management <i>Assistance locating services, treatment, or with daily needs</i>	619-692-8715
Behavioral Health Walk-in Clinics	
Jane Westin (Downtown)	619-235-2600
Union of Pan Asian Communities (Mid-City/College)	619-818-3788
Southeast (Oceanview)	619-595-4400
Project Enable (Lincoln Park)	619-266-2111
North Central (Mission Bay)	619-692-8750
Douglas Young (Mira Mesa)	858-695-2211
East County (El Cajon)	619-401-5500
Heartland (El Cajon)	619-440-5133
South Bay Guidance (Chula Vista)	619-427-4661
Maria Sardinias (San Ysidro)	619-428-1000
Exodus (Escondido)	760-796-7760
North Inland (Escondido)	760-747-3424
Kinesis North (Escondido)	760-480-2255
North Coastal (Oceanside)	760-967-4475
MHS BPSR (Vista)	760-758-1092
Exodus Recovery (Vista)	760-758-1150
It's Up to Us San Diego <i>Suicide prevention/Stigma Reduction</i> http://www.up2sd.org/index.php	
Support Groups	
Alateen <i>For family/friends below age 19</i>	619-296-2666
Alcoholics Anonymous <i>Peer support</i>	619-265-8762 760-758-2514
Crystal Meth Anonymous <i>Peer support</i>	855-638-4373
Narcotics Anonymous <i>Peer support</i>	619-584-1007 800-479-0062
Nar-Anon <i>For addicts' family/friends</i>	800-477-6291
International Bipolar Foundation	858-764-2496
NAMI San Diego <i>Peer and family/friends support for persons with mental illness</i>	619-543-1434

NAMI North Coastal <i>North County</i>	760-722-3754
RI International <i>For co-occurring Mental Health & Substance Use issues</i>	866-481-5361
Clubhouses	
API Discovery (East San Diego)	619-229-4208
The Corner (North Park)	619-683-7423
Friend-to-Friend (Downtown)	619-955-8217
NHA Friendship (Lincoln Park)	619-263-6269
The Meeting Place (Downtown)	619-294-9852
Deaf Community Services (National City)	619-618-0501
Eastwind (Serra Mesa)	858-268-4933
Oasis (Golden Hill)	858-300-0470
Visions (Chula Vista)	619-420-8603
Casa del Sol (San Ysidro)	619-429-1937
East Corner (El Cajon)	619-631-0441
Mariposa (Oceanside)	760-439-2785
BPSR Escondido (Escondido)	760-737-7125
Senior Services	
Adult/Older Adult Services	800-339-4661
Aging & Independence Services	858-495-5885
Edgemoor Skilled Nursing Facility <i>(Also serves non-seniors)</i>	619-596-5500
Veterans & Active Military	
Veterans "Courage to Call" (Central) <i>Active, retired, transitioning. Open 24/7.</i>	877-698-7838 or 2-1-1 (option 4)
Veterans "Courage to Call" (North County)	877-698-7838 or 2-1-1 (option 4)
Office of Military and Veterans Affairs (OMVA) Central Region Office <i>Benefits information & assistance</i>	858-694-3222
Office of Military and Veterans Affairs (OMVA) South Bay Office	619-731-3345
Wounded Warrior (Central Region)	619-981-9642
Wounded Warrior (North County)	760-453-0351
Warrior Foundation <i>Transitional military</i>	619-578-2615
Children, Youth & Families	
Report Child Abuse (Child Welfare Services)	858-560-2191
First 5 <i>Resources for 0-5 year olds</i>	888-534-7785
Children's Emergency Screening Unit <i>Open 24/7</i>	619-421-6900
Perinatal Care Network <i>Connection to Perinatal Care and Medi-Cal</i>	800-675-2229
NAMI San Diego <i>Family Youth Liaison</i>	800-523-5933

Patient's Rights	
Consumer Center for Health Education and Advocacy Outpatient (CCHEA) <i>Healthcare benefits, treatment complaints</i>	877-734-3258 or 619-744-0935
Jewish Family Service (JFS) Patient Advocacy Program <i>Inpatient, residential, inmate, minors receiving mental health</i>	800-479-2233 or 619-282-1134
Long term care Ombudsman <i>Patients in nursing homes/long term care</i>	800-640-4661
Public Health Services	
County Public Health (Main Line)	619-531-5800
AIDS/HIV Testing	619-692-8500
Flu Shots – Immunizations	866-358-2966
Food Handlers' Card	800-253-9933
Tuberculosis Clinic	619-692-8600
Food & Housing	
Cal Fresh (aka SNAP, Food Stamps)	877-847-3663
County Housing Authority	858-694-4801
Homeless Outreach Team (City of SD)	619-236-5900
Emergency Shelter, Transitional Housing	2-1-1
Medical/Dental Treatment	
Medi-Cal	866-262-9881
Covered California <i>Affordable Care Act</i>	888-975-1142
Federally Qualified Health Centers <i>Referral & appointment line for medical, dental, and mental health treatment</i>	2-1-1
County Medical Services <i>Program of last resort for eligible adults</i>	800-587-8118
Employment	
County Job Listings (Online Only) http://www.sandiegocounty.gov/hr/	
CalWORKs Application at http://www.benefitscal.org/	
Workforce, Education & Training	619-563-2719
Pest/Disease Control	
Animal Services	858-694-7000
Dead Birds (West Nile Virus)	888-551-4636
Mosquito/Rodent Control	858-694-2888
Records	
Vital Records <i>Birth & Death Certificates</i>	619-237-0502
Vital Records <i>Marriage Certificates</i>	619-237-0502
Passports (Clerk of the Board)	619-531-5600
Justice System	
Adult Probation: East County (El Cajon) So. County (Chula Vista) North County (Vista) Hall of Justice	619-441-3441 619-498-2111 760-806-2333 619-515-8212

Adult Forensics <i>Individuals with a mental illness in the criminal justice system</i>	619-531-3047
Juvenile Corrections Program (Central)	858-694-4600
Juvenile Corrections (East County)	619-441-4455
Juvenile Corrections (Vista)	760-806-2313
Juvenile Forensics <i>For youth referred by juvenile courts, probation or child welfare</i>	858-694-4680
Legal Aid Society <i>For low income clients</i>	877-534-2524
DUI Programs	
Central Region	858-467-6810
East Region	619-741-8147
North Region	760-752-5300
South Region	619-409-1780
Reporting Complaints	
Adult/Older Adult Abuse Reporting (Aging & Independence Services)	800-510-2020 800-339-4661 858-495-5885
Alcohol Sales to Minors	916-419-2510
Child Abuse	858-560-2191
Child Welfare Services – Ombudsman	619-338-2098
Elder Abuse	800-510-2020
Food Facilities	858-505-6903
Toxic Waste	800-728-6942
Mental health treatment concerns: http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/bhsfeedback.html	
Care Facilities	http://www.cdss.ca.gov/
Doctors	http://www.mbc.ca.gov
Foster Homes	http://www.cdss.ca.gov/
Housing/Discrimination Hotline <i>Legal Aid Society of San Diego – Fair Housing Program Administrator for San Diego County</i>	844-449-3500

This guide is not a complete listing; please see www.sdcounty.ca.gov for more detailed information.



Up2SD.org