

NORTHMINSTER
Grapevine

May 2019

Vol. 35 Issue 2

May's
Second Mile Offering
is for
Northminster
Global Missions

May Worship

Sunday, May 5

Communion

Ephesians 6:10-23

"Trail Gear"

ROAD TRIP

A Sermon Series on the Psalms of Ascent
"Living between how it is and how it should be."

Sunday, May 12

Mother's Day

Psalm 121

"Destination Distractions"

Sunday, May 19

Psalm 124

"Wrong Turns"

Sunday, May 26

Psalm 125

"AAA"



Hey Y'all,

Today... as I am writing it is not even half-way through April. By the time you receive this, so much will have changed. Today there are no leaves on the trees but by the time you receive this you will have forgotten what the trees look like stripped of their leaves. By the time you get this Easter will have come and gone. We will have said that bittersweet good-bye to Nancy. Are minds are focused on Mother's Day and May graduations.

When I think of May I generally have in mind Mother's Day and graduations. One of my personal mission statements is "Never Graduate!" It is not a call to flunk classes it is a call to never stop learning and growing. We all learn differently, for me books are important, but so is practice and experimentation. Sometimes learning is a quiet occupation, but just as often it's a noisy work that happens with others.

Today's difficulty is there so much information floating out there that our greatest task is discerning what you want to

learn and where you want to grow. Edwin Friedman in his book Failure of Nerve writes, "If you went back in history by a factor of 10 to the year 206 or 207 the amount of information that existed in the world could fit in one or two libraries. ... Ten times that number of years later (today) the quantity of data is not ten times greater but a number so huge as to be unimaginable."

So we all have to decide what are "first things" are or give up completely. For me faith always rises above all else, as it above all else impacts eternity. The good news is there are dozens of ways to grow in faith: we have numerous small groups at Northminster, you can tap into mentoring relationships, podcasts and books on just about any subject are within your fingertips. You can be taught by C.S. Lewis on Monday, and Teresa of Avila on Tuesday, on Wednesday you could tap into something recent, on Thursday you can scratch that philosophical itch with Kierkegaard (probably a stretch), on Friday you could go ancient with Augustine. Take the weekend off and still

in the course of a week you could sit at the feet of some of the greatest minds/souls of the church.

But, of course, as we learn every year during spring, only God causes the growth. We can seed and weed and fertilize but if the sun doesn't shine or the rain doesn't fall nothing thrives. We have so much more information than our ancestors of 200 years ago, but it doesn't seem to make us more faithful than those who lived under the thumb of Septimius Severus in 206. Real growth is always a work of grace. Real growth is always preceded by prayer. (1 Corinthians 3:7)

However, it is advantageous for God to have healthy environments and appropriate raw material with which to work. So what are you doing this summer to engage with God in growth? Join a small group or read a new author. How can you join the rest of nature in its spring/summer explosion of growth?



Session Highlights

In April, Your Session:

- Adopted a new form of organization, or governance, that provides for committees that will work on key areas such as worship and music, personnel (human resources), missions, budget and finance, stewardship, nominating, etc.

Insofar as possible, each committee will be chaired by an elder currently serving on session. However, in some cases, veteran elders may be asked to chair committees. Pastor Greg and session hope this new structure will foster better communication among staff and session members.

- Voted to adopt Lissa Ray's

proposal to begin Pre-School Music Classes. Lissa is currently Director of Northminster's Bell Choirs and Youth and Children's Choirs. She holds a permanent Ohio Teaching License in Music and Classroom Education. The proposed pre-school music

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Adult Opportunities

Sunday Bible Study

Bible Believers Adult Study meet Sundays in Room 1 at 9:15 A.M. For questions contact Harry Stone (563-8266 or hstone6148@aol.com)

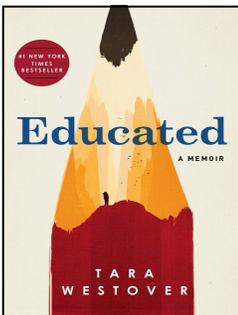
Men's Ministry

Men's Bible Study meets on Fridays at 6:15 A.M. in Room 5 for Bible Study and breakfast.

Men's First Thursday Lunch Group will meet on **May 2** at 12 noon at the Manor House at Maple Knoll. For questions contact Gordon Jewett at 782-6437 or dgordj@gmail.com.

Book Discussion Group

This month the **Book Discussion Group** will read "Educated" by Tara Westover. Join the group on **Wednesday, May 15** at 7:00 P.M. in the Lounge.



50+ Group



The **50+ Group** concludes the spring season on **Thursday, May 16**. Following lunch at 12 noon in Disciples' Hall, our program will be present by Jack Dominic on **The National Voice of America Museum of Broadcasting**.

RSVP in the Commons on Sunday, May 5 & 12 or by contacting the church at 931-0243 or office@nmpchurch.org. The cost is \$6.00

Save the Date



Dinner starts at 5:30 P.M.
in Disciples' Hall.
The show starts at 7:00 P.M.
in the Sanctuary.

The proceeds from the dinner will go to Student Ministry.



WE'RE LOOKING FOR YOUR COLLEGE GRADUATE!

If you have a son or daughter who will be graduating from college soon, contact Susan Smith (931-0243 or ssmith@nmpchurch.org) with the name of the graduate, the college they attended and the degree they will receive. **The information will appear in the June Grapevine. The deadline is May 15.**

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Northminster
Children's Co-op

Enrolling now for fall Pre-school for children ages 2 to 5 years of age!

Call our Director Jennifer Schaeper at 513-931-0243 ext. 127 or email her at northminstercoop@gmail.com"



All support and coaching groups at Journey to Hope are open to the greater Cincinnati community. Please share this information freely with anyone who could benefit from any of our programs.

You will find details about each group on our website: www.jtoh.org

Your pre-registration is essential for us to plan for materials and group leadership. We would prefer that you register at Eventbrite: jtoh.eventbrite.com, but you may also still register by calling or emailing Diane Kinsella (931- 5777 or dkinsella@jtoh.org)

MONTHLY GROUPS:

Caregivers' Support Group - Sunday, May 5 from 3:30 – 5 PM Join us for resources and support through the joys and concerns of care-giving.

Chronic Pain Support Group – NEW IN 2019! Monday, May 6 from 7-8:30 PM Find self-help resources and peer support for anyone with chronic pain of any kind. Learn ways to deal with your pain in a positive way, regain a sense of personal control, improve function and enhance your quality of life.

Crohn's Colitis Support Group Monday, May 20 from 7-8:30 PM Find support, resources and encouragement for the journey with Crohn's Disease, Inflammatory Bowel Disease, and Colitis.

Diabetic Support Group - Wednesday, May 15 from 1:30 – 3 PM Registered Dietician Jan Weber shares dietary and exercise strategies for managing diabetes.

Diabetes Education Class – NEW MONTHLY GROUP STARTING IN MAY! Thursday, May 23 from 7-8:30 PM Research shows that managing blood glucose (sugar), blood pressure and cholesterol protects the health of a person with diabetes. Learning about diabetes, making good choices, and working closely with health care professionals, helps to prevent or delay complications from diabetes. This program of diabetes education can be the start of a journey to living well with diabetes. Help us welcome our new facilitator on board! Jan Hunter, RN, BSN, and CDE (Certified Diabetes Educator) is leading this group. This month's topic is "The Diagnosis and Treatment of Diabetes."

Special Opportunity: The Truth about OTC Diagnostic Tests – NEW SERIES in 2019 Thursday, May 30 from 7-8:30 PM. Cost \$10 Holistic Clinical Pharmacist and Certified Health Coach, Dr. Cathy Rosenbaum, will be here to discuss the all of the various over-the-counter diagnostic tests, such as: hair analysis, iridology, electrodermal testing, antioxidant skin fold testing, saliva testing,

and so on. Won't you join us for our first session in this new series designed to equip you with information you need for taking your health into your own hands!

MAY GROUPS

LinkedIn 101 Monday, May 7 from 1:30 – 3 PM for 4 weeks LinkedIn is one of the premier job search tools out there; yet, for all of its' importance in your job search, it is difficult to even know where to start, or how to build, or optimize a stellar profile. Join this workshop to either start or perfect your profile so that it:

- Is optimized for LinkedIn Corporate Recruiter
 - Showcases what you want to be known and found for searches
 - Reflects the best of YOU to the world!
- Bring your laptop & apply what you learn "live!"

Rising Strong: Resiliency for Life Wednesday, May 8 from 7-9 PM for 8 weeks What would it feel like to create a brave new ending to your story of struggle?

Any struggle qualifies:

- I'll never get ahead because...
- I'm not good enough...
- I'll never find a job...

Rising Strong™ is based on the simple physics of vulnerability: if we are brave enough, often enough, we will fall. This is a curriculum about what it takes to get back up and how owning our stories of struggle gives us the power to write a

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daring new ending. Let go of messages like "I'm not _____ enough," to move beyond comparison and embrace the freedom of being authentically YOU. Live with more gratitude, self-compassion, and creativity! Pre-registration required.

Journey to Hope's 20th Anniversary Update:

Thank you to everyone who has already purchased a patio brick! Work will start soon on tearing out the old to build the new. Patio Bricks are still available for you to have included in the next installation. Order online or mail to Diane.

Journey to Hope E-News

The best way to know what is happening at JtH is to subscribe to our e-newsletter, which is sent out on Wednesdays.

Please email Diane dkinsel-la@jtoh.org to subscribe OR subscribe by texting "subscribe me" to 22828.

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- classes will begin with a pilot program offering no-cost music instruction to three-and-four year olds on one day per week on a schedule that fits with that of the Northminster Pre-school Co-op. Upon completion of the first 5 to 6 week music class session, children who take the class will lead worship on May 19. The total cost to the church of the pilot program is expected to be less than \$350. Plans for future offerings of pre-school music classes will be formulated based on evaluation of the pilot program.
- Reviewed the agreement that will govern the dissolution of Northminster's call to Associate Pastor Nancy Ross-Zimmerman. This is a necessary step required by the denomination. The congregation voted to accept this agreement at an all-church meeting on Sunday, April 28, 2019. You may still send your contribution to a parting gift for Nancy and Craig at the church office.
- Accepted the resignation of

Elder Dave Hasler from session for health reasons. Dave has served faithfully and we will miss him.

- Reviewed the layout and content of the annual report that is normally presented to the congregation at the annual congregational meeting in January. Session is working to assure that enough material is presented without making the report so long that almost no one will read it.
- Received a report on technology upgrades around the church. A new phone system includes phones in every classroom and connects through a new lower-cost provider. A new security system provides entry door locks that operate with the touch of a key fob and enables tracking of entries to the building.
- Received notice of the need for more operators for the Audio-Visual Systems in our worship spaces. If you're technically inclined, this would be a great way to serve Northminster. If you think you might be interested, please contact Elder Sean McCabe or Pastor Greg.

Collecting Health Care Items for Mission Trip to Guatemala

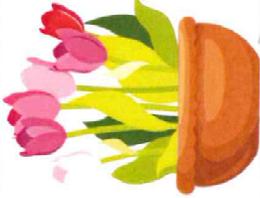
Northminster is again sending a missions team to our covenant church partner Antioch Presbyterian church in Cobàn, Guatemala. We would like to give each family a ziplock bag containing much needed health care items. In addition, we would like to give each participant in the church's youth pro-

grams a toothbrush, toothpaste and dental floss. We will be collecting: deodorant, small bottles of shampoo and body lotion, individually wrapped soft toothbrushes, smaller tubes of toothpaste, dental floss, small bars of soap, combs, Band Aids, small con-

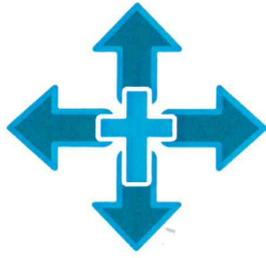
tainers of hand sanitizer and tubes of antibiotic ointment.

Contributions can be dropped off in the basket in the Commons or given to Candy Jordan through July 7th. Questions? Contact Candy at 931-0734 or rdj1147@gmail.com.

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">ACTIVITIES EVERY SUNDAY</p> <p>9:00 A.M. Sunday School - Rooms 5 & 7 9:00 A.M. Crosspoint - Founders' Hall 9:00 A.M. Nursery - Room 8 10:30 A.M. Worship - Sanctuary 10:30 A.M. NSM Ministry - Upper Room 10:30 A.M. Nursery - Rooms 8 10:30 A.M. Sunday School - Rooms 5 & 7</p>	<p>9:30 AM: Children's Co-op - Rms 7, 8, 9, 10 10:00 AM: Draw the Circle study - L 1:30 PM: Leveraging Your Strengths - JH 4:00 PM: Ring of Peace - S 7:00 PM: Boy Scout Troop 857 Committee - L 7:00 PM: Chronic Pain Support Group - JH 4:15 PM: Confirmation Class - Pastor Nancy's 6:30 PM: NSM Sunday Night - UR</p>	<div style="text-align: center;">  </div> <p>9:30 AM: Children's Co-op - Rms 7, 8, 9, 10 9:30 AM: Women's Outreach Choir - S 1:30 PM: LinkedIn 101 - JH 6:00 PM: Scout Patrol Leaders' Council - DH-N 6:30 PM: Small Group (Decker) 7:00 PM: Boy Scout Troop 857 - DH-N 7:00 PM: Cub Scout Parent Mtg. - L 7:00 PM: Mystery Out of Money - JH 7:00 PM: Session - Rm 5 7:00 PM: Social Media Branding - JH 7:30 PM: Children's Co-op Board - Lib</p>	<p>9:00 AM: Church Staff Meeting - Rm 5 9:30 AM: Children's Co-op - Rms 7, 8, 9, 10 12:30 PM: 50+ Board - Rm 1 6:30 PM: Girl Scout Troop 44337 - Rm 1 6:30 PM: World Music Nights - Rms 3, 5 7:00 PM: Crosspoint Band Rehearsal - FH</p>	<p>9:30 AM: Children's Co-op - Rms 7, 8, 9, 10 12:00 PM: Men's First Thursday Lunch 4:00 PM: Walnut Hills rehearsal - L Lib, FC 7:00 PM: Living Courageously - JH 7:30 PM: Sanctuary Choir - S 7:30 PM: Co-op Spring Parent Meeting - DH, Rm 8</p>	<p>6:15 AM: Men's Bible Study - Rm 5 9:00 AM: ESL & Citizenship Classes - FH, L Lib, FC 9:30 AM: Children's Co-op - Rms 7, 8, 9, 10 11:00 AM: Art of Becoming - JH 7:00 PM: Walnut Hills Sr. Ensemble Concert - S</p>	<p>10:00 AM: Communion Set-up - S 12:00 PM: Ray of Hope Youth Service - FH</p>
<p>9:00 AM: Small Group (McGrath) - L 9:15 AM: Bible Believers - Rm 1 10:30 AM: Sojourners - FH 12:00 PM: Ray of Hope Church - FH 1:00 PM: Cincinnati Strings Rehearsal - DH-N 3:30 PM: Caregivers' Support Group - JH 4:15 PM: Confirmation Class - Pastor Nancy's 6:30 PM: NSM Sunday Night - UR</p>	<p>9:30 AM: Children's Co-op - Rms 7, 8, 9, 10 1:00 PM: Leveraging Your Strengths - JH 4:00 PM: Ring of Peace - S 6:00 PM: Journey to Hope Board - JH 7:00 PM: Minister Ringers - S 7:00 PM: Nominating Committee - Lib</p>	<p>9:30 AM: Children's Co-op - Rms 7, 8, 9, 10 9:30 AM: Women's Outreach Choir - S 1:00 PM: Prayer Shawl Ministry - Rm 5 1:30 PM: LinkedIn 101 - JH 6:30 PM: Small Group (Decker) 7:00 PM: Boy Scout Troop 857 - DH-N 7:00 PM: Co-op Mixed Age Graduation - FH 7:00 PM: Cub Scout Den Meetings - DH-S, Rms 1, 2, 7, 9, 10 7:00 PM: Social Media Branding - JH 7:00 PM: Trustees - Rm 5</p>	<p>9:00 AM: Church Staff Meeting - Rm 5 9:30 AM: Children's Co-op - Rms 7, 8, 9, 10 1:30 PM: Diabetic Support Group - JH 6:00 PM: Confirmation Dinner 6:30 PM: World Music Nights - Rms 3, 7 7:00 PM: Book Discussion Group - L 7:00 PM: Crosspoint Band Rehearsal - FH 7:00 PM: Endowment Team - Rm 5 7:00 PM: Ohio Valley Quilters - Rm 1 7:00 PM: Rising Strong - JH</p>	<p>9:30 AM: Children's Co-op - Rms 7, 8, 9, 10 12:00 PM: 50+ Luncheon - DH-S 12:00 PM: Whiz Kids Team - Lib 7:00 PM: Sanctuary Choir - S</p>	<p>6:15 AM: Men's Bible Study - Rm 5 9:00 AM: ESL & Citizenship Classes - FH, L Lib, FC 9:30 AM: Children's Co-op - Rms 7, 8, 9, 10 11:00 AM: Art of Becoming - JH</p>	<p>9:00 AM: Children's Ministry Team - Rm 5 11:00 AM: Memorial Service (Crosset) - S, FC 12:00 PM: Ray of Hope Youth Service - FH 4:00 PM: Piano Student Recital - S, FC</p>
<p>8:15 AM: Jai Ministry 9:00 AM: Small Group (McGrath) - L 9:15 AM: Bible Believers - Rm 1 10:30 AM: Sojourners - FH 12:00 PM: Courtyard Goffinet - DH 12:00 PM: Ray of Hope Church - FH</p>	<p>7:00 PM: Nominating Committee - Lib</p>	<p>9:30 AM: Women's Outreach Choir - S 6:30 PM: LinkedIn 101 - JH 6:30 PM: Small Group (Decker) 7:00 PM: Boy Scout Troop 857 - DH-N 7:00 PM: Global Missions Team - Lib 7:00 PM: Staff Development Team - Rm 5</p>	<p>9:00 AM: Church Staff Meeting - Rm 5 6:30 PM: World Music Nights - Rms 3, 5 7:00 PM: Crosspoint Band Rehearsal - FH 7:00 PM: Rising Strong - JH</p>	<p>9:00 AM: Grapevine Collating - Rm 5, Lib 9:30 AM: Children's Co-op - Rms 7, 8, 9, 10 6:30 PM: Girl Scout Troop 44538 - Rm 5 7:00 PM: Sanctuary Choir - S</p>	<p>6:15 AM: Men's Bible Study - Rm 5 9:30 AM: Children's Co-op - Rms 7, 8, 9, 10 11:00 AM: Art of Becoming - JH</p>	<p>12:00 PM: Ray of Hope Youth Service - FH</p>

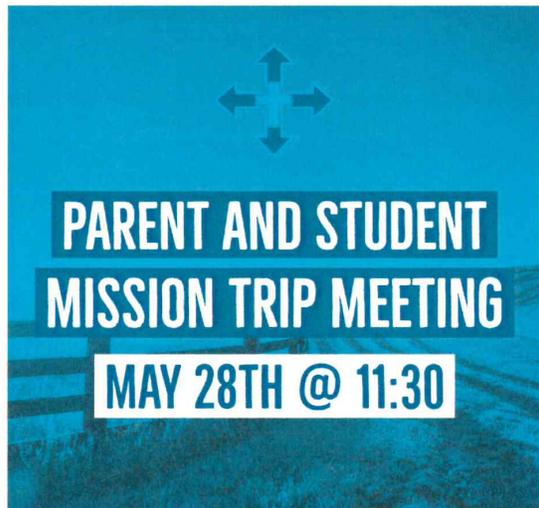
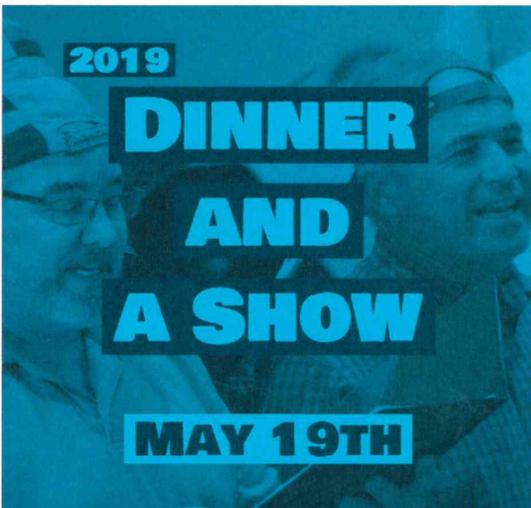
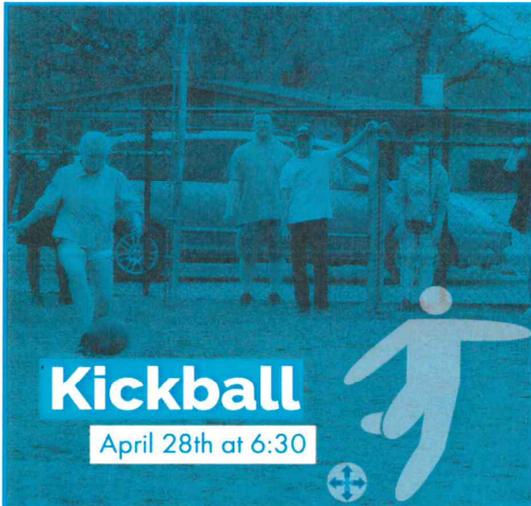




Northminster Student Ministry

SNAPSHOT

For more information on everything NSM, go to www.northminsterchurch.org/students



@northminsterstudents

Financial Report Through March

	YTD actual	YTD Budget	% of Total Budget YTD	Previous Year	% of Total Budget YTD previous year
Revenue	\$ 294,502.00	\$ 264,606.00	26.63%	\$ 330,741.00	31.06%
Expense	\$ 260,390.00	\$ 293,625.00	22.99%	\$ 261,968.00	24.03%
Surplus/(Deficit)	\$ 34,113.00			\$ 68,774.00	



Northminster Children's Ministry

Vacation Bible School



This year's VBS will be meeting **June 3-7 from 9:30-12:00**. VBS is for children 4 years through entering 6th grade. The theme is To Mars and Beyond. To Mars and Beyond VBS invites Voyagers of all ages on a space travel adventure to explore where God's power can take them! Along the journey, Voyagers discover a new realm of possibilities as they reach for the stars and encounter the limitless power and love of God!

We will have a Space Station every day at VBS. Please consider donating small toys or individually wrapped candy for children to trade in their tickets for a prize.

Look for registration forms in the Children's Wing and on the church website. Northminster-church.org

Sunday Morning

Our Spring curriculum focuses on God's great love for us. Parents be looking for student pages coming home with family conversation ideas. **The signup sheet for elementary teachers is posted outside Room 5. Parents please take a look and volunteer to teach one Sunday.**



Children's Choir

Will meet every Sunday morning from 9:45-10:15 with Ms. Ray in our children's music room, Rm. 5. This is for children in 1st-5th grades. Families who typically worship at 10:30 are encouraged to come early so your children can participate in Children's Choir and you can enjoy coffee and fellowship in the Commons.



Nursery

We have several openings in our Infant/Toddler Nursery during the 9:00 and 10:30. Please consider blessing a young family by volunteering to help once a month. The schedule is posted outside Room 8 in the Children's Wing. Speak to Diane or Mary if you have questions. We would love to have you join us.



World Music Wednesday



Beginning on April 24
6:30-8:00 P.M.
for 1st - 5th grades

Learn about music from around the world and an opportunity to play a variety of instruments.

Also learn about how music and religion influence each other. Students will learn how music informs and helps to spread the message of Christianity around the world.

There is no charge for the program but pre registration is encouraged. To register/more information go to: <https://www.northminsterchurch.org/children>.

SAVE THE DATE

Fine Arts Camp

Coming July 15-19
9:00 - Noon

For students in
grades 2-8

Camp will include vocal music, playing instruments, creating artwork, mindfulness based on the Fruit of the Spirit. More details in the June Grapevine and on the church website. The cost is \$15.00 per child with a \$30.00 family maximum.

Northminster Grapevine

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Family News

Baptisms

*Baptized at Northminster
on Sunday, April 14, 2019*

Theodore Lee Reder
son of
Andrew and Emily Reder

*Baptized at Northminster
on Sunday, April 14, 2019*

Jacob McEldowney
AJ McEldowney
Wyatt McEldowney

sons of
Bryan and Anne McEldowney

Deaths

Hazel Crosset
April 9, 2019

8

Thank You Note

Thank You to my Northminster family!

I so appreciated your prayers, kind words, cards, and the prayer shawl regarding the loss of my mother. You have been a blessing at this time.

Trudy E. Teemley



SAVE THE DATE
for
CONNECT Day
2019
Saturday, August 10

