

A PRACTICAL GRID FOR DISCIPLESHIP

PREFACE

When she's not hiring consultants, going to her daughter's dance recitals, or making a grocery store run, Kim loves hazelnut coffee and a good book. She loves the Lord, strives to be a Godly wife and mother, and desires to invest into the lives of other women. However, although her family has been attending and serving in their church for several years, Kim didn't grow up in a Christian home and feels that her experience in the faith is inadequate when it comes to teaching and sharing with others. She wants to make time in her busy schedule to meet with other women but is also afraid that she won't be able to answer all their questions.

Daniel is a successful accountant for a growing retail store, but his real passion is hunting and sports. There is nothing he loves more than to load up his two sons and a couple buddies into his faded red pickup and head to the woods. In fact, some of the most impactful spiritual moments in his life happened with his Bible in the quiet of a deer stand or conversations with coaches he admired in high school. But, when he heard his pastor challenge the church to become "disciple-makers," he thought, "If that means I need to lead a Bible study at a coffee shop every week, I don't think I can do that. That's not me."

From the rigor of academics to the dynamic social atmosphere, Stacy loves being at college. She quickly found a new church in her college town and has decided to be involved with as much as she can while in school. Stacy was the definition of a rebellious teenager, but was invited by a friend to church when she was a sophomore in high school. In her words, "I heard the Gospel and it transformed me. I gave my life to Christ right then and there." Two women from the church began mentoring Stacy and her life was never the same. Now that she's in college, Stacy wants to be a part of the lives of young women, but is nervous that she doesn't have much to offer (not to mention that she'll only be in school for a few more years).

Although these are three very different people, we believe they all have one thing in common: each has the ability to make disciples. That's right! The only thing they need is direction; a tool to give them practical handles on how they can effectively make disciples. In other words, they need to realize that God has already given each one of them gifts, talents, abilities, and dreams that He can use to impact those around them. God's ready to unleash them, if they're willing to go.



A PRACTICAL GRID FOR DISCIPLESHIP

Matthew 28:19-20

"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age."

THE MISSION

The last thing Jesus said to His followers is commonly known as "The Great Commission." This mission is clear: make disciples. But what exactly does it mean to make disciples? Where do I start? When asking this, one thing we must remember is that Jesus has never called us to anything for which He hasn't equipped us to accomplish. If He asks, He enables. And the best way to see how a disciple is made is simply by looking at the life of Jesus. As the Apostle Paul said, "Imitate me, as I imitate Christ"

(1 Corinthians 1:11). So, how did Jesus make disciples?

THE END GOAL

Discipleship begins with the end in mind. At the Summit, our desire is to cooperate with God in developing multiplying communities of fully devoted followers of Jesus Christ. That is precisely what a disciple is - a fully devoted follower of Jesus. And, to reach this end, we believe three components must be present.

THE SUMMIT CHURCH IS A COMMUNITY OF PEOPLE WHO...

EXPERIENCE THE PRESENCE OF GOD EQUIP FOR LIFE AND MINISTRY AND, ENGAGE A WORLD IN NEED!

THE PROCESS

So, how can we help the men and women in our disciple groups become fully devoted followers of Christ? When Christ called people to follow Him, He did it through five primary means. We have taken those five principles, and described in this short book how you, too, can reproduce them in the lives of others.



QUICK-START GUIDE

One of the greatest tools in discipling is simply asking the right questions on a regular basis. We don't have to be brilliant to do this, just loving and persistent! If you had nothing more than your Bible and these five questions, you could make disciples. Times with your disciple group will be framed around these questions and, as you grow together, they will also learn how to ask these questions of those they will one day disciple. The Big 5 is not just a Bible study but a grid for relating to and loving someone you want to see grow in Christ.



John 10:14-15

"I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father; and I lay down my life for the sheep."

John 15:12

"This is my commandment, that you love one another as I have loved you."

Moments when Jesus modeled care during His ministry:

Mark 3:13-14 | Mark 4:35-41 | Luke 12:22-32

WHY IS THIS IMPORTANT?

Caring is the difference between being a loving, wise disciple-maker and a "Know-It-All." Nobody likes a know-it-all. They are usually more concerned about being the smartest person in the room than they are about the people themselves. We can easily sniff one out. They give a lot of information, but don't really care about you or how that information impacts your life. But, as we all know from experience, this isn't how lasting, meaningful relationships are formed. John C. Maxwell said it best, "People don't care about how much you know until they know how much you care."

Caring for someone's heart is a critical component to discipleship. Throughout Scripture, the "heart" is considered the source of emotion, drive, passion, motivation, speech, etc. And, since God has commanded to "keep your heart with all vigilance, for from it flow the springs of life" (Proverbs 4:23), one of the first questions you must ask your disciple over and over is,



How is your heart this week?

Scriptures that address matters of the heart:

Psalm 19:14 | Proverbs 4:23 | Matthew 5:8 | Matthew 12:34-35 | Philippians 4:7

HOW CAN I DO THIS?

QUICK DIAGNOSTIC

Caring for someone can play out in one of two ways. Borrowing medical language, the first way is what we will call a "Quick Diagnostic." No matter if you are sick or healthy, doctors will check your weight, blood pressure, lungs, heart beat, etc. whenever you visit their office. This is a quick diagnostic to help them make sure nothing is significantly wrong with your body. In the same way, whenever you are with your disciple group, spend a moment to see how they are doing by asking, "How is your heart this week?"

One way you will do this is by asking about their "highs and lows" of the week (e.g. share one high point from this week as well as one low point). Use this as a way to discern where they are in their spiritual walk. If they are in a "spiritual rut," which will happen from time to time, encourage them and begin asking accountability questions (covered in the next section). Most times, our "spiritual ruts" are in direct correlation with our walk with God, and accountability will help diagnose and engage the issue.

9-1-1 Moments

Although these are far less frequent, some of the greatest discipleship happens in times of emergency or crisis. For example, your disciple might confess a major sexual sin or describe extreme stress going on in his/her marriage or job. As they tell you about their "9-1-1" circumstance, remember these things:

- Stop and Listen. Ask the Holy Spirit to give you and your group wisdom and grace.
- Remember that disciple-makers are on the front lines of shepherding. When there are complicated and significant problems, it is often wise to bring in other Godly people (pastors/elders/etc.) to help.
- Prepare for your life to be temporarily rearranged in order to be near.

Although these seasons are rare, they are a vital part of the discipleship process. However, most of the time spent caring for your disciple will be through the everyday rhythms of life.

Ideas to Help You Care for Your Disciple Group

- Cultivate friendships by going to a ballgame, movie, dinner, or whatever you and your family like to do together.
- Meet with them weekly to ask about their walk with Christ and invest spiritual truth into their lives.
- Practice hospitality.
- Be completely accessible day or night. Remember that you are saying, "no," to other discipleship opportunities so that you can say, "yes," to them.
- When you need help with a project or even something as simple as someone to watch your kids so that you can go on a date with your spouse, let them be the first people you ask. While caring for your disciple, you must be mindful of teaching them how to care for others as well. Helping with a project or babysitting not only builds trust in your relationship, it teaches them how to be a disciplemaker by giving an opportunity to care for someone else.

MEASURING PROGRESS

Sustained life change is sometimes very hard to measure! Here are some questions to ask that might help along the way:

- 1. Do the people in my disciple group know I genuinely love them and would do anything to help them?
- 2. How do they know that I love them?
- 3. Do I know the "story" of the people in my disciple group?
 - a. Their childhood, family history, etc.
 - b. How they came to know Christ (testimony).
 - c. His current relational status with their friends and family?
- 4. Are they in my home often?

- 5. Do I know their strengths and weaknesses?
- 6. Do they know my story?
- 7. Do we go have fun together often?
- 8. Do we help each other on projects or when other various needs arise?
- Do they trust me enough to confess sin and weaknesses?
- 10. Have I modeled honesty and transparency for them?
- 11. Am I modeling the act of caring in such a way that they will be able to disciple another in it one day?



Galatians 6:1-2

"Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted. Bear one another's burdens, and so fulfill the law of Christ."

Proverbs 27:17

"As iron sharpens iron, so one man sharpens another."

Moments when Jesus modeled accountability during His ministry:

Matthew 26:36-46 | Mark 8:31-37 | Mark 14:32-42 | Mark 16:14-15

WHY IS THIS IMPORTANT?

The fight for faith is constant. Doubt, pride, and a growing number of temptations can erode our trust in God and His good plan for the world. And if we shrink back in isolation, we risk succumbing to our own flesh and forfeiting our joy in Christ.

Accountability serves as a constant reminder that victory in my spiritual life and the lives of those I love is always worth the fight.

Scriptures that address the importance of accountability:

Ephesians 6:12-13 | Peter 2:11 | Genesis 4:7b | Romans 7:22-25 | 1 Timothy 6:12 | 1 Corinthians 15:56-58 | Romans 8:3-4 | Ephesians 4:11-16

HOW CAN I DO THIS?

If we are authentically involved in the lives of our disciples, there will be seasons of difficulties that arise. Whether it is due to sin, circumstances, or lack of discipline, there are moments in our lives when we forget about the joy that's found in victory. To combat this, we must courageously ask about and evaluate the spiritual health of those in our disciple group precisely because we are in a constant state of war (Ephesians 6:12-14).

Initial Questions to Ask Your Disciple Group:

- 1. Describe your relationship with God this week.
- 2. How is your fight for holiness?
- 3. What have you done with the truth we talked about last week?

Additional Questions

- 1. Where have you seen the Lord at work lately?
- 2. What has the Lord been teaching you recently?
- 3. Have you shared the Gospel with anyone this week?
- 4. Have you had any obvious answers to prayer recently?
- 5. Have you been meditating on, and not just reading, Scripture?
- 6. Have you been with a member of the opposite sex in a way that might be considered compromising or questionable?
- 7. Have any of your financial dealings lacked integrity?
- 8. Have you exposed yourself to any sexually explicit material?
- 9. Have you given priority time to your family (if applicable)?
- 10. How well have you taken care of your body (i.e.- eating well, exercising, etc.)?

Disciples must constantly be reminded that life in Christ is always worth the fight, and accountability serves as a way to evaluate where our disciples are in that fight. Paul reminds the church in Rome of this, "For when you were slaves of sin, you were free in regard to righteousness. But what fruit were you getting at that time from the things you are now ashamed? For the end of those things is death. But now that you have been set free from sin and have become slaves of God, the fruit you get leads to sanctification and its end, eternal life."

(Romans 6:20-22). This act of reminding our disciples of their next step in sanctification is the beginning of "Vision Casting" (which we will cover in the next section).

MEASURING PROGRESS

Remember, sustained life change is sometimes very hard to measure! Here are some questions to ask that might help along the way:

- Are people in my disciple group specific when confessing sin or is it generic and vague?
- Do they fight for holiness more and more each week? For example, are they beginning to send texts/call in moments of temptation or weakness?
- 3. Is there an increasing hunger for God's Word?
- 4. Are they beginning to share the Gospel with others?
- 5. Am I loving them enough to ask the tough questions? Am I finishing the last 10% of the needed conversation that I might normally avoid?



Colossians 3:1-2

"If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth."

Hebrews 10:24-25

And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.

Moments when Jesus modeled vision casting during His ministry:

John 20 | Mark 6:7-13 | Luke 5:10-11 | Luke 10:1-4

WHY IS THIS IMPORTANT?

"I have a dream that one day, on the red hills of Georgia, sons of former slaves and the sons of former slave-owners will be able to sit down together at the table of brotherhood." In a time of severe racial injustice and oppression, Martin Luther King, Jr. gave one of the most famous speeches in American history. It's only six pages long, but every sentence was a brushstroke that painted a clear picture of what America could one day be. It was the epitome of vision casting.

Vision is a clear picture of the future. That's what made Dr. King's speech so memorable and inspiring. The image of two men from Georgia, who once hated one another, sitting down for a meal together is crystal clear. When people see what the future could hold, it will inspire them to great things. This is true in all of life, but especially in discipleship.

HOW CAN I DO THIS?

There are many ways that vision casting can play out. It might mean stirring them towards a better marriage or a purer thought life. Or maybe they need encouragement to share the Gospel with a friend or coworker. Perhaps they believe that, because of their past, they can never have a significant impact for Christ, or that they don't have the ability to be used by Him. Regardless of their situation, based on moments

of care, accountability and truth you've shared with your disciple, you should constantly be challenging them with the question, "What is the next step?" What does a "clear picture of the future" look like for them? And, just as importantly, when are they going to take their next step? It's one thing for someone to share, "I need to stop holding a grudge against my mom," to the group. But it's life changing for them to say, "I need to stop holding a grudge against my mom. So, I'm going to call her this week and forgive her." That's a clear next step.

Many times we forget who God has called us to be and our behavior reflects it. Vision casting is as much about reminding your disciple of their identity in Christ as it is anything else. As we inspire others to take the next step in their spiritual walk, remind them...

- 1. We are dependent upon Christ. (John 15:4-5)
- We have been saved by Christ's work, not our own. (Eph. 2:1-7, 2 Cor. 5:21)
- 3. We are loved and victorious. (2 Cor. 2:14, Rom. 8:35-39)
- We are called to train ourselves in holiness and discipline. (1 Tim. 4:6-10)
- We are engaged in a spiritual war. (Eph. 6:10-18)
- We have been uniquely gifted by God (Eph. 4)
- We each have spiritual gifts for service that are important for the work of Christ. (1 Cor. 12:4-6)

[See Additional Resources for helpful verses on Vision Casting]

MEASURING PROGRESS

Remember, sustained life change is sometimes very hard to measure! Here are some questions to ask that might help along the way:

- In moments of discouragement, do they leave inspired to walk in greater intimacy with Christ after having met or talked with the disciple group?
- 2. Are they beginning to cast vision to you when you have moments of weakness?
- 3. Are you beginning to see greater areas of faithfulness in their life?
- 4. Are they able to run to the Words of God in moments of temptation?
- 5. Are they beginning to find their gifts and calling in ministry? Are they serving others?
- 6. Are you memorizing Scripture together?



John 17:17

"Sanctify them in the truth; Your Word is truth."

Matthew 28:19-20

"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you."

Moments when Jesus modeled truth during His ministry:

Matthew 5 | Luke 14:25-33 | Matthew 13

WHY IS THIS IMPORTANT?

Relationships develop as we get to know one another better and better. And the only way for us to get to know each other is to reveal things about ourselves to one another. This is true in all of life. I can't know you unless you tell me something about yourself or I get to watch the way you live.

The same is true with God. If we're ever going to build a relationship with God, we need Him to tell us something about Himself. And it's exactly what He has done in His Word! This is why Scripture is so important when it comes to investing new Kingdom truths into your disciple. It is literally God's Word to us. And, before our study of it even begins, we must approach it with the end in mind. In other words, as we teach Biblical truth to others, it is helpful for us to understand the three purposes of God's Word and how they should shape our experiences in it.

- 1. The Word of God REVEALS God. (Rom. 1:16-17, Ex. 20:22, Heb. 1:1-2, Heb. 4:12)
- The Word of God TRANSFORMS us to be like God. (2 Tim. 3:16-17, Is. 55:11-13, Rom. 12:1-2)
- 3. The Word of God LEADS US TO WORSHIP and love God. (Neh. 8:12, Ps. 1, Ps. 119)

HOW CAN I DO THIS?

Perhaps the single, greatest thing you can do for your disciple is to help them develop the habit of the daily reading and study of the Scriptures. If we train them in this, they can be fed on their own for the rest of their lives! Constantly help them to see this as a priority. You will spend the majority of your time together each week sharing what God is showing you through your daily reading.

There are many different methods to studying the Bible, but one that is particularly helpful can be described by using the acrostic, "HEAR." As a disciple group, you will capture these observations in a journal and share them with one another during your meeting times.

When looking at a verse, chapter, or even a whole book of Scripture together, encourage your group to do these four things:

H – Highlight

Highlight passages that stand out to you. Be sure to write the chapter and verse for reference.

E – Explain

Explain what the verse means. To whom was it written and why? How does it fit with the verses before and after it? What is God telling us through this passage?

Additional questions to ask:

- What does this passage tell me about God?
- What does it tell me about sin?
- What does it tell me about myself?

A – Apply

Apply the truths of the text to your life. In light of these observations, how should this passage change the way I am currently living? In what ways does it apply to my situation? How should transformation take place? Is there a promise to believe? A command to follow? And area of sin that calls for repentance?

R - Respond

Respond with a next step. This can be through prayer, action, a conversation, or all of the above.

MEASURING PROGRESS

Remember, sustained life change is sometimes very hard to measure! Here are some questions to ask that might help along the way:

- 1. As you are reading Scripture together, are you seeing God in new ways? Is this revelation exposing sin that leads you to repentance?
- Are people in your disciple group beginning to show signs of being transformed by God's Word?
- **3.** When they approach God's Word, do they leave worshipping?
- 4. Is your group becoming better equipped to study God's Word by themselves on a daily basis?



1 Thessalonians 5:16-18

Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.

Philippians 4:6-7

Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will quard your hearts and your minds in Christ Jesus.

Moments when Jesus modeled prayer during His ministry:

Luke 11:1-4 | John 17

WHY IS THIS IMPORTANT?

Prayer is not a bow tie that begins or ends your time together. Rather, it is the driving force behind everything that you do! Carve out time on a weekly basis to pray with your disciple group. Ask the Lord to make all the things you've been discussing (care/accountability/vision casting/truth) into Kingdom realities. Go on prayer walks together. If you typically meet for lunch or coffee, think through what environment bests cultivates prayer. This might mean that you leave time after lunch to pray together in your car or a nearby park. Whatever the case, prayer should one day become as natural as breathing.

Scriptures that address prayer:

Philippians 4:6-7 | 1 John 5:14 | Romans 12:12 | Colossians 4:2 | Matthew 6:7 | Jeremiah 33:3 | Psalm 145:18 | Hebrews 4:16, | James 5:16 | James 1:16 | John 14:13 | 2 Chronicles 7:14

HOW CAN I DO THIS?

Do everything you can to help them develop prayer as a normal breathing pattern of their life throughout the day. Show them, by your reliance upon prayer, your testimonies of answered prayers, and your prayer together what a difference it makes to turn every circumstance and question into prayer.

When we pray, we bring God into the equation. This should happen constantly throughout the entire day. Here are three simple ways to help them learn how to pray.

1. Bullet prayers

"Bullet" prayers are the spontaneous prayers we should be praying all the time about everything. Paul said, "In EVERYTHING" we are to pray and this is the key to freedom from worry (Philippians 4:6-7). As you are meeting with your disciple group and they express a concern or need, stop right then and say, "Let's pray about that right now" and simply lead them in a short, specific, simple prayer about that issue. Remind them that they can do this all day long, and should, about every issue.

If they call you in a 9-1-1 moment, don't leave the conversation with just giving them counsel or encouragement. Lead them to prayer right at that moment. Model for them how critical it is to take the issue directly to God through prayer.

2. Praying with them when you meet, teaching them how to approach the Throne and also the progression in prayer.

Most people do not understand the progression of prayer. Plan some times when you meet that are centered specifically around prayer. Take a prayer walk through the park or around their neighborhood.

At some point, study Jesus' model prayer in Matthew 6:5-15 with them.

Notice that Jesus taught His disciples how to approach God's throne in prayer (verses 5-9). Our approach in prayer is as important as our content. When we come to God in prayer we come...

- SINCERELY (verse 5—we come not to impress others, but to alk to God)
- SECRETLY (verse 6—we come focusing on God, shutting the door and looking to Him and not worrying about the others around us)
- 3. SIMPLY (verse 7—we don't need fancy words or some formula. It's very important to help them pray "conversationally" i.e., just I ike they would have a normal conversation with anyone else)

- 4. SIMPLE FAITH (verse 8—God knows what we need and has promised to answer our prayers if we will come)
- 5. As SONS and daughters! (verse 9—He is our Father and we are simply having a conversation with our Dad who loves us perfectly!) Also, notice the progression Jesus taught in prayer. It is very important to teach them a simple pattern for prayer.
- ADORATION (verse 9—look at the Father and adore Him for who He is and what He has done. This sets everything in the right perspective as we begin to pray)
- CONFESSION (verse 12-13—As you look at the Father you will see your sin. Take some time to humbly acknowledge your sin and need and thank Him for His forgiveness.)
- PETITION (verse 11—Pray for yourself and your "daily bread" needs)
- 4. INTERCESSION (verse 13—Pray for others: for spiritual protection and for God's kingdom to advance in their lives, homes, church, workplace, community, world, etc.)

After you've taught this to them through this passage, take some time to pray this way with them. Say, "Let's begin by just walking into God's presence and thanking Him for who He is and what He's done." After you've done this for a few minutes say, "Let's take a minute to confess any areas of sin"...and continue to lead him/her through the remaining components of petition and intercession.

Don't belabor prayer until its awkward. A few moments of powerful prayer is better than an extended time of uncomfortable silence. As you meet together, walk through this pattern again and again until it is second nature to them.

3. Access the Prayer Loft on The Summit Church: Arkansas smartphone app

This feature on our Summit app allows you to not only pray for specific needs of people in our church but submit requests as well. And, once you click that you have prayed for a specific need, that person will also get an encouraging email letting them know that someone in the church prayed for them that day. It's an incredible way to stay up-to-date on how God is moving in our church and how we can intercede on behalf of our brothers and sisters in Christ.

MEASURING PROGRESS

Remember, sustained life change is sometimes very hard to measure! Here are some questions to ask that might help along the way:

- 1. Are the moments that you pray together becoming more frequent? And more significant?
- 2. Are you seeing specific answers to prayer?
- 3. Do your times of prayer transition from praise to intercession, or are they too self-focused?
- 4. Does it seem like your disciple group is cultivating healthy, personal prayer lives that's coming out of your times together?



John 20:21

Jesus said to them again, "Peace be with you. As the Father has sent me, even so I am sending you."

1 Corinthians 11:1

And you should imitate me, just as I imitate Christ.

Biblical maturity is measured by character rather 2

18). disc mo to s to h	n age (1 Timothy 4:12, Psalm 119:99, James 3:13-Though we believe many of the people in your ciple group will be able to lead their own within 9-15 on this, there is no specific timeline when it comes piritual maturation. So, here are some questions alelp gauge whether or not they are ready to be a sonal disciple-maker:
	Is the fruit of the Spirit evident in their life? (see Galatians 5:22-23)
	Can they identify the condition of their heart and remind themselves of Scriptures that speak to it?
	Are they aggressive in their fight for personal holiness?
	Do they run to God's Word in moments of temptation?
	Have you seen them inspire someone to greater places of faithfulness?
	Do they understand how to read the Bible and desire to know it more?
	Would you describe their prayer life as consistent and healthy?

If the answer is yes, then it's time to commission them to go! A helpful and practical next step for them would be to attend Step 4. This will help affirm whether or not they are ready to make disciples, and further equip them to do so.

Celebrate what God has done in and through your life! The mission of Christ has gone forward and the multiplying effects will change the world.

Now, the only question you have to answer is, "Who's next?"

ADDITIONAL RESOURCES

Helpful Accountability and Vision Casting Verses for Specific Needs

Moral Purity:

1 Thessalonians 4:1-8, Ephesians 5:1-3, Matthew 6:22-23, Matthew 5:8, Proverbs 4:23, 1 Corinthians 6:18, 1 Corinthians 10:13, Romans 6:11-14

Idolatry:

1 John 5:21, Exodus 20:3-6, Jonah 2:8, Colossians 3:5

Marriage:

Ephesians 5:22-23, Hebrews 13:4-7, 1 Peter 3:7, Proverbs 5:18

Finances:

Matthew 6:19-34, Philippians 4:19, 1 Timothy 6:10, Malachi 3:10, Acts 20:35, Matthew 25:14-30, Mark 12:41-44

Infertility:

Psalm 34:8, Romans 8:28-29, also see Katie Reno's article "Infertility: A Weakness on Display" available at www.missionalmotherhood.com

Stress/Anxiety:

Philippians 4:6-7, Matthew 11:28-30, John 14:27, James 1:2-4, Psalm 118:5-6

Prayer:

Matthew 6:5-18, Luke 18:1, 1 Thessalonians 5:17, Philippians 4:6-7, Romans 12:2, Ephesians 6:18

Fasting:

Matthew 6:16-18, Isaiah 58, Acts 13:1-4, Acts 14:21-23

Bible Study:

Matthew 4:1-10, 2 Timothy 3:14-16, Romans 15:4, 2 Peter 1:20-21, Ephesians 6:17

Evangelism:

Matthew 28:16-20, Acts 1:8, 1 Thessalonians 2:1-8, John 20:21

Ministry & Gifting:

1 Corinthians 10:31, 1 Corinthians 12, Ephesians 4, Ephesians 5:15-17, Romans 12:1-8

Spiritual Leadership in the Workplace:

1 Corinthians 10:31, Philippians 3:7-14, Ephesians 4:11-16, Col. 3:17, Matt. 5:16, Rom. 12:1-2, 1 Peter 2:11