

# CROSS CHURCH



AUGUST 8-9, 2020

**SOUL DETOX:  
THE TORTURED  
SOUL**

**WE ARE NOT A BODY WITH A SOUL.**

**WE ARE A SOUL WITH A BODY.**

**1 PETER 2:11** Dear friends, I urge you, as aliens and strangers in the world, to abstain from sinful desires, which war against your soul.

## **WHAT TORTURES OUR SOULS?**

### **1. We're tortured by things we've done.**

**PSALM 38:3-4** ...My bones have no soundness because of my sin. My guilt has overwhelmed me like a burden too heavy to bear.

### **2. We're tortured by lies we believe.**

**JOHN 8:44-45** (The devil) was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies.

## **TELL YOUR SOUL:**

### **1. It's better to confess your sins than hide your sins.**

**PROVERBS 28:13** He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy.

### **WE CONFESS TO GOD FOR FORGIVENESS OF SINS.**

**1 JOHN 1:9** If we confess our sins, (God) is faithful and just and will forgive us our sins and purify us from all unrighteousness.

### **WE CONFESS TO PEOPLE FOR HEALING FROM SINS.**

**JAMES 5:16** Therefore confess your sins to each other and pray for each other so that you may be healed.

### **2. Christ will set you free.**

**CORINTHIANS 10:13** No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.

**1 PETER 2:24-25** He himself bore our sins in his body on the tree, so that we might die to sins and live for righteousness; by his wounds you have been healed. For you were like sheep going astray, but now you have returned to the Shepherd and Overseer of your souls.

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**What is the Holy Spirit speaking to me today and how can I apply it?**

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### **SMALL GROUP LEADER**

**SIGN UP TO BE A LEADER!**

**New Leader Deadline:**

**AUGUST 10**

**Repeat Leader Deadline:**

**AUGUST 17**

[crosschurchhouma.com/smallgroups](http://crosschurchhouma.com/smallgroups)

### **SMALL GROUP LEADER TRAINING**

**August 16 at 4:30 PM**

**IN THE VISION ROOM**

[crosschurchhouma.com/smallgroups](http://crosschurchhouma.com/smallgroups)

### **VENTURE**

**WOMEN'S NIGHTS!**

**August 14 at 7 PM**

**SIGN UP ONLINE**

[crosschurchhouma.com](http://crosschurchhouma.com)

### **DIVE NIGHT**

**7TH GRADE-18 YEARS OLD**

**Wednesday at 6PM**

**IN PERSON ON AUGUST 12!**

### **CROSSWALK CLASSES**

**IN PERSON**

**Saturday at 6 PM**

**Sunday at 11 AM**

**ONLINE**

**Sunday at 5 PM**

**SIGN UP ON CROSSCHURCH  
HOUMA.COM/CROSSWALK**

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