

**God Never Said...**  
***God Will Not Give You More Than You Can Handle***  
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Part 2

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1. Understand the \_\_\_\_\_ of this belief.

2. The bible is filled with examples of people experiencing more than they can handle.

- Moses  
*Numbers 11:4 "I cannot carry all these people by myself; the burden is too heavy for me."  
(NLT=New Living Translation)*
- The prophet Jeremiah  
*Jeremiah 15:18 "Why then does my suffering continue? Why is my wound so incurable? Your help seems as uncertain as a seasonal brook, like a spring that has gone dry." (NLT)*
- The Disciples  
*Mark 4:34 "Jesus was sleeping at the back of the boat with his head on a cushion. The disciples woke him up, shouting, "Teacher, don't you care that we're going to drown?" (NLT)*
- The Apostle Paul  
*II Corinthians 1:8 "We think you ought to know, dear brothers and sisters, about the trouble we went through in the province of Asia. We were crushed and overwhelmed beyond our ability to endure, and we thought we would never live through it." (NLT)*

3. Why does God allow more than we can handle?

- He allows this as a \_\_\_\_\_ to others  
*Psalms 40:2 "He lifted me out of the pit of despair, out of the mud and the mire. He set my feet on solid ground and steadied me as I walked along." (NLT)*  
*Psalms 40:3 "Many will see what he has done and be amazed. They will put their trust in the LORD." (NLT)*
- We learn to \_\_\_\_\_ only on Him and not ourselves  
*II Corinthians 1:9 "In fact, we expected to die. But as a result, we stopped relying on ourselves and learned to rely only on God, who raises the dead." (NLT)*
- We become \_\_\_\_\_ when we're overwhelmed  
*Matthew 11:28-29 "Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. <sup>29</sup> Take my yoke upon you. **Let me teach you**, because I am humble and gentle at heart, and you will find rest for your souls." (NLT)*
- We experience the \_\_\_\_\_ of Jesus  
*II Corinthians 12:9 "Each time he said, "My grace is all you need. My power works best in weakness." So now I am glad to boast about my weaknesses, so that the power of Christ can work through me." (NLT)*

#### 4. How can we experience these results?

- Stop \_\_\_\_\_
- Stop \_\_\_\_\_  
*Acts 7:51 "You stubborn people! You are heathen at heart and deaf to the truth. Must you forever **resist** the Holy Spirit? That's what your ancestors did, and so do you!" (NLT)*  
*I Thessalonians 5:11 "So **encourage** each other and build each other up, just as you are already doing." (NLT)*  
*II Corinthians 7:6 "But God, who encourages those who are discouraged, encouraged us by the arrival of Titus." (NLT)*
- Start \_\_\_\_\_

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#### **Discussion Questions:**

1. Have you heard people use this phrase before? Have you used it when facing challenging times?
2. What are the dangers of this belief?
3. How does it make you feel knowing biblical characters were overwhelmed and were in situations that were more than they could handle?
4. Discuss the four reasons given why God allows more than we can handle. Have you experienced any of these in your own struggles?
5. Discuss the three ways given to experience what God desires when we have more than we can handle.
6. What are the steps you need to take?