

**ECCLESIASTES 3:3** a time to kill and a time to heal, a time to tear down and a time to build,

WOULD YOU RATHER KILL OR HEAL?
WOULD YOU RATHER DRAW BOUNDARIES OR HEAL?
WHAT IS A BOUNDARY?
A BOUNDARY IS A PROPERTY LINE

#### **HOW TO SET BOUNDARIES:**

- 1. Build support systems.
- 2. Identify the issue.
- 3. Get help.
- 4. Learn to develop your "No".
- 5. Forgive the aggressor.

**LUKE 13:6-9** Then he told this parable: "A man had a fig tree growing in his vineyard, and he went to look for fruit on it but did not find any. So he said to the man who took care of the vineyard, 'For three years now I've been coming to look for fruit on this fig tree and haven't found any. Cut it down! Why should it use up the soil?" 'Sir,' the man replied, 'leave it alone for one more year, and I'll dig around it and fertilize it. If it bears fruit next year, fine! If not, then cut it down.'

# **HOW TO GROW/HEAL:**

- 1. Allow the Advocate to work.
  YOUR PAIN IS MEANT TO BE SEEN BY SOMEONE.
- 2. Dig.
- 3. Fertilize.
- 4. Give God room.

## What should I tear down?

•Places of decay, rot and what cannot be restored.

# What should I build up?

- One another.
- 1 THESSALONIANS 5:11 Therefore encourage one another and build each other up, just as in fact you are doing.
- My faith.

JUDE 1:20 But you, dear friends, by building yourselves up in your most holy faith and praying in the Holy Spirit,

God's kingdom.

MATTHEW 28:19-20 Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.

What is the Holy Spirit speaking to me today and how can I apply it?

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