

# **CCEM SPRING WOMEN'S STUDY**

## **A WALK THROUGH PSALMS**

### **HOMEWORK 3 ~ PSALM 32 ~ "A LOWLY HEART"**

*All questions taken from, "A 30-Day Walk with God in the Psalms," by Nancy DeMoss-Wolgemuth*

**1. READ PSALM 32 THOUGHTFULLY AND PRAYERFULLY. WHAT KEY WORDS STAND OUT TO YOU IN THIS PASSAGE?**

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**2. WRITE OUT A KEY VERSE FROM THIS PASSAGE.**

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**3. WHAT WORDS DOES DAVID USE TO SPEAK OF HIS OFFENSES AGAINST GOD (v. 1-2)?**

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**4. DESCRIBE THE CONSEQUENCES DAVID EXPERIENCED WHEN HE TRIED TO COVER HIS SIN AND REFUSED TO ACKNOWLEDGE IT BEFORE GOD. (v. 3-4)**

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**5. HOW DID DAVID FIND RELIEF FROM THE BURDEN OF HIS GUILT? (v. 5)**

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6. BASED ON HIS PERSONAL EXPERIENCE (v. 1-5), WHAT INSTRUCTION DID DAVID OFFER TO OTHERS WHO WANT TO EXPERIENCE THE SAME BLESSEDNESS HE EXPERIENCED? (v. 6-11)

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7. WHAT BLESSINGS AND BENEFITS ARE EXPERIENCED BY THOSE WHO CONFESS AND REPENT OF THEIR SINS? (v. 1-2, 5, 7, 10-11)

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8. DESCRIBE A TIME WHEN YOU KEPT SILENT ABOUT YOUR SIN AND TRIED TO COVER IT.

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**---PRAYER---**

**CONFESSION:** ADMIT ANY SIN THAT YOU HAVE REFUSED TO ACKNOWLEDGE TO THE LORD. REMEMBER THAT THE BLOOD OF CHRIST WILL COVER EVERY SIN THAT WE ARE WILLING TO UNCOVER BUT THAT GOD WILL ONE DAY UNCOVER EVERY SIN WE INSIST ON COVERING.

**SUPPLICATION:** ASK GOD TO GIVE YOU INCREASING SENSITIVITY TO THE CONVICTION OF HIS SPIRIT, A HEART THAT TRULY MOURNS OVER SIN, AND A DESIRE TO QUICKLY CONFESS AND REPENT OF ALL SIN.

**INTERCESSION:** USE THIS PASSAGE AS A BASIS TO PRAY FOR SOMENONE WHOM GOD PLACES ON YOUR HEART.