

CCEM SPRING WOMEN'S STUDY

A WALK THROUGH THE PSALMS

HOMEWORK 1 ~ PSALM 46 – “A LEANING HEART”

All questions taken from, “A 30-Day Walk with God in the Psalms,” by Nancy DeMoss-Wolgemuth

1. READ PSALM 46 THOUGHTFULLY AND PRAYERFULLY. WHAT KEY WORDS STAND OUT TO YOU IN THIS PASSAGE?

2. WRITE OUT A KEY VERSE FROM THIS PASSAGE.

3. THE PSALMIST DESCRIBES A NUMBER OF DEVASTATING CIRCUMSTANCES. WHAT ARE THEY? (v. 2-3, 6, 9)

4. WHERE DOES THE PSALMIST TURN IN THE MIDST OF TROUBLE? WHAT DOES HE FIND IN THE LORD? (v. 1)

5. WRITE OUT THE PSALMIST'S REFRAIN. (v. 7, 11)

6. HOW DO THE WATERS OF VERSES 2-3 COMPARE WITH THE WATERS OF VERSE 4? HOW IS GOD LIKE A “RIVER” IN THE MIDST OF HIS PEOPLE?

7. SINCE GOD IS WITH US IN THE MIDST OF CALAMITY, HOW SHOULD WE RESPOND DIFFERENTLY THAN THOSE WHO DON’T KNOW GOD?

8. WHAT DISASTROUS UNSETTLING CIRCUMSTANCES HAVE YOU FACED IN YOUR LIFE? HOW HAS GOD BEEN A REFUGE AND A HELP TO YOU?

--- PRAYER---

CONFESSION: CONFESS YOUR UNBELIEF AND FEAR TO GOD. SEEK HIS FORGIVENESS FOR NOT TRUSTING HIM TO HELP YOU.

SUPPLICATION: HUMBLY ASK YOUR FATHER, “I DO BELIEVE; HELP ME OVERCOME MY UNBELIEF!” (MARK 9:24b, NIV). LIFT YOUR EYES UP ABOVE YOUR CIRCUMSTANCES AND ASK FOR HIS HELP.

INTERCESSION: USE THIS PASSAGE AS A BASIS TO PRAY FOR SOMEONE WHOM GOD PLACES ON YOUR HEART.